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MEMBERS OF THE DIET SURVEY SUB-COMMITTEE

Appointed at the 16th meeting of the Nutrition Advisory Committee held in New Delhi on the 10th December, 1947

- Dr. K. Mitra (Convener)
Prof. K. Rajagopal
" S. Banerjee
Dr. M. V. Radhakrishna Rao (co-opted in place of late Dr. R. Dadachanji)
" C. O. Karunakaran (did not function)

The report was first presented at the 19th meeting of the Nutrition Advisory Committee held in New Delhi on the 22nd/23rd November 1949 and finally adopted at the 20th meeting of the Committee held in Bangalore on the 1st July 1950.

Indian Council of Medical Research

SPECIAL REPORT SERIES

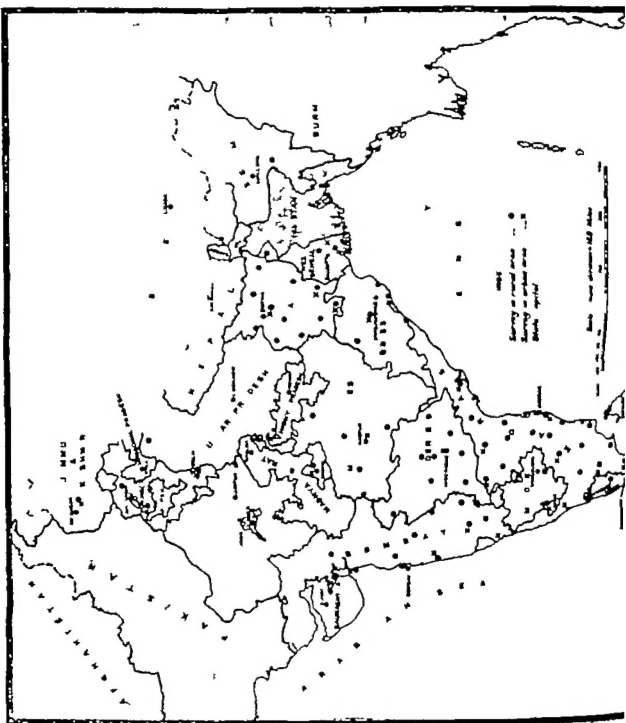
No. 20

**Results of Diet Surveys
in India**

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NUTRITION is one of the major factors responsible for the maintenance of health and physical fitness and in its turn the state of nutrition of any community or group of people depends to a very great extent on the quality and quantity of food its members consume. In the formulation of a policy to improve the nutritional condition of the people it is essential that the actual amount and the types of food consumed by the different age, sex, occupational social or economic groups are ascertained. Then only a change for the better can be brought over in the dietary habits of the people through education, increased production and/or imports of food or a judicious and equitable distribution of the same through rationing and planned community feeding. Determination of average consumption levels for each of the foods are possible only in such countries which maintain a reasonably accurate record of their food production, of imports and exports with the added proviso that families even of the lowest income groups possess enough purchasing power to meet the quantitative or calorie requirements in their diet.

In order to plan a programme for procurement and distribution of food on the basis of the physiological needs of the people consumption levels for each of the different types of the food stuff have been calculated for some of the countries of Europe and North America within the recent years. Unfortunately for various unavoidable reasons we do not possess the necessary data for estimating such average consumption levels. On the other hand quite a large number of dietary surveys have been carried out within the last 15 years in different parts of the country. Though these surveys cannot be considered as representative of the country as a whole yet a review of the result can yield a fairly reliable picture of the dietary habits and consumption levels existing at the period of survey amongst the various groups of families scattered all over India.

In the year 1945 Dr W R. Aykroyd, the then Director of the Nutrition Research Laboratories of the Indian Council of Medical Research at Coonoor had revised his "Note on the Result of Dietary Surveys in India, Burma and Ceylon" first published in 1941. When this revised note was under consideration of the Nutrition Advisory Committee at its meeting on the 10th December 1947 it was felt by the Committee that the information contained therein was not adequate and that it should be supplemented in the near future by a fuller and more comprehensive document on diet surveys. This decision of the Committee was necessitated mainly due to the fact that Dr Aykroyd's note was generally confined to results of surveys published in the scientific journals only and made no reference to those published after 1945 for obvious reasons. The data tabulated in the present memorandum pertain to all surveys that have been carried out up to the autumn of 1948. A comparison of the number of surveys recorded in

Dr. Aykroyd's note and in the present one, would, it is expected be considered sufficient justification for the publication of the latter. In the present publication, however, all surveys pertaining to residents outside the territories of the Indian Union incorporated in Dr. Aykroyd's note have been excluded.

In interpreting the data pertaining to the diet surveys detailed later in the text for purposes of comparison there are certain limitations which may not be lost sight of

(a) The surveys extend over a long period of fourteen years and this period extending from 1935 to 1948 has wrought an unexpected change in the price structure and wage levels and consequently in the socio-economic life of the country. It started with low wages, low prices for agricultural produce, but was followed in about five years time by a steady increase in the wages and prices, appreciable reduction in unemployment and scarcity of food as a result of the second world war. During the first three years of post war conditions, included within the period under reference this country like most of the others was still suffering from an unbalanced economy and production of food was certainly below pre war levels as far as the common man was concerned.

(b) The surveys were confined to a few days only in any one season and rarely repeated.

(c) In the absence of reasonably accurate yardsticks for calculating the purchasing power of the groups of families surveyed no attempt has been made to study the levels of consumption in relation to income. The investigations reported pertain mostly to poor class families.

(d) In the absence of an agreed or accepted schedule of enquiry and absence of collaboration in general between the different investigators, certain information of importance has been left out.

In spite of the limitations enumerated, the array of figures presented have a tremendous bearing, both immediate and remote, on any planned programme and studies pertaining to our national health. The immediate importance is that a perusal of the figures will help in sizing up the problems of nutrition related to food in all its aspects, and a decade or two later these figures may help the future nutrition workers to gauge by a comparison with similar figures in their times, whether the trends of dietary habits in the country have improved, deteriorated or remained more or less stationary. In the determination of the scope and extent of different epidemics as also for epidemiological studies, the weekly monthly quarterly and yearly epidemic reports serve as landmarks or milestones. It would not be wrong to assume that a study of dietary surveys records would similarly enable the departments of Health and Agriculture to have a better understanding of their problems and to assess how far their efforts have succeeded in the improvement of diets in general.

COLLECTION AND PRESENTATION OF RESULTS

Except in one or two rare exceptions the figures incorporated in the report have been collected by the different investigators by a house to house visit and actual weighing of foodstuffs for a continuous period varying from 7 to 21 days, depending on the facilities available at each of

the enquiries. As the records of the surveys which have been compiled within the recent years were not collected on a uniformly planned schedule details on all the points could not be supplied in the report. An attempt has been made to indicate the average income of the groups of families surveyed, but it must be understood that such averages have but very limited values. Some of the investigators have taken the trouble of assessing the total income of the families surveyed in terms of money and such figures whenever available have been included in the relevant tables. Unfortunately total income of any family hardly indicates its purchasing power a factor which depends on the number and the age and sex composition of its members.

The average daily intake of each type of food, in ounces, by each hypothetical adult male, known commonly as Consumption Unit in each of the groups of families or institutions surveyed and shown in the appended tables, has been calculated from the total weight of raw food actually cooked in each unit comprising the group. In other words the gross weight in raw state of each of the types of food cooked by each unit during the period of enquiry has been divided by the number of days which covered the period of that particular investigation and the number of consumption units for calculation of the average figure. The number of consumption units in each family or institution has been estimated on the basis of the table of Calorie Co-efficients suggested by the League of Nations in 1932, for men and women of different ages. The arithmetic mean of average intake of each family or institution comprising a group has been indicated in the tables.

The foodstuffs have been classified under certain broad heads and items possessing similar nutrient composition are grouped together. Of the dozen different groups of food thus classified, vegetables comprise of largest number of variable items, than any of the others. Being an important protective food, particularly in view of qualitative deficiency in Indian diets, the make up of the vegetable quota determines to a very great extent, adequacy or otherwise of two important nutrients, namely minerals and vitamins. The figures of consumption given under this particular head would have yielded the information about dietary habits of each group of consumers in greater detail if it could have been possible to classify them under three subheads leafy vegetables, root vegetables and other vegetables. Owing to the unfortunate absence of a planned schedule the results had not been presented by most of the investigators, on the above lines. Efforts towards such classification had to be abandoned as a reference, at this stage of compilation, to original records for each individual family or institution numbering some thousands, lying in different centres of investigation, would have necessitated labour and attention hardly justifiable for the purpose. The same remarks apply to the column "fats and oils" as also "flesh foods".

It may be mentioned in passing, that the classification and grouping of the different types of foodstuff adopted in the appended tables of average intake are on the lines accepted by different investigators in India and in keeping, except for slight modifications, with that subsequently followed by Dr Aykroyd in his Note referred to earlier. The average figures for raw foods shown in the tables have not been converted in the terms of the different nutrients e.g. proteins, fats, carbohydrates etc. with the aid of the published table of food values, mainly because the enormous amount of calculations involved would by no means have been commensurate with the information which could

thus be made available. Further complete nutrient make up for all items of the samples of the same food grown in different parts of India have differed, even though slightly in the concentration of some of the nutrients. Consequently the average figures for each of the nutrients in terms of grammes, milligrammes and International units in the case of vitamins, would have indicated a degree of precision hardly justified from the technique of compilation, tabulation and calculation of the data. In the form in which data have been presented it is quite open to any one, if he so desires, to obtain within a few minutes with the aid of a table of food values an approximate idea of nutrients contained in any of the dietary schedules

TREND OF DIETARY HABITS

In presenting any array of tables the usual practice is that the figures are covered by a note of commentary usually of an informative nature based on actual observations. Whilst following this practice the dangers inherent in wide generalisations were fully recognized and have been avoided as far as it was possible

It will be noticed that in almost all the Provinces and States* wherever diet surveys have been carried out they have been confined mostly to the families and institutions of poor income groups although a certain number of upper middle class families have been included within the scope of a small number of investigations. It is not at all surprising that 50 odd investigators who had collected the data had all been attracted to the poor class families in preference to those of the richer classes. The reason is very obvious it is the poor men's diet in the country which needs a greater correction than that which is needed for the economically higher classes possessing adequate purchasing power. Besides, the poor and the lower middle class families who cannot afford to pay for balanced diets comprise about 80% of the population, and as such random sampling of households in any locality leads to an inclusion of lower middle class and poor class families in overwhelming numbers. The other reason for the preponderance of families of lower income group is, that very few surveys have been carried out in the cities with a view to study the dietary habits of well-to-do people. Nevertheless a large number of families belonging to upper income groups do not desist from consuming unbalanced diet either through ignorance or through their preference for particular types of foods or blind allegiance to certain conventional dietary habits.

The average diet of an Indian is lopsided primarily because of its extremely high cereal content. The other noticeable feature is that the diet lacks in adequate amounts of protective foods leading to inadequacy and very often to a total lack of proteins of good quality. Inadequacy of minerals and most of the important vitamins in more or less varying degrees is the other important feature. It has not been sufficiently realised that the inadequacy of B group of vitamins is of the most serious import in view of large intake of carbohydrates. Intake of vitamins A and C also are often inadequate. With these preliminary remarks for a background to the Indian diets in general, certain peculiar features pertaining to surveys in each of the states are stated below

Under the Republican Constitution of India, adopted early in 1950 both types of former political units have been designated as "States"

Ajmer Merwara—A diet survey of three famine camps in this Centrally administered area was carried out a few years ago. The only striking feature in the records of this investigation is the amount of wheat consumed per consumption unit.

Assam—A survey amongst the tea garden labour in Assam was carried out as early as 1937 and after a lapse of eight years four more surveys were undertaken. Of the six different surveys carried out only two pertain to local agricultural families residing in rural areas and the rest cover families of tea garden and industrial labourers and one residential institution for students. The material available owing to its smallness hardly supplies one with a picture of food habits prevailing in the state. However rice is the popular cereal in the state and mustard oil the cooking fat of choice. In certain rural areas dried fish is also consumed. Lentils red gram black gram and horse gram are the common pulses consumed but the use of the last named is confined to the families in the lowest income groups.

Bihar—In the State of Bihar 90 dietary surveys results of which are incorporated in this publication have been carried out during a period of 11 years, from 1938 to 1948, without a break in the operations. It is one of the States where the work has been carried out systematically. With a few exceptions the investigations, which cover 12 out of the 16 districts in Bihar relate to food intake in lower middle class and poorer class families. None of the groups of families in this survey can be considered in any sense as rich but certainly some of the families included could have afforded to pay for all they had needed to balance their diets. The families surveyed were in majority of cases sampled from rural areas and the earners in such families were engaged in agricultural pursuits. Families of industrial workers employed by the Tata Iron and Steel Company at the biggest steel plant in India and families of workers employed in the Jharia coal fields have, however been sampled in appreciable numbers. Chota Nagpur plateau in Bihar is inhabited mainly by aboriginal and semi-aboriginal tribes. Quite a good deal of information has been collected regarding their food habits. Samples of groups of depressed class families living outside the plateau have also been included in the studies. One particular feature of Bihar survey has been that the diets consumed by a large number of the middle and poor class muslim families living in areas where such communities were predominant, have also been investigated. But it may be said in general that the surveys in Bihar have mostly been confined to very poor class families and as such instances are not rare where the total consumption of calories by an average adult barely exceeded 1000-1500 range particularly in the pre world war days of low wages and agricultural prices.

The surveys have definitely revealed that rice is the cereal of choice amongst the people of Bihar irrespective of the income of the different family groups. This is not an un-expected or un natural finding in view of the fact that Bihar produces sufficient quantity of rice in her riverine alluvial soils. Wheat stands next in the order of popularity. A few other grains such as millets and maize are consumed in appreciable amount during certain parts of the year where such crops are grown. In such tracts even upper middle classes of agricultural families did not exhibit the prejudice against the millets which is not infrequently noticeable even in comparatively poorer families of lower middle class living in towns and cities. The rice consumed consists mainly of the home pounded parboiled variety.

to the consistency of cooked rice, or into a sort of thick liquid resembling well-cooked porridge or at times boiled in an excess of water and the gruel drunk. Not infrequently millets are cooked as coarse chappatis (unleavened bread) or boiled along with pulses and made into *khicari*. In a survey carried out in a small milk growing tract in Jubbulpore District it was found that after the cream was separated the skimmed milk was thickened into the semi-solid consistency of *khos* over open fire and sold as such. Unlike the practice prevalent in ghee producing families of Bihar skimmed milk was not consumed by the producers themselves. Altogether 20 surveys have been carried out in the State and the operations were mainly confined to cold weather and early hot weather.

The cereals consumed consisted mostly of rice, wheat and jowar depending on the geographical areas of the province. Along with jowar kodo millets, kurthi and maize were also consumed. Any way the surveys show that jowar is consumed as the staple cereal amongst certain groups of population. The poorest classes in the villages, were noticed to consume dry mahua flowers which are boiled and eaten as such in the place of cereals. At times dry mahua flour is made into a dough along with Bengal gram powder and cooked as chappatis. This dietary practice has been noticed in Bihar also but was confined to aboriginals and poorest families. The chief pulses consumed were Bengal gram, lentil, green gram and khesari. Khesari or lathyrus is not only consumed in the usual form of a gruel (*dal*) but also it is ground into flour for cooking of coarse chappatis. Bengal gram flour is similarly mixed with wheat flour for preparation of chappati. The vegetables are consumed in very small quantities and even communities that grow vegetables sell almost whole of their produce to supplement their small income retaining very little of this valuable commodity for their own consumption. Consumption of fruits is almost negligible. Groundnut oil, gingelly oil and sometimes refined linseed oil are used for cooking.

Coorg—In Coorg, which is a small centrally administered area a survey of poor class families residing in rural and semi-urban areas was carried out in 1941. Rice was found to be the most popular cereal.

Delhi—Food intake of about 50 families residing in a small urban area outside the Capital City and in rural areas of Delhi Administration was investigated in the winter of 1938-39. Since then no other surveys have been made. The results indicate that wheat and jowar are the important cereals in the area and use of rice as staple food in any of the families is almost unknown. Owing to the fact that it is a milk producing tract small amounts of ghee, milk and butter milk are consumed. Consequently the use of vegetable oil, is also very limited.

East Punjab—A certain number of diet surveys were carried out in Ferozepur and Kangra Valley during the late thirties. Since then no other detailed surveys have been carried out. Though wheat is undoubtedly the most popular cereal in the State yet intake of rice in appreciable amount has been recorded in a few of the surveys in Kangra Valley. Consumption of milk has been recorded but the amount falls far short of expectation in few of the poor class families in the valley. In Ferozepur district the milk intake is appreciable.

Madras—The surveys carried out in the State of Madras were confined mostly to the lower income groups, the results, however help

to form a fairly good picture of the dietary habits of the whole of the territory because the families were sampled from all the districts. Even a few residential institutions have been included within the scope of the investigation. In Madras till the year 1943 the most popular cereal was rice and millets coming next in the order. Consumption of wheat except as a constituent of fashionable dishes in richer homes was practically unknown. An appreciable amount of millets particularly cholam and ragi were and are still being consumed by the people of comparatively poorer classes. It may be noted, in this connexion that there is a wide belt right across the peninsular portion of India beginning from the Bijapur District of Bombay extending over Kolhapur, Mysore and the ceded districts in Madras where cholam or jowar is eaten as the staple cereal. Cholam is ground into flour and then boiled or steamed into small balls or bolus. It was owing to the scarcity of rice caused by stoppage of imports from Burma as a result of Second World War that consumption of wheat in appreciable amounts as a cereal was introduced from 1943 onwards in the State of Madras through Government ration shops and various cooking demonstration centres. The upper social classes in the presidency the Brahmins are by tradition strict vegetarians or lacto-vegetarians whereas the other classes have no objection to flesh foods but owing to the unavailability of such foods the people perforce have to sustain themselves mostly on a vegetarian diet. Along the long coastal belt in the State fish is consumed by the lower social classes. The intake of pulses and vegetables is very low but that of condiments particularly of chillies and tamarind is noticeable. Consumption of milk is almost negligible though with upper middle classes a drink of butter milk, if available, is very popular. Gingelly oil is the popular cooking medium.

Orissa—A dietary survey of families sampled from well-to-do group of domiciled Bengalis, labourers and fishermen etc., living in Puri town and from comparatively poor groups of people residing in rural areas, was carried out during early parts of the year 1938. Later on food intake of a large number of families residing in topographically representative areas of the State, was investigated during the years 1940-43. The findings revealed that rice was the main cereal in the diet and coarser varieties of parboiled and homepounded rice was consumed by great majority of people. Fine milled rice and wheat were consumed in small quantities by a small section of the upper middle class and rich families. Other cereals used consisted of different types of millets, maize was occasionally consumed. The popular pulses were green gram, red gram and black gram. Horse gram was used mostly by poorer people and occasionally by middle class people. The non-leafy vegetables consumed consisted of brinjal, plantains, potatoes, colocasia tubers, beans, water lilly roots etc. Consumption of fruits was not a regular feature of the diet although certain amount of mangoes and jack fruits were eaten even by the poorer classes during season of glut. Mustard oil and gingelly oil were popular cooking fats and in hill tracts and forest areas mahua oil and sal oil were used. Groundnut oil was often used for making of sweet meats and savoury dishes. Fish was the most important flesh food consumed though mostly those of the smaller types were eaten. Sugar and jaggery were consumed in very small quantities.

West Bengal—A large number of diet surveys were carried out as early as 1938-40 and confined mostly to urban areas covering almost whole of the State. Unfortunately no detailed information could be made available except those of the eleven surveys reported.

*Baroda State**—The food intake of a group of 9 families of the agricultural classes residing in rural area of Navsari District in Baroda State was investigated. The cereals quota in the diets consisted of jowar and rice and the pulse used was tur dal or red gram. The cooking fat was groundnut oil and gingelly oil and the vegetables consisted of potatoes, brinjals etc. The families were strictly vegetarian. It has however been recorded by the person in charge of the enquiry that some of the families, in the particular village surveyed, had no objection to flesh foods but were forced to live on a vegetarian diet because eggs, fish, flesh or fowl were not locally available.

Bhopal State—In addition to a previous enquiry on the food intake of middle class families a group of 54 families picked up at random from various social classes consisting of high officials, textile workers, teachers, petty traders, unskilled labourers comprised the units for a dietary survey which was carried out in the city of Bhopal in August 1948. The Bhopal investigation differs basically from all the others in that the record of food intake was not made by weightment method. The details were collected by questioning the family members. According to the report wheat is the most popular cereal in the city. Lentils, green gram and red gram are the popular pulses. Vegetable oils did not find much favour and ghee was used as cooking fat in very small amounts along with vanaspati or hardened vegetable oil. Even in the small sample of families surveyed 7% did not consume any flesh food and ate vegetarian food not through any prejudice but by force of circumstances. The rationed quota of the cereal during enquiry was found to consist of an admixture of wheat, Bengal gram and jowar each 25%, lentil 18.7% and rice 6.3%.

Hyderabad State—Food intake of about 2,000 families has been surveyed in 20 urban and 128 rural areas of Hyderabad State. This survey has been carried out in areas where rationing was not in force. It may be noted here that rice is the most popular cereal in north eastern and southern portion of the State whereas jowar (cholam) is the staple cereal in the rest of it. A small amount of marua or ragi is also consumed. In the jowar eating areas a certain amount of wheat flour is also consumed.

The chief varieties of pulses taken are red gram and Bengal gram whilst a certain amount of vegetables such as amaranth, fenugreek, roselle, radish, carrot, and vegetable marrow are consumed. Groundnut oil and gingelly oil are the popular cooking fats. The amount of animal food taken is negligible and milk is hardly ever used. In both the cholam and rice eating areas other than the staple cereals the composition of the diet does not vary. The structure of diets shown is fairly representative of the State as a whole and the families surveyed include small scale cultivators, families residing in rural areas and those of certain sections of urban population following different vocations in life.

Kashmir State—A survey of a few poor class families in and around Srinagar was carried out in the autumn 1938. Rice is the most popular cereal both with the Hindus and Muslims. The results do not show any consumption of ghee but that of vegetable oil as cooking medium.

All the States previously ruled by Feudatory Chiefs have now merged into the Indian Union. Baroda State is now included into that of Bombay.

Mysore State—So far only two surveys comprising of groups of small cultivators families have been carried out in Mysore State in the year 1938. In this particular survey *ragi* or *marua* was found to be the most popular cereal consumed

Tehri-Garhwal State—This State has now merged in Uttar-Pradesh. Some years ago an enquiry into the food intake of 40 families residing in rural areas was carried out. Rice and wheat seem to be most popular cereal in the different parts of the State

Travancore State—The first survey in this State was carried out in 1939 and the investigation was confined only to 10 families of small cultivators. Subsequently food intake in 279 families was investigated during May to June 1946. The families were selected from different economic groups ranging from families having a monthly income from Rs. 50/ to those earning Rs. 200. A few of industrial workers families were also sampled. Rice is undoubtedly the most popular cereal and the average intake of pulses is about an ounce per head per day. Very little amount of ghee was used and the popular cooking medium is coconut oil. Flesh foods consist mostly of fish and there is evidence of certain amount of milk intake rising with the income of the family. The poorer class of people in this area supplement their cereal foods with the tuber tapioca and some times it replaces almost completely the cereal quota in the diet. This tuber is also made into various forms of curry

CLASSES OF FOODSTUFFS

A brief account of the characteristic features of dietary habits noticed during the surveys in different parts of India has been briefly enumerated in the preceding paragraphs. It is, however felt that short notes on each of the items under which the intake of foodstuffs have been classified may be helpful in a further clarification of the data presented

Cereals—It is evident to any casual observer that cereals constitute a major part of the diet in almost all the families surveyed, and this is true of the Indian dietary as a whole. The cereals contribute as much as 70 to 90 percent of the calories in the diet. The most popular cereal in India is of course, rice and next to it comes jowar or the great millet and wheat occupies the third place. This order of intake is found to coincide with the figures for internal production of each of the three crops. Since the time that import of wheat in increasingly large quantities was started in order to ward off cereal deficiency necessitated by stoppage of rice import from Burma, the consumption of wheat has certainly increased and it would be difficult to make any reliable estimate whether at the present day wheat or the millets occupy the second place as far as the respective magnitude of their total consumption in the Indian diet is concerned. Of the total amount of rice consumed in India a large proportion is of the parboiled type. In certain regions and amongst a few communities raw milled rice is preferred and eaten. Such a practice can be traced to either social or religious prejudices against parboiled rice. Paddy is either parboiled in large scale in the mills or in small quantities by the consumers themselves in their homes. Parboiled rice is a popular article of diet in Assam, West Bengal, Bihar, Orissa, coastal regions of Bombay and in the west coast and Tamil Nad (mostly with non-Brahmins) in Madras. The cooking of rice is deemed as an art by the

housewives in certain communities and in others rice is cooked without any special care or effort. Ordinarily the water in which rice has been cooked is thrown away but amongst certain groups of population the rice water is not rejected. Cooking of rice into discrete and soft grains without throwing away the water in which it was boiled is a culinary art and actually practised by the families of certain communities. Amongst the aboriginals the semi-aboriginals and certain sections of poor class people rice is cooked more or less as sloppy meal and eaten with apparent relish. Wheat flour is made into unleavened bread or chappati. Chappatis are more popular in the northern portion of India than in the south and those who can afford the cost, smear hot chappatis with ghee before eating them.

The various types of millets, besides jowar or cholam consumed in this country are bajra (*Pennisetum typhoideum*) marua or ragi (*Elousine coracana*) barley (*Hordeum vulgare*) Italian millet (*Setaria italica*) kutu or kutki (*Fagopyrum esculentum*) kodo (*Paspalum scrobiculatum*) sanwa (*Panicum miliare*) etc. Of these the first two are more in use than the rest, though certain amount of each is used as food in one part of the country or the other. Ordinarily the millets are either boiled to the consistency of porridge or else ground to flour for making chappatis. Sometimes millet flour is mixed with flours of one of the pulses to make into mixed chappatis. Amongst the millets the great jowar or cholam and small millet bajra are more popular than ragi or marua which is considered as poor man's food. Special mention may be made about Bhakar which is nothing other than thick chappatis made out of jowar flour or jowar and bajra, not rolled on pastry board but flattened with the pressure of palm on a hard surface or between the palms of the hands and baked either on a girdle pan or over direct log wood fire. In certain parts of the country maize is grown and consumed in the form of maize flour chappati. Dietary survey records have revealed that kutu, sanwa and kodo millets are also eaten but its use is confined to a small section of the population. In India all the millets grown are used both as food and fodder.

Pulses—It is evident from the record of the surveys that people in Northern India consume pulses in larger quantities than people in the South. It is very difficult to estimate the comparative popularity or figures for relative consumption of different pulses in any one State. Bengal gram red gram black gram green gram, lentils and lathyrus are used in appreciably large amounts. In a small percentage of the families surveyed horse gram and cowpeas were found to be used as pulses. The pulses are ordinarily consumed in the form of a thick or thin gruel depending on the taste and food habits of the consumers. Some of pulse grains are often cooked in different kind of dishes, mainly as snacks. Bengal gram however has been found to be consumed either soaked, boiled or parched. Bengal gram flours prepared either from raw grains or from parched grains are used extensively the former being known as besan and the latter as sattu. From the figures available it appears that the daily intake of pulses per consumption unit may vary from less than $\frac{1}{2}$ oz. to about a little more than 4 ozs. depending on the localities in which the families have been sampled. The protein from the pulses and the cereals constitute about 80% of the total protein intake of the population surveyed.

Vegetables—The intake of vegetables is very low as can be seen from the figures, and the average intake even in the same group of fami-

lies varies from season to season. This variability can be ascribed mainly to seasonal fluctuations in availability of different vegetables and the fluctuating price factor. For example with a popular vegetable like potato the price during scarcity seasons may be four times as much as that during the season of abundant supply. It has not been possible to calculate what percentage of the total vegetables consumed comprise of leafy vegetables, root vegetables and other vegetables but from the figures of intake it is noticed that in the majority of families of lower income group vegetables are more or less used as adjuvant possibly to swallow mouthful of cooked cereals and pulses.

Fats and Oils—The average intake of fats and oils is very low. The use of butter as spread on baked loaf or on unleavened bread or on chappatis is confined to upper middle class families. Visible fats in the Indian dietary are used mainly for cooking. As a general rule animal fats are not used as a cooking medium with the notable exception of butter fat, commonly known as ghee. Very few of the investigators have recorded separately the intake of ghee and vegetable oil because the amount of ghee intake in majority of the families is insignificant as compared to the intake of vegetable oil. Wherever individual figures for intake of ghee and vegetable oils were available they have been separately shown in the tables. Vegetable oils, of course, are used for cooking purposes and are rarely consumed in raw state except in chutneys, condiments etc. With the introduction of hydrogenated vegetable fat it has been noticed that the same is used as a spread over chappatis in a few of the comparatively well to-do families but certainly such a practice cannot be accepted as either popular or uniform. Of the vegetable oil, use of mustard oil has been found to be popular in Bengal, Assam, Orissa, Bihar and eastern portion of Uttar Pradesh. Groundnut oil is popular over large areas where this nut is extensively cultivated. Gingelly or sesame oil is more popular in Madras State than anywhere else. The consumption of coconut oil is restricted to the west coast of the peninsula from Goa to the southern most point. In certain parts of Central Provinces (Madhya Pradesh) purified linseed oil is also used as a cooking medium.

Flesh Foods—The consumption of flesh foods is so low that it hardly deserves a special mention. The information contained in the tables, however should not be interpreted to mean that all the groups of families, for which intake of flesh foods have not been recorded, are vegetarians. On account of dearth of supply and non availability of either meat, fish, eggs or fowl and poultry many non vegetarians are compelled more by circumstances than by inclination or instinct, to practice vegetarianism. Of the flesh foods, fish is certainly the most popular item over large tracts of the country. Special mention may be made, in this connexion, of the coastal belts, inland territories such as Assam, Bengal, Orissa and Bihar. Certain amount of dried fish is also eaten which, however is not a very popular item of food even in families which consume flesh foods regularly. Low intake of dried fish is not as much due to its unavailability as to its lack of popularity. Consequently quite an appreciable amount of dried fish is exported abroad from some areas of the coastal belt of India. In Muslim families surveyed beef was found to be the most popular meat, being cheaper than any of the others. Amongst the different types of meat consumed goat's meat is certainly the most popular one over the whole of the country. Consumption of meat, other than that of goat or beef is very little. Poultry keeping as a profession is confined to limited areas of the country. Poorer classes

of aboriginal, semi aboriginal or muslim or christian families maintain poultry mostly for eggs. Poultry and eggs on account of their high prices and scarcity were never popular as non vegetarian foods. The average figures for daily consumption of flesh food per consumption unit, given in the appended tables do not indicate the size of intake either in the families or for any of the days, because this food has been consumed during the survey by a certain percentage of the families in the group and that also on certain days only. Thus a calculation of the average has reduced the quantity of actual intake per caput, beyond recognition.

Milk and milk products—Milk is certainly the most popular item of diet all over the country but unfortunately there is not enough of this precious commodity produced to go round. The intake of fresh whole milk as a drink in the lower middle class and poor class families is almost unknown. Even the producers do not retain enough milk for the consumption of their family members. Next to milk, dahi or curd is a very favourite item in the diet but prices of the curd and milk are usually beyond the reach of most of the families except as occasional luxuries in greater part of the country. It is a common practice in ordinary Indian homes to dilute the curd into drinks so that a small quantity of this valuable food may be partaken by a very large number. In certain parts of India milk is either curdled into *chhena* or thickened into *khoa* for the preparation of popular sweets. Partly thickened milk known as *malai* is also sold in the market in some parts of the country and consumed by middle and lower class people as luxuries on festive occasions.

Condiments—This group of foodstuffs include spices such as turmeric, coriander rape seeds or rye, fenugreek seeds, chillies, black peppers and to a very small extent cloves, cardamum and even onion, garlic and tamarind. Except in a few aboriginal families surveyed where even cooking fat was not used, condiments are used to a very great extent all over the country probably because they can make the dishes attractive by improving the taste flavour and colour. Quite a good deal has been said by foreigners about the virtues and vices, more of the latter than of the former of hot curries, but the condiments used for making of curries contribute, howsoever little, their quota of minerals and vitamins in the curry and pulse gruel. Pickles, chutneys and acharas are consumed in small quantities all over the country and they also have been included under this item.

Sugar and Jaggery—The intake of saccharine material has been found to increase with the increase in income. Jaggery or *gurh* is evidently consumed more by the poorer class families and sugar by the upper classes. This was the position before the Second World War but with the onset of food shortage and introduction of rationing, the intake of sugar has been very much restricted. Consequently surveys carried out after 1942 give no definite indication as to the trend of the dietary habits as far as this particular foodstuff is concerned. *Gurh* or jaggery however has been and continues to be an unrationed article. But the advantage of jaggery not being rationed has been offset by increase in prices.

Fruits and Nuts—Fruits and nuts are one of the items which are very much in short supply and as such the intake of this item is ordinarily negligible. In some of the surveys it may be noticed that an appreciable

amount of intake of fruits has been recorded. Possibly the survey period coincided with the glut in the market of any particular fruit in that locality. Mango, jack fruit, guava, jambo, plums, cucumbers, cucurbitous melons, water melons and bananas are some of the common fruits consumed during their respective seasons.

STRUCTURE OF DIETS

Amongst the poorer classes, who constitute about 80 percent or more of the total population in the country the basic diet structure is practically similar. The main variation is seen in the type of cereals used. Whatever minor variations have been observed during the surveys are due to slightly different conditions in the localities in which the surveys were carried out. It is very difficult to divide India into well demarcated zones on the basis of dietary habits alone. The surveys, however, lend certain amount of support to the prevalent belief that there are probably four types of zonal diets, rice diet in east, north-east and south, wheat diet in north-west and millet diet in west and in central parts of India and mixed cereal diets intervening in between and extending all over the Union. A large majority of the population in millet tracts depend on mixed cereal diets consisting of either rice and millets or wheat and millets. In certain parts of Bihar and Uttar Pradesh people take a combined rice and wheat diets. This is true for certain areas of Bombay State also. It has been noticed that with the increase in income the intake of fats and oils, sugar and milk and milk products increase. This is not always true of vegetables though there is a tendency to increased intake within certain limits. As a result of increase in the non-cereal quota in the diet the intake of cereals show a trend in negative correlation with the income, but this phenomenon could not be confirmed amongst some of the industrial groups of families surveyed. Probably increased intake of cereals amongst industrial population was necessitated by an enhanced demand for calories. With larger samples, however, a firmer trend in the correlation can possibly be expected. The broad fact should not be missed or ignored that pulses, vegetables and flesh foods are the three items which may yield variable values when the nutrient value of each diet is calculated. As far as pulses go most of them possess more or less similar nutrient composition and so this group is not likely to cause any appreciable swing in the nutritional value of diet even if calculated by different persons with dissimilar presumptions regarding the constitution of the pulse quota. We may afford to ignore the variability of the flesh-foods quota owing to the extreme smallness of its size. But vegetables which cover the largest number of items may cause real swings in nutritional values if for example gourd or vegetable marrow is replaced by amaranth or potatoes during calculations by different computers.

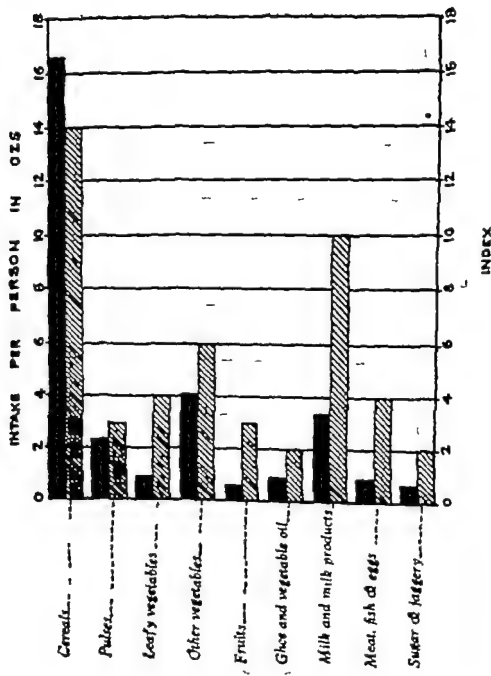
The total caloric value of none of the diets have been shown in the table for reasons discussed earlier in the text in connexion with the nutrient composition. The average calorie value for the majority of diets included in tables range between 2,000 and 3,000 though in an appreciable number of family groups it is below 2,000 and in a few it falls even below 1,500. On the other hand in an equally appreciable number of family groups, the calorie value has been reckoned at more than 3,000 and even beyond 3,500 in a few instances. A consideration of calorie values based on the weight of raw food brings in its trail an important question what should be the magnitude of kitchen waste and

- (a) those not consuming any particular foodstuff,
- (b) those consuming particular foodstuffs but with the average intake being below the desired level, and
- (c) those consuming particular foodstuffs upto the desired level or above.

It appears that two-thirds of the families did not consume any fruits and nuts at all. About one third of the families did not consume sugar and jaggery or meat, fish or flesh foods, and a quarter of the family groups did not consume milk and milk products or leafy vegetables. Again amongst the groups of families consuming particular foodstuffs, the intake of leafy vegetables, other vegetables, ghee and vegetable oil, and pulses was below the desired or recommended level. Only in about one fifth of the groups of families surveyed was the intake of pulses and other vegetables up to the recommended level. Though any generalisation on the data presented is not desirable for reasons more than one, yet it may be stated that in about four fifths of the families surveyed the intake of protective foods was either full or below standard.

SOURCE OF INFORMATION

The records pertaining to the results of Diet Surveys presented in this volume have been obtained mostly from the Health Directorates on the different States and from other nutrition workers. Some of the surveys have been published in the scientific journals and a reference to such journals has been made in the list below. The results of the surveys incorporated in this report include all investigations carried out up to and including October 1948.



KASHMIR

Wilson, D C & Widdowson, E.M. (1942) Ind J Med. Res. Mem. No 34
(Survey No 2)

PUNJAB

Ahmad & Gore (1938) Ind J Med. Res., 26, p 155
(Survey Nos. 1 2, 3, 4 & 11)

Punjab Public Health Department—Report on an Inquiry into the State
of Nutrition and Health in Kangra Valley 1939
(Survey Nos. 7 8 9 10)

Wilson, D C & Widdowson, E.M. (1942) Ind J Med. Res. Mem. No 34
(Survey Nos. 12, 13)

HYDERABAD

Wilson, D C & Widdowson, E.M. (1942) Ind J Med. Res. Mem. No 34
(Survey No 11)

Davar & Ahmad (1942) ibid 30 p 581
(Survey Nos. 19 20 21, 22, 23 24)

TRAVANCORE

Krishnan, B G (1939) Ind. J Med. Res., 26 p 901
(Survey No 34)

DELHI STATE

Shourie K.L. (1939) Ind. J Med. Res. 26, p 907
(Survey Nos. 1, 2, 3)

COORG

Bhave P.D & Bopaiya, M.S., (1942) Ind. J Med Res. 30 p 53
(Survey No 1)

GLOSSARY OF TERMS

| | | |
|----------------------|---|---|
| Barley | = | <i>Hordeum vulgare</i> |
| Bajre or cambu | = | <i>Pennisetum typhoideum</i> |
| Cholam or Jowar | = | Great millet or <i>Sorghum vulgare</i> |
| Cowpeas | = | <i>Vigna catiung</i> |
| Khuchri | = | Rice and pulse cooked together |
| Kodo millets | = | <i>Paspalum scrobiculatum</i> |
| Mahua | = | <i>Bassia latifolia</i> |
| Maize (tender) | = | <i>Zea mays</i> |
| Millets (Italian) | = | <i>Setaria italica</i> |
| Ragi or Marua | = | <i>Eleusine coracana</i> |
| Rice | = | <i>Oryza sativa</i> |
| Sanwa millet | = | <i>Panicum crusgalli</i> var <i>fruman taceum</i> . |
| Tappoca | = | <i>Manihot utilisima</i> |
| Wheat | = | <i>Triticum vulgare</i> |
| Sattu | = | Parched and powdered barley gram or pea |
| Bengal gram | = | <i>Cicer arietinum</i> |
| Black gram (Und) | = | <i>Phaseolus mungo</i> |
| Green gram (Moong) | = | <i>Phaseolus radiatus</i> |
| Red gram (Rahar) | = | <i>Cajanus indicus</i> |
| Horse gram or kurchi | = | <i>Dolichos biflorus</i> |
| Lathyrus (Khesari) | = | <i>Lathyrus sativa</i> |
| Lentils (masoor) | = | <i>Lens esculenta</i> |
| Amaranth | = | <i>Amaranthus gangeticus</i> |
| Brinjal | = | <i>Solanum melongena</i> |
| Colocasia (tuber) | = | <i>Colocasia antiquorum</i> |
| Cucumber | = | <i>Cucumis Sativus</i> |
| Plantains | = | <i>Musa paradisiaca</i> |
| Peas | = | <i>Pisum sativum</i> |
| Reddish carrot | = | <i>Daucus carota</i> |
| Roselle | = | <i>Hibiscus sabdariffa</i> |
| Sweet potato | = | <i>Ipomoea batatas</i> . |
| Vegetable marrow | = | <i>Cucubita pepo</i> |
| Groundnut | = | <i>Arachis hypogea</i> |
| Gingelly seeds | = | <i>Sesamum indicum</i> |
| Linseed | = | <i>Linum usitatissimum</i> |
| Mustard seeds | = | <i>Barassica juncea</i> |
| Chhena | = | Heat curdled milk |
| Khoa | = | Oven dried milk. |
| Malai | = | Thickened milk; cream |
| Black peppers (dry) | = | <i>Pipper nigrum</i> |

| | | |
|-------------------|---|---|
| Cardamom | = | <i>Elettaria cardamomum</i> |
| Chillies green | = | <i>Capsicum annum</i> |
| Chillies (dry) | = | -do- |
| Chutneys | = | Sweet and sour pickled or pre served fruits. |
| Cloves | = | <i>Eugenia caryophyllata</i> |
| Coriander | = | <i>Coriandrum sativum</i> |
| Fenugreek (seeds) | = | <i>Trigonella foenumgraecum</i> |
| Garlic | = | <i>Allium sativum</i> |
| Onion | = | <i>Allium cepa</i> |
| Turmeric | = | <i>Curcuma longa</i> |
| Tamarind | = | <i>Tamarindus indicus</i> |
| Banana | = | <i>Musa sapientum</i> |
| Guava (country) | = | <i>Psidium guayava</i> |
| Jack fruit | = | <i>Artocarpus integrifolia</i> |
| Jambo | = | <i>Eugenia jambos</i> |
| Mango | = | <i>Mangifera indica</i> |
| Water mellons | = | <i>Citrullus vulgaris</i> |
| Water chestnut | = | <i>Trapa bispinosa</i> |

ABBREVIATION

| | | |
|-------------------------------|---|---|
| 1. Poor Ag. Lab. Class. | = | Poor Agricultural Labour Class |
| 2. M.I. | = | Monthly Income. |
| 3. Abor Ag. | = | Aboriginals Agriculturists. |
| 4. Ct. M. Workers. | = | Cotton Mill workers. |
| 5. Sl. Hostel | = | School Hostel. |
| 6. Mid. Class Log. & B House. | = | Middle Class Lodging and Boarding House. |
| 7. Cona. | = | Consumption. |
| 8. G.B.H. | = | Girls Boarding House |
| 9. B.B.H. | = | Boys Boarding House |
| 10. G.B.S. | = | Girls Boarding School. |
| 11. B.B.S. | = | Boys Boarding School. |
| 12. G.T.S. | = | Girls Training School. |
| 13. C.U. | = | Consumption Unit. |

DIET SURVEY

AJMER MERWARA

| State | AJMER MERWARA | | |
|-----------------------|----------------------|-----------------------|------------------------|
| District | Ajmer | | |
| Locality | | | |
| Survey No. | 1 | 2 | 3 |
| Urban or Rural | Rural | Rural | Rural |
| No. of families | 24 | 19 | 23 |
| No. of persons | 127 | 99 | 114 |
| No. of days of survey | 7 | 7 | 7 |
| Season | | | |
| Economic Status etc. | Famine Camp at Gagai | Famine Camp at Jawaja | Famine Camp at Bijaina |

FOODSTUFF Oza. per consumption unit per day

| | (mainly wheat) 29.8 | (mainly wheat) 30.3 | (mainly wheat) 30.1 |
|------------------------|---------------------|---------------------|---------------------|
| Rice | | | |
| Wheat | | | |
| Milletts | | | |
| Other Cereals | | | |
| Pulses | 0.5 | 0.6 | 0.8 |
| Leafy vegetables | | | |
| Other vegetables | 0.8 | 0.6 | 0.8 |
| Fruits | | | |
| Grass & vegetable oil | | | |
| Milk and milk products | | | |
| Meat, fish, eggs, | | 0.03 | |
| Sugar and Jaggery | | 1.5 | |
| Condiments | | | |

Diet Survey

ASSAM

| State | ASSAM | | | | | |
|-----------------------|--|---|---|--|---|---------------------------|
| District | Nowgang | | Kamrup | Gaubati | Cachar | Jorhaut |
| Locality | Burrapahar Tea Estate | Challimbhowsaon of Burrapahar area | Polashan | | | |
| Survey No. | 1 | 2 | 3 | 4 | 5 | 6 |
| Urban or Rural | Rural | Rural | Rural | Urban | Rural | Rural |
| No. of families | 6 | 4 | 12 | One mass | 37 | 35 |
| No. of persons | 13 | 30 | 93 | 110 | | |
| No. of days of Survey | 8 days for each family | 8 days for each family | 7 days for each family | 7 days only | 21 | 21 |
| Season | March 1948 | March 1948 | June 1947 | Last week of Jan. and 1st week of Feb 1948 | Industrial lab. earning Rs. 8/- to 10/ p.m. | Tea Plantation labourers. |
| Economic status etc | Tea garden lab. works 6 days a week, Rs. 3/ to 5/ a week | Cultivators of Paddy and vegs tables, earning Rs. 20/ to 40/ p.m. | Income varies from Rs. 60/ to Rs. 120/ Income varies in different seasons | Student of the cotton college Monthly mess dues for 2 meals and 2 tuftias is Rs. 30/ | | |

FOODSTUFF Ora. per consumption unit per day

| | 22-8 | 19-9 | 16-5 | 18-8 | 19-0 | 19-4 |
|------------------------|------|------|------|------|------|------|
| Rice | -- | -- | 0-57 | 2.2 | | -- |
| Wheat | 1-0 | | | | | 0.9 |
| Millet | 1-4 | | 2-41 | 4-03 | 1-0 | 0-8 |
| Other cereals | 1-0 | 1-7 | 3-43 | 3-41 | 0-2 | 4-4 |
| Pulses | -- | 4-4 | 2-19 | 15.1 | 3-4 | -- |
| Leafy vegetables | 0-42 | | 1-0 | 1.5 | 0-3 | 0-3 |
| Other vegetables | -- | | 1-91 | 0-91 | 0-5 | -- |
| Fruits | 1-1 | 1.37 | 1.4 | 3-0 | -- | 0-7 |
| Ghee and vegetable oil | 0-63 | | 0-95 | 0-92 | 0-2 | -- |
| Milk and milk products | 0-03 | | 0-37 | 0-45 | -- | -- |
| Meat, fish, eggs | -- | | | | | -- |
| Sugar and Jaggery | 0-52 | | | | | -- |
| Constituents | | | | | | |

BIHAR

State

District

Local ty

Survey No.

Urban or Rural
No. of families
No. of persons
No. of days of survey

Season

Economic status etc.

Patna

1

62 hostels.
1238
10

Nov Dec. '37

Students.
Monthly
charges
Rs. 9/8/
to Rs. 11/8/

Arthawan

2

Urban
104
877
5

Mar Apr. 44

Poor
Muslim
families.

Mokamah

3

Rural
81
730
10

Sep. 45

High Class Hindu families
practising agriculture.

Paliganj

4

Rural
70
633
10

July Aug. 45

Hindu families
practising agriculture.

Bikram

5

Rural
10
88
10

July August, 1946

Ahir families
practising
agriculture
and doing
farming.

Sarmara

7

Rural
25
135
10

December Dec. 47

Poor Agricultural labourers
getting 3 to 4 seers
grain per adult
per day

Poor
Agriculturist
getting 3 to 4
seers grain per
adult, per day

FOODSTUFF Oza. per consumption unit per day

Rice

Wheat

Milllets

Other cereals

Pulses

Leafy vegetables

Other vegetables

Fruits

Ghee and vegetable oil

Milk and milk products

Meat, fish, eggs

Sugar and jaggery

Condiments

161

3-8

1-8

15-0

0-2

2-3

3-2

2-0

19-0

4-1

0-6

5-5

0-7

1-3

1-7

28-8

4-9

12-1

0-11

1-0

11-26

23-79

5-8

0-1

6-3

0-35

0-8

9-57

30-01

5-74

0-1

2-4

0-1

13-33

0-02

18-02

6-43

0-04

1-6

1-2

0-3

21-43

6-88

2-5

0-74

0-1

0-7

0-31

26-17

3-01

2-5

1-15

0-1

0-31

0-87

0-31

Diet Survey

BIHAR

| State | Patna | | | | | |
|-----------------------|--|---|----------------------|---------------------------|---------------------------|----------------|
| District | Patna | | | | | |
| Locality | Patna | Bihar and Paliganj | | Sermara | | Sihandara |
| Survey No. | 9 | 10 | 11 | 12 | 13 | 14 15 |
| Urban or Rural | Rural | Rural | Rural | Rural | Rural | Rural |
| No. of families | 120 | 9 | 20 | 24 | 25 | 25 |
| No. of persons | 10 | 55 | 91 | 171 | 135 | 150 |
| No. of days of survey | 10 | 10 | 10 | 10 | 10 | 10 |
| Season | July Aug. 46 | July Aug. 46 | July Aug. 1946 | July 48 | July 48 | May June, 1948 |
| Economic status etc. | Upper Middle class income /8/ per c.u. | Poor Ag. Lab. Class practicing small hand work. | Poor Hindu families. | (resurvey) Poor families. | (resurvey) Poor families. | (resurvey) |

FOODSTUFF Oza. per consumption unit per day

| Rice | 18 | 19.59 | 13.44 | 14.80 | 17.53 | 7.69 | 12.66 |
|--------------------------|-----|-------|-------|-------|-------|------|-------|
| Wheat | 4.1 | 3.4 | 2.9 | 14.94 | 11.61 | 8.42 | 9.05 |
| Millet | 1.2 | 0.07 | 0.03 | 1.62 | 0.69 | 0.63 | 0.49 |
| Other cereals | 5.9 | 2.45 | 1.33 | 1.19 | 1.79 | 0.99 | 0.88 |
| Pulses | 0.6 | 0.18 | 0.15 | 0.28 | 1.51 | 0.94 | 0.26 |
| Leafy vegetables | 1.8 | 0.18 | 0.15 | 0.20 | 0.47 | 0.12 | 0.08 |
| Other vegetables | 4.1 | 0.01 | 0.52 | 0.41 | 1.92 | 0.27 | 0.07 |
| Fruits | 3.7 | 0.01 | 0.48 | 0.72 | 1.41 | 0.19 | 0.69 |
| Grease and vegetable oil | 0.6 | 1.93 | 0.54 | 1.19 | 1.71 | 0.67 | 0.76 |
| Milk and milk products | 1.8 | | | | | | |
| Meat, fish, eggs | | | | | | | |
| Sugar and Jaggery | | | | | | | |
| Condiments | | | | | | | |

Diet Survey

| BIHAR | | | | | | | | | |
|-----------------------|--|--|---|---------------------------------------|---|-----------|--|---|--|
| State | District | Darbhanga | | | Palamau | | | | |
| Locality | Bempatti Khajauli | Madhepur | | | Daltonganj | | | | |
| Survey No. | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | |
| Urban or Rural | Rural | Rural | Rural | Rural | Rural | Rural | Rural | Rural | |
| No. of families | 144 | 24 | 100 | 21 | 25 | 25 | 25 | 25 | |
| No. of persons | 783 | 104 | 666 | 102 | 136 | 121 | 170 | 119 | |
| No. of days of Survey | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | |
| Season | Apr. July 43 | May June, 47 | May June 47 | May June, 47 | Sept. 46 | Sept. 46 | April May 47 | April & May 1947 | |
| Economic status etc. | High Class Hindu families practising agri-culture. | Shuabli families practising agri-culture and small trade | Poor pathans cultivators daily income 2.6 as per c.u. | Poor Ag. lab. getting wages in grain. | Poor Agr. labourers getting 3 to 4 acres of corn per audit. | Abor lab. | Abor Dhangar families practising agri-culture. | Abor Bhavian families mainly labourers. | |

FOODSTUFF Ocal. per consumption unit per day

| | 180 | 1920 | 164 | 867 | 1908 | 163 | 1578 | 1151 |
|-------------------------|-------|------|-----|------|------|------|-------|-------|
| Rice | | | | | | | | |
| Wheat | | | | | | | | |
| Millers | | | | | | | | |
| Other cereals | | | | | | | | |
| Pulses | 6.69 | 3.74 | 5.3 | 9.99 | 1.60 | 0.44 | 13.93 | 12.92 |
| Leafy vegetables | 0.77 | 1.5 | 0.2 | 1.94 | 0.02 | 0.18 | 1.09 | 1.05 |
| Other vegetables | 3.5 | 1.7 | 6.4 | " | 2.3 | 4.3 | 1.1 | " |
| Fruits | 10.71 | 1.1 | | 1.79 | | | 0.71 | " |
| Grass and vegetable oil | 0.12 | 0.28 | 0.5 | | 0.18 | 0.24 | " | " |
| Milk and milk products | 2.14 | 0.45 | 1.2 | | " | " | " | " |
| Meat, fish, eggs | 0.15 | 1.56 | 1.6 | 2.41 | " | " | 1.4 | 5.5 |
| Sugar and jam | | 0.84 | 0.1 | 2.39 | " | " | 0.74 | 0.57 |
| Condiments | 0.14 | 0.86 | 0.5 | 0.24 | " | " | | |

Needle

BIHAR

Manbhurn

District Hazaribagh

Locality Hazaribagh

Survey No. 24

Urban or Rural

No. of families

No. of persons

No. of days of survey

Season

Economic status etc.

Jhararia Coal Fields

25

Urban 37
260
10

26

Urban 41
222
10

27

Urban 42
210
10

28

Urban 74
284
10

29

Urban 26
5
3

30

Urban 59
1005
5

31

Urban 58
3
5

32

Urban 12
1005
5

October November 43. October 1943

A resurvey of survey Nos. 25 to 28 was undertaken to see the effect of rise in prices and scarcity of Foodstuffs.

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | | |
|------------------------|-------|------|------|------|------|-------|-------|-------|-------|
| Rice | 3.41 | 6.9 | 22.8 | 27.4 | 23.6 | 23.41 | 23.73 | 21.79 | 21.09 |
| Wheat | 1.3 | 3.9 | 4.0 | 3.9 | 4.2 | 2.97 | 3.13 | 2.52 | 2.82 |
| Miller | 1.23 | 1.4 | 0.9 | 1.1 | 2.5 | 1.46 | 1.38 | 1.83 | 1.42 |
| Other cereals | 1.1 | 9.1 | 7.0 | 3.6 | 1.9 | 2.56 | 3.95 | 3.99 | 4.96 |
| Pulses | 0.08 | 2.1 | 1.3 | 0.7 | 0.5 | 0.39 | 0.59 | 0.63 | 1.59 |
| Leafy vegetables | 0.26 | 10.2 | 6.3 | 1.6 | 0.4 | 0.08 | 0.46 | 0.52 | 2.66 |
| Other vegetables | 0.34 | 2.3 | 1.7 | 1.2 | 1.4 | 0.47 | 0.63 | 0.91 | 0.65 |
| Fruits | 0.30 | 1.1 | 1.0 | 0.4 | 0.3 | 0.47 | 0.1 | 0.1 | 0.38 |
| Ghee and vegetable oil | 0.018 | 0.7 | 1.0 | 0.4 | 0.5 | 0.39 | 0.39 | 0.35 | 0.33 |
| Milk and milk products | | | | | | | | | |
| Meat, fish, eggs | | | | | | | | | |
| Sugar and Jaggery | | | | | | | | | |
| Condiments | | | | | | | | | |

Negligible.

BIHAR

State

| District | Manbhum | | Singhbhum | | | | | |
|-----------------------|---|---------------------------------|---|--------------------|--------------|--------------|-------|--------------------------|
| Locality | Jhalda | | Jamahadpur | | | | | |
| Survey No. | 41 | 42 | 43 | 44 | 45 | 46 | 47 | |
| Urban or Rural | Rural | Rural | Rural | Urban | Urban | Urban | Urban | |
| No. of families | 88 | 75 | 27 | 110 | 35 | 19 | 13 | |
| No. of persons | 416 | 458 | 115 | 479 | 177 | 116 | 73 | |
| No. of days of survey | 10 | 10 | 10 | 15 | 15 | 15 | 15 | |
| Seasons | During Summer and Rainy seasons, 1941 | | | J | U | L | Y | 1938 |
| Economic status etc. | Ag. Lab. Income annas 124 per cu. per day | Income ex. 0.78 per cu. per day | Ag. Lab. Income annas 224 per cu. per day | Industrial workers | | | | Income over Rs. 90/ p.m. |
| | | | | Ra. 30/ p.m. | Ra. 45/ p.m. | Ra. 90/ p.m. | | |

FOODSTUFF Oza. per consumption unit per day

| Rice | 22.7 | 20.7 | 23.5 | 23.9 | 24.4 | 22.1 | 21.0 |
|------------------------|------|------|------|------|------|------|------|
| Wheat | 0.5 | 0.5 | 0.6 | 2.4 | 3.1 | 3.8 | 3.4 |
| Millers | 1.1 | 0.8 | 0.9 | 1.2 | 1.0 | 0.3 | 0.1 |
| Other cereals | 0.4 | 0.2 | 0.6 | 2.3 | 2.7 | 3.5 | 6.2 |
| Pulses | 0.04 | 0.03 | 0.1 | 0.1 | 0.3 | 0.9 | 0.9 |
| Leafy vegetables | 0.12 | 0.14 | 0.1 | 0.5 | 0.8 | 1.3 | 1.8 |
| Other vegetables | 0.06 | 0.1 | 0.1 | 0.5 | 1.4 | 2.6 | 5.7 |
| Fruits | 0.18 | 0.16 | 0.15 | 0.2 | 0.7 | 1.3 | 1.6 |
| Ghee and vegetable oil | | | | 0.7 | 1.0 | 1.6 | 1.6 |
| Milk and milk products | | | | | | | |
| Meat, fish, etc. | | | | | | | |
| Sugar and Jaggery | | | | | | | |
| Condiments | | | | | | | |

Neighbor

State BIHAR

| District | Singbhum | | | | Chakardharpur and Jagathpur | | | | Chakardharpur and Jagathpur | | | |
|-----------------------|--|------------------------------|-------------------------------------|-------------------------|-----------------------------|----------|----------|----------|-----------------------------|--|--|--|
| | Singbhum | | | | Chakardharpur and Jagathpur | | | | Chakardharpur and Jagathpur | | | |
| Locality | | | | | | | | | | | | |
| Survey No. | 43 | 49 | 50 | 51 | 52 | 53 | 54 | 55 | | | | |
| Urban or Rural | | | | | | | | | | | | |
| No. of families | Rural 91 | Rural 121 | Rural 26 | Rural 12 | Rural 24 | Rural 24 | Rural 24 | Rural 25 | | | | |
| No. of persons | 509 | 605 | 104 | 53 | 5 | 5 | 5 | 5 | | | | |
| No. of days of survey | 10 | 10 | 10 | 13 | 5 | 5 | 5 | 5 | | | | |
| Season | November 1940 to April 1941 | | | | S e p t e m b e r | | | | 1 9 4 3 | | | |
| Economic status etc. | less than Rs. 30/ p.a. | Rs. 30/ p.a. to Rs. 60/ p.a. | Income Rs. 60/ p.a. to Rs. 90/ p.a. | Rs. 90/ p.a. and above. | | | | | | | | |
| | How aborigines: Income Rs. 30/ p.a. to Rs. 60/ p.a. practising agriculture | | | | | | | | | | | |

A re-survey of survey Nos. 43-51 was undertaken to study the effect of rise in prices and shortage of foodstuffs.

FOODSTUFF Oms. per consumption unit per day

| | | | | | | | | |
|------------------------|------|------|------|------|-------|------|-------|-------|
| Rice | 17.8 | 19.5 | 21.2 | 23.0 | 12.46 | 9.39 | 10.62 | 11.44 |
| Wheat | | | | | | | | |
| Millet | | | | | | | | |
| Other cereals | | | | | | | | |
| Pulses | 0.6 | 0.8 | 0.8 | 0.9 | 0.97 | 1.81 | 0.16 | 1.03 |
| Leafy vegetables | 0.5 | 0.9 | 1.1 | 0.9 | 0.94 | 1.35 | 1.20 | 0.71 |
| Other vegetables | 0.4 | 0.5 | 0.5 | 0.7 | 0.22 | 0.39 | 0.10 | 0.10 |
| Fruits | | | | | | | | |
| Oil and vegetable oil | | | | | | | | |
| Milk and milk products | | | | | | | | |
| Meat, fish, eggs | | | | | | | | |
| Sugar and Jaggery | | | | | | | | |
| Condiments | 0.1 | | | | 0.61 | | | 0.1 |

* Negligible

Diet Survey

BIHAR

State

District

Santal Parganas

Locality

Jalkuri
Chotaga
Kharna
Siddhant

Bhaga

Mahulbana
Amul

Kumbhira
Amrapara

Mahulbana

Gomohar
Boripahar
Chogaduh
Amaljwala

()
()
()
()

1
1
1
1

63

Survey No.

56

57

59

60

61

62

63

63

Urban or Rural

Rural

Rural

Rural

Rural

Rural

Rural

Rural

Rural

No. of families

52

36

38

39

44

23

23

23

No. of persons

279

198

209

214

213

5

5

5

No. of days of survey

10

10

10

10

10

10

10

10

Season

October 1938 to March 1939

October 1938 to March 1939

October 1938 to March 1939

October 1938 to March 1939

October 1938 to March 1939

October 1938 to March 1939

October 1938 to March 1939

October 1938 to March 1939

Economic status etc.

Aboriginal Tribes Practising Agriculture.

Aboriginal Tribes Practising Agriculture.

Aboriginal Tribes Practising Agriculture.

Aboriginal Tribes Practising Agriculture.

Aboriginal Tribes Practising Agriculture.

Aboriginal Tribes Practising Agriculture.

Aboriginal Tribes Practising Agriculture.

Aboriginal Tribes Practising Agriculture.

FOODSTUFF

Oza. per consumption unit per day

Oza. per consumption unit per day

Oza. per consumption unit per day

Oza. per consumption unit per day

Oza. per consumption unit per day

Oza. per consumption unit per day

Oza. per consumption unit per day

Oza. per consumption unit per day

Rice

162

201

193

204

131

149

1063

1063

Wheat

04

06

02

08

05

39

1063

1063

Millet

20

20

16

16

09

04

251

251

Other cereals

05

05

08

07

03

22

011

011

Pulses

05

05

08

07

03

01

01

01

Leafy vegetables

02

01

01

04

06

06

06

06

Other vegetables

05

05

08

07

03

01

01

01

Fruits

02

01

01

04

06

06

06

06

Grass and vegetable oil

02

01

01

04

06

06

06

06

Milk and milk products

02

01

01

04

06

06

06

06

Meat, fish, eggs

02

01

01

04

06

06

06

06

Sugar and Jaggery

02

01

01

04

06

06

06

06

Condiments

02

01

01

04

06

06

06

06

Other

02

01

01

04

06

06

06

06

Other

02

01

01

04

06

06

06

06

Other

02

01

01

04

06

06

06

06

Diet Survey

BIHAR

Santbal Parganas

| Locality | | | | | | | | |
|-----------------------|---|-------|-------|-------|--------------|-------|-------|-------|
| Survey No. | 64 | 65 | 66 | 67 | 68 | 69 | 70 | 71 |
| Urban or Rural | Rural | Rural | Rural | Rural | Rural | Rural | Rural | Rural |
| No. of families | 23 | 23 | 23 | 7 | 25 | 25 | 17 | 17 |
| No. of persons | 1670 | 1670 | 26 | 5 | 5 | 461 | 5 | 117 |
| No. of days of survey | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 |
| Season | October & November 1943 | | | | October 1943 | | | |
| Economic status etc. | Of survey Nos. 56 — 61 was undertaken to study the effects of rise in prices and scarcity of foodstuffs. Palharis Ab tribes. Aborigines practicing agriculture. | | | | | | | |

(1) FOODSTUFF Osa. per consumption unit per day

| | | | | | | | | |
|------------------------|-------|-------|-------|-------|-------|-------|------|------|
| Rice | 14.12 | 18.90 | 24.30 | 11.30 | 15.79 | 20.20 | 7.40 | 5.27 |
| Wheat | | | | | | | | |
| Millers | | | | | | | | |
| Other cereals | | | | | | | | |
| Pulses | 1.18 | 0.32 | 0.15 | 0.15 | 0.26 | 0.64 | 1.74 | 0.86 |
| Leafy vegetables | | 1.1 | 3.72 | 2.30 | 0.24 | 0.01 | 0.26 | 0.72 |
| Other vegetables | | 0.72 | 0.13 | 0.58 | 1.04 | 2.44 | | |
| Fruits | | | | | | | | |
| Glue and vegetable oil | | | | | | | | |
| Milk and milk products | | | | | | | | |
| Meat, fish, eggs | | 0.1 | 0.07 | | 0.06 | 0.15 | | |
| Sugar and Jaggery | | | | | 0.62 | 0.23 | | |
| Condiments | | | | | 1.04 | 0.12 | | |

Negligible

БІЛІК

| District | Santhal Pargana | Gaya | | | | Ranchi | | Saran |
|-----------------------|---|--|---|--|---|-----------------|---------------|---|
| Locality | | Gaya District | Ghoshal | Jehanabad | Khunti | Kuru & Ghaghara | | Etawa |
| Survey No. | 72 | 73 | 74 | 75 | 76 | 77 | 78 | 79 |
| Urban or Rural | Rural | Rural | Rural | Rural | Rural | Rural | Rural | Rural |
| No. of families | 81 | 143 | 20 | 60 | 146 | 71 | 120 | 80 |
| No. of persons | 398 | 1124 | 10 | 248 | 1076 | 375 | 619 | 62 |
| No. of days of Survey | 10 | 10 | 10 | 10 | | | | |
| Season | March 38, Oct. Nov. Dec. 1943 | | | Dec. 42 | Dec. 42 | Aug.-Sept. 44 | June-July 44 | April May 46 |
| Economic status etc. | Poor weavers & cultivators income 17 a. per c. u. per day | Lower middle class labour income as 52 per c. u. per diem. | Middle class Muslims income 7.5 a. per diem per c. u. | Poor Ag. Lab. getting daily wages in grain | High class Hindu families practising agriculture. | Poor Ag. Lab. | Poor Ag. Lab. | Rajput families possessing their own field practising agri culture. |

FOODSTUFF Oza. per consumption unit per day

| | 202 | 200 | 23-2 | 18-6 | 23-5 | 26-2 | 16-1 | 21-85 |
|--------------------------|-----|-----|------|------|------|------|------|-------|
| Rice | | | | | | | | |
| Wheat | | | | | | | | |
| Millet | | | | | | | | |
| Other cereals | | | | | | | | |
| Pulses | 07 | 60 | 62 | 04 | 42 | 12 | 01 | 665 |
| Leafy vegetables | 03 | 07 | 07 | 28 | 090 | 17 | 18 | 024 |
| Other vegetables | 12 | 35 | 47 | 18 | 56 | 224 | 004 | 299 |
| Fruits | | 02 | 01 | | 005 | 009 | | 008 |
| Grains and vegetable oil | 02 | 08 | 09 | 005 | 05 | | | 053 |
| Milk and milk products | 04 | 33 | 43 | | 77 | | | 533 |
| Meat, fish, eggs | 05 | 17 | 15 | 06 | 002 | 004 | | 005 |
| Sugar and jaggery | | 04 | | | 017 | 011 | | 013 |
| Condiments | 03 | 11 | 08 | ... | 015 | 0002 | 001 | 067 |

Diet Survey

State BIHAR

| State | BIHAR | | | | | |
|-----------------------|--|---|--|---|--|--|
| District | Saran | | Purnea | | Shahabad | |
| Locality | Saran | | Purnea | | Shahabad | |
| Survey No. | Paras | 81 | 82 | 83 | 84 | |
| Urban or Rural | Rural | Rural | Rural | Rural | Rural | |
| No. of families | 30 | 80 | 60 | 50 | 55 | |
| No. of persons | 231 | 720 | 10 days | 10 days | 318 | |
| No. of days of survey | | 10 days | 10 days | 10 days | 10 days | |
| Season | October '39 | Nov. '39—Feb. Mar. '43 | Feb. Mar. '43—June July '41 | | | |
| Economic status etc. | Rajput families possessing fields practising agriculture | Upper middle class income 92 as. per diem per cu. | Poor cultivators 37 as. per diem per cu. | Cultivators income as. 37 per cu. per day | Lower Middle Class income 5.2 as. per cu. per diem | |

FOODSTUFF Oxa. per consumption unit per day

| | 24 72 | 22-3 | 22-6 | 23-8 | 18-6 |
|------------------------|-------|------|------|------|------|
| Rice | | | | | |
| Wheat | | | | | |
| Millers | | | | | |
| Other cereals | | | | | |
| Pulses | 3-6 | 4-8 | 6-8 | 0-8 | 2-8 |
| Leafy vegetables | 0-02 | 0-3 | 2-2 | 2-4 | 2-8 |
| Other vegetables | 4-63 | 4-6 | 0-9 | 2-6 | 2-5 |
| Fruits | | 0-3 | 4-6 | 1-3 | 0-9 |
| Ghee | 0-49 | 1-3 | 0-2 | 0-3 | |
| Vegetable oil | | | | | |
| Milk and milk products | 4-37 | 5-2 | 1-1 | 0-1 | 1-1 |
| Meat, fish, eggs | | 3-7 | 1-6 | 1-3 | 2-2 |
| Sugar and Jaggery | 0-01 | —0-9 | 0-2 | 0-1 | 0-3 |
| Condiments | 0-54 | 1-4 | 0-8 | 0-2 | 1-3 |

Diet Survey

BIHAR

| District | Dharbhanga | Manbhum | | Singhbhum | Santal Parganas |
|-----------------------|--------------|---------------------------------------|---------------------|---------------------|---------------------|
| Locality | Bahera | Bahamundi | Coal field area | Coal field area | Mahulbana. |
| Survey No. | 85 | 86 | 87 | 88 | 89 |
| | | | | | 90 |
| Urban or Rural | Rural | Rural | Rural | Rural | Rural |
| No. of families | 50 | 10 | 50 | 25 | 200 |
| No. of persons | 280 | 29 | 231 | 110 | 1045 |
| No. of days of survey | 10 | 10 | 10 | 10 | 10 |
| Season | Oct Nov 1948 | June July 41 | July September 1948 | Aug.-Sept. 48 | Oct. 1938-39 |
| Economic status etc. | | Practising Ag. Income 372 rs per c.u. | Coal field workers. | Abor Practising Ag. | Abor Practising Ag. |

FOODSTUFF OZs per consumption unit per day

| Rice | 25.57 | 24.0 | 22.52 | 26.65 | 29.37 | 18.4 |
|------------------------|-------|------|-------|-------|-------|------|
| Wheat | | | | | | |
| Millers | | | | | | |
| Other cereals | 3.29 | 0.8 | 4.74 | 5.94 | 0.68 | 1.1 |
| Pulses | 0.99 | 1.4 | 0.14 | | 3.30 | 0.3 |
| Leafy vegetables | 1.61 | 0.3 | 2.19 | 3.18 | 0.31 | 0.5 |
| Other vegetables | | | | | | |
| Fruits | 0.07 | 0.06 | 0.52 | 0.37 | 0.09 | |
| Ghee and vegetable oil | 0.30 | 0.10 | 0.87 | | | |
| Milk and milk products | 0.99 | 0.24 | 1.01 | 2.24 | 0.40 | |
| Meat, fish, eggs | | | | | | |
| Sugar and Jaggery | | | | | | |
| Condiments | 0.13 | 0.18 | 1.02 | 0.71 | 0.08 | |

Diet Survey

BOMBAY

| State | Broach | | | | | | | | Kaira |
|-----------------------|-------------------------|-------------------------|-----------------------|-----------------------|-------------------------|------------------------------|-------------------------|-------------------------|-------|
| District | Broach City | | | | | | | | Anand |
| Locality | | | | | | | | | |
| Survey No | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | |
| No. of families | 36 | 45 | 50 | 30 | 7 | 10 | 200 | 60 | |
| No. of persons | .. | .. | .. | .. | .. | .. | .. | .. | |
| No. of days of survey | Feb. 47 | Feb. 47 | Feb. 47 | Feb. 47 | Feb. 47 | Feb. 47 | Feb. 47 | Feb. 47 | |
| Season | Students (Middle Class) | Students (Middle Class) | Students (Poor Class) | Students (Poor Class) | Poor Juvenile Offenders | Backward Class Hostel (Poor) | Students (Middle Class) | Students (Middle Class) | |
| Economic status etc. | | | | | | | | | |

FOODSTUFF OZ. per consumption unit per day

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|------------------------|------|------|-----|-----|-----|-----|-----|-----|
| Rice | 4.0 | 4.0 | 3.2 | 4.4 | 1.6 | 1.6 | 5.9 | 3.9 |
| Wheat | 3.3 | 6.1 | 7.1 | 4.8 | 1.7 | 7.3 | 3.2 | 5.9 |
| Millers | --- | --- | --- | --- | --- | --- | --- | --- |
| Other cereals | 4.0 | 3.6 | 1.8 | 2.4 | 4.8 | 6.3 | 1.8 | 1.7 |
| Pulses | 0.25 | 1.0 | 2.2 | 3.3 | 2.8 | 0.9 | 5.3 | 3.0 |
| Leafy vegetables | 3.5 | 4.3 | 3.4 | 0.4 | 8.7 | 1.0 | 1.0 | 2.2 |
| Other vegetables | --- | --- | --- | --- | --- | 5.3 | 7.0 | 3.6 |
| Fruits | 1.3 | 1.1 | 1.4 | 1.5 | 0.8 | --- | 2.6 | 2.4 |
| Ghee and vegetable oil | 3.5 | 1.5 | 6.2 | 5.7 | 4.4 | 0.9 | 4.0 | 1.6 |
| Milk and milk products | 0.6 | 0.3 | --- | --- | --- | 2.6 | --- | --- |
| Meat, fish, eggs | 0.5 | 0.75 | 1.1 | 1.5 | 0.9 | --- | 1.3 | 1.9 |
| Sugar and jaggery | --- | --- | --- | --- | --- | --- | --- | --- |
| Condiments | --- | --- | --- | --- | --- | --- | --- | --- |

Diet Survey

| BOMBAY | | | | | | |
|-----------------------|-------------------------------|-----------------------|-------------------------------|-------------------------|-------------------------|---|
| State | | | | | | |
| District | Kaira | | | Surat | | |
| Locality | Anand | Bornad | | | | |
| Survey No. | 9 | 11 | 12 | 13 | 14 | 15 |
| Urban or Rural | Urban | Urban | Rural | Urban | Urban | Urban |
| No. of families | 60 | 200 | 90 | 110 | 80 | 45 |
| No. of persons | | | | | | |
| No. of days of survey | | | | | | |
| Season | Feb. 47 | Feb. 47 | Feb. 47 | Dec. 46 | Dec. 46 | Dec. 46 |
| Economic status etc. | Students (Lower Middle Class) | Students (Poor Class) | Students (Lower Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Backward Class) (Hostel Poor) |

FOODSTUFF Oza. per consumption unit per day

| | 35 | 26 | 41 | 32 | 34 | 33 |
|------------------------|-----|----|----|----|----|-----|
| Rice | 29 | 45 | 36 | 49 | 48 | 34 |
| Wheat | 53 | | 40 | | | 16 |
| Mullets | | | | | | |
| Other cereals | 04 | 20 | 39 | 32 | 26 | 55 |
| Pulses | 48 | 37 | 17 | 34 | 47 | 57 |
| Leafy vegetables | 15 | 20 | 16 | 06 | | 70 |
| Other vegetables | 45 | 80 | 46 | 46 | 38 | 40 |
| Fruits | | | | | | 23 |
| Ghee and vegetable oil | 12 | 06 | 03 | 10 | 18 | 09 |
| Milk and milk products | 785 | 80 | 78 | 18 | 69 | 20 |
| Meat, fish, eggs | 025 | | 05 | | | |
| Sugar & Jaggery | | 13 | 02 | 12 | 16 | 056 |
| Condiments | | | | | | 04 |

Diet Survey

BOMBAY

| State | BOMBAY | | | |
|-----------------------|-------------------------|-------------------------|-------------------------------|----------------------------|
| District | Surat | | | |
| Locality | Surat | | | |
| Survey No. | 17 | 18 | 19 | 20 |
| Urban or Rural | Urban | Urban | Urban | Urban |
| No. of families | 80 | 35 | 47 | 150 |
| No. of persons | | | | |
| No. of days of survey | | | | |
| Season | Dec. 46 | Dec. 46 | Dec. 46 | Dec. 46 |
| Economic status etc. | Students (Middle Class) | Students (Middle Class) | Students (Lower Middle Class) | Students (Charitable Poor) |

FOODSTUFF Oza. per consumption unit per day

| | 1 | 32 | 33 | 39 | 40 | 50 | 37 |
|-------------------------|-----|----|----|----|----|----|------------|
| Rice | | | | | | | 74 |
| Wheat | | | | | | | |
| Millers | | | | | | | |
| Other cereals | | | | | | | |
| Pulses | | | | | | | |
| Leafy vegetables | | | | | | | |
| Other vegetables | | | | | | | |
| Fruits | | | | | | | |
| Green and vegetable oil | | | | | | | |
| Milk and milk products | | | | | | | |
| Meat, fish, eggs | | | | | | | |
| Sugar & Jaggery | | | | | | | |
| Condiments | | | | | | | |
| | 14 | 14 | 62 | 30 | 12 | 28 | 10 |
| | 64 | 62 | 62 | 62 | 54 | 28 | 13 |
| | 127 | 14 | 14 | 14 | 11 | 11 | 10 |
| | | | | | | | 09 (extra) |

Diet Survey

BOMBAY

Ahmedabad

Ahmedabad

| Survey No. | 21 | 22 | 23 | 24 | 25 | 26 |
|-----------------------|-------|-------|-------|-------|-------|-------|
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 91 | 14 | 70 | 30 | 55 | 78 |
| No. of persons | | | | | | |
| No. of days of survey | | | | | | |

February, 1947

Season

| Economic status etc. | Students (Lower Middle Class) | Students (Lower Middle Class) | Students (Lower Middle Class) | Students (Backward Class Hostel Poor) | Students (Backward Class Hostel Poor) | Students (Poor) |
|----------------------|-------------------------------|-------------------------------|-------------------------------|---------------------------------------|---------------------------------------|-----------------|
|----------------------|-------------------------------|-------------------------------|-------------------------------|---------------------------------------|---------------------------------------|-----------------|

FOODSTUFF Oza. per consumption unit per day

| | | | | | | |
|------------------------|----|-----|----|-----|-----------|----|
| Rice | 43 | 32 | 40 | 40 | 37 | 43 |
| Wheat | 60 | 56 | 73 | 62 | 53 | 37 |
| Milllets | | | | | | |
| Other cereals | | | | | | |
| Pulses | 24 | 28 | 43 | 28 | 40 | 10 |
| Leafy vegetables | | 45 | | 03 | 25 | 22 |
| Other vegetables | 56 | 017 | | 50 | 34 | 12 |
| Fruits | | 19 | 70 | 11 | 20 (nuts) | 40 |
| Ghee and vegetable oil | | 01 | | 14 | 08 | 15 |
| Milk and milk products | 08 | 18 | 08 | 50 | 06 | 45 |
| Meat, fish, eggs | 40 | 31 | | | | |
| Sugar and Jefferay | 07 | 05 | 02 | 077 | 035 | 13 |
| Condiments | | | | | | |

Diet Survey

BOMBAY

| State | Ahmedabad | | | |
|-----------------------|-----------------------------------|------------------------------|------------------------|-------------------------|
| District | Ahmedabad | | | |
| Locality | Ahmedabad City | | | |
| Survey No. | 27 | 28 | 29 | 30 |
| Urban or Rural | Urban | Urban | Urban | Urban |
| No. of families | 45 | 122 | 51 | 177 |
| No. of persons | | | | |
| No. of days of survey | | | | |
| Season | February 1947 | | | |
| Economic status etc. | Students Juvenile Offender (Poor) | Rescue Home Orphanage (Poor) | Special Schools (Poor) | Students (Middle Class) |
| | | | | February 1948 |
| | | | | Urban |
| | | | | 55 |
| | | | | 60 |
| | | | | 32 |

FOODSTUFF OZ per consumption unit per day

| | 30 | 21 | 32 | 12 | 11 | 17 |
|------------------------|----|----|----|-----|-----|-----|
| Rice | 82 | 68 | 53 | 63 | 45 | 30 |
| Wheat | | | | | | |
| Millers | | | | | | |
| Other cereals | 08 | 22 | 28 | 28 | 35 | 50 |
| Pulses | 20 | 17 | 15 | 18 | 25 | 31 |
| Leafy vegetables | 10 | 40 | 45 | 161 | 03 | 83 |
| Other vegetables | 50 | 10 | 05 | | 170 | 116 |
| Fruits | | | | | 09 | 65 |
| Ghee and vegetable oil | 02 | 15 | 17 | 31 | 35 | 31 |
| Milk and milk products | 10 | 75 | 80 | 145 | 126 | 124 |
| Sugar and Jaggery | | 06 | 14 | 06 | 09 | 20 |
| Meat, fish, eggs | | | | | | |
| Condiments | | | | | | |

Diet Survey...

| State | | District | | Ahmedabad | | Nasik | | Nasik | |
|-----------------------|----------------------------------|-------------------------------|----------------------------------|-------------------------------|---------------------------------|--------------------------------|---------------------------------------|--|---------|
| Locality | Suburban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| Survey No. | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | |
| Urban or Rural | Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 33 | 40 | 15 | 37 | 45 | 50 | 35 | 175 | |
| No. of persons | 33 | 40 | 15 | 37 | 45 | 50 | 35 | 175 | |
| No. of days of survey | 33 | 40 | 15 | 37 | 45 | 50 | 35 | 175 | |
| Season | Feb. 48 | Jan. 48 | Jan. 48 | Mar. 47 | Mar. 47 | Mar. 47 | Mar. 47 | Mar. 47 | Mar. 47 |
| Economic status etc | Students (Backward Class) Hostel | Students (Lower Middle Class) | Backward Class Hostel (Students) | Students (Lower Middle Class) | Students (Backward Hostel) Poor | Training Centre (Middle Class) | Backward Class Hostel (Poor) Students | Training College and High School Students (Lower Middle Class) | |

FOODSTUFF Oils per consumption unit per day

| | | | | | | | | |
|------------------------|-----|-----|-----|-------------|------|------|-----|------|
| Rice | 3.6 | 2.2 | 0.4 | 1.7 | 3.1 | 4.5 | 3.0 | 3.0 |
| Wheat | 2.7 | 3.6 | 1.2 | 1.4 | 0.7 | 1.6 | 1.0 | 1.0 |
| Millers | | | | | | | | |
| Other cereals | 2.6 | 0.8 | 0.4 | 9.8 | 7.5 | 15.8 | 6.9 | 14.4 |
| Pulses | 3.2 | 1.3 | 0.4 | 2.8 | 5.6 | 6.3 | 1.6 | 2.1 |
| Leafy vegetables | 1.4 | 1.2 | 2.8 | 0.8 | 0.34 | 0.7 | 1.4 | 2.6 |
| Other vegetables | 5.0 | 4.2 | 7.1 | 2.1 | 3.7 | 9.4 | 1.0 | 0.8 |
| Fruits | 3.1 | | | 0.4 | 0.4 | | 1.6 | |
| Ghee and vegetable oil | 1.1 | 1.6 | 1.1 | 0.7 | 1.5 | 1.4 | 0.3 | |
| Milk and milk products | 4.6 | 8.0 | 7.3 | 2.0 | | 0.07 | | |
| Meat, fish, eggs | | | | | | 1.3 | | |
| Sugar and Jaggery | 0.9 | 0.9 | 0.3 | 1.0 | 0.7 | 0.8 | | |
| Condiments | | | | 0.8 (extra) | | | | |

1

y

УВНВУ

[illegible]

FOODSTUFF Oza. per consumption unit per day

[illegible]

On this 0.3 to 1.0% powder

Diet Survey

BOMBAY

| State | Bombay | | | |
|-----------------------|---|--|--|---|
| District | Bombay | | | |
| Locality | Bombay City | | | |
| Survey No. | 74 | 75 | 76 | 77 |
| Urban or Rural | Urban | Urban | Urban | Urban |
| No. of families | 10 | 10 | 10 | 10 |
| No. of persons | 53 | 40 | 37 | 51 |
| No. of days of survey | 7 | 7 | 7 | 7 |
| Season | " | " | " | " |
| Economic status etc | Gujarat families mostly Municipal Sweepers with average income Rs. 36/ p.m. | Deccan families peons & laboratory assistants families Income Rs. 40/ p.m. | N Indian Hindus Ward Boys, etc., with average family income Rs. 55/ p.m. | Middle Class Deccan families mostly clerks with average family income Rs. 135/ p.m. |
| | | | | July Aug. 1941 |
| | | | | Poor Parsi families. |

FOODSTUFF Oxa. per consumption unit per day

| | | | | | |
|------------------------|-----|---------------|------|---------------|---------------|
| Rice | 6.5 | 16.2 | 2.0 | 8.2 | 3.7 |
| Wheat | 7.3 | 0.1 | 19.2 | 3.2 | 4.1 |
| Millers | | " | | 0.2 | 0.3 |
| Other cereals | 2.4 | 2.6 | 0.9 | 1.1 | 1.7 |
| Pulses | 1.8 | 1.8 | 0.6 | 1.8 | 0.6 |
| Leafy vegetables | 3.2 | 5.7 | 6.5 | 3.2 | 6.0 |
| Other vegetables | | | | | 0.9 |
| Fruits | | | | | 0.9 |
| Ghee | 0.8 | 0.9 | 0.5 | 0.5 | 0.9 |
| Vegetable oil | 1.5 | 0.6 | 1.1 | 1.1 | 0.7 |
| Milk and milk products | 0.7 | 0.6 | 1.6 | 7.6 | 7.1 |
| Meat, fish, eggs | 1.5 | 0.9 | 2.0 | 4.1 | 2.1 |
| Sugar and Jaggery | 1.6 | 1.2 | 1.3 | 1.9 | 1.8 |
| | | 1.2 (coconut) | | 0.9 (coconut) | 0.1 (coconut) |

BOMBAY

State

District

Locality

Bombay

Bombay City

Survey No.

79

80

81

82

83

Urban or Rural

Urban

Urban

Urban

Urban

Urban

No. of families

36

34

90

31

28

No. of persons

One day

One day

One day

One day

One day

No. of days of survey

July 1941

July 1941

July 1941

July 1941

July 1941

Reason

Aug. 1942

Aug. 1942

Aug. 1942

Aug. 1942

Aug. 1942

Economic status etc

Ra. 34.5

Ra. 22.8

Ra. 15.3

Ra. 9.1

Ra. 18.10 0

FOODSTUFF One per consumption unit per day

Rice

33

36

38

52

66

Wheat

35

36

49

68

54

Millet

15

08

19

12

05

Other cereals

21

18

22

25

03

Pulses

nil

nil

nil

nil

41

Leafy vegetables

77

70

64

54

03

Other vegetables

nil

nil

nil

nil

nil

Fruits

14

16

12

13

03

Ghee

11

10

10

09

07

Vegetable oil

11

106

91

57

30

Milk and milk products

nil

nil

nil

nil

46

Meat, fish, eggs

17

19

15

19

13

Sugar and Jaffery

Diet Survey

BOMBAY

Bombay

Jogeshward

| State | District | Locality | Survey No. | Andheri | 85 | 86 | 87 | 88 | 89 | 90 |
|-----------------------|----------|-----------------------------|------------|-----------------------------|--------------------|-----------------------|--|-------------------------|--------------------------------|-------|
| Urban or Rural | | Urban | | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | | 132 | | 265 | 220 | 200 | 320 | 250 | 225 | |
| No. of persons | | | | | | | | | | |
| No. of days of Survey | | | | | | | | | | |
| Season | | Sept. 47 | | Oct. 47 | Nov. 45 | Dec. 46 | Oct. 47 | Aug. 46 | Aug. 46 | |
| Economic Status etc. | | Students Upper Middle Class | | Students Upper Middle Class | Rescue (Poor Home) | Middle Class Students | Students Middle Class Lower Middle Class | Students (Middle Class) | Students Middle Class and Poor | |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | |
|-------------------------|------|------|-----|-----|-----|------------|------|
| Rice | 4.0 | 3.7 | 9.2 | 5.0 | 5.8 | 1.2 | 2.0 |
| Wheat | 9.5 | 8.7 | 4.6 | 6.6 | 4.5 | 11.0 | 5.0 |
| Millers | | | | | | | |
| Other Cereals | 3.3 | 3.7 | 1.0 | 0.3 | 1.1 | 0.4 | 1.6 |
| Pulses | 2.0 | 2.0 | 3.3 | 2.0 | 1.7 | 2.0 | 6.0 |
| Leafy vegetables | 18.6 | 9.2 | | | 5.6 | | 1.5 |
| Other vegetables | 6.8 | | | | | | 2.2 |
| Fruits | 3.4 | 3.2 | 0.8 | 1.6 | 1.4 | 0.6 | 2.0 |
| Glues and vegetable oil | 20.9 | 13.6 | 5.7 | 3.0 | 9.5 | 1.6 | 3.0 |
| Milk and milk products | | | 1.2 | 5.0 | 6.2 | 2.6 | 0.75 |
| Meat, fish, eggs | | | 1.3 | 1.2 | 0.9 | 1.6 | |
| Sugar and Jaggery | 1.66 | 1.6 | | | | | |
| Condiments | | | | | | 0.26 extra | |

Bombay

FOODSTUFF OZ. per consumption unit per day

Needle

BOMBAY

District

Locality

Survey No.

Urban or Rural
No. of families
No. of persons
No. of days of survey

Season

Economic status etc.

FOODSTUFF Oza. per consumption unit per day

Rice

Wheat

Millets

Other cereals

Pulses

Leafy vegetables

Other vegetables

Fruits

Ghee and vegetable oil

Milk and milk products

Meat, fish, eggs

Sugar and jaggery

Condiments

| Bombay | | | | | | | | | |
|------------------------|-------------------------|---------------------------|-------------------------|--------------------|------------------------------------|------------------|--|------------------|------------------|
| Bombay City | | | | | | | | | |
| Survey No. | 99 | 100 | 101 | 102-- | 103 | 104 | 105 | 106 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 50 | 25 | 50 | 45 | 50 | 75 | 35 | 105 | 105 |
| No. of persons | 50 | 25 | 50 | 45 | 50 | 75 | 35 | 105 | 105 |
| No. of days of survey | Jan. 46 | Oct. 45 | Nov. 45 | May 46 | July 45 | July 45 | Oct. 46 | Oct. 46 | Oct. 46 |
| Season | Students (Middle Class) | Juvenile Offenders (Poor) | Students (Middle Class) | Rescue Home (Poor) | University students (Middle Class) | Orphanage (Poor) | Hotel for working girls (Middle Class) | Orphanage (Poor) | Orphanage (Poor) |
| Economic status etc. | | | | | | | | | |
| Rice | 3.0 | 8.0 | 5.0 | 6.0 | 2.5 | 5.5 | 4.0 | 3.5 | 3.5 |
| Wheat | 5.2 | 12.0 | 7.9 | 6.0 | 6.4 | 6.3 | 6.0 | 7.4 | 7.4 |
| Millets | | | | | | | | | |
| Other cereals | 0.4 | | | | | | | | |
| Pulses | 2.5 | 1.5 | 2.8 | 2.0 | 0.4 | 0.4 | 1.2 | 2.1 | 2.1 |
| Leafy vegetables | 6.7 | 4.0 | 11.0 | 4.2 | 3.0 | 0.6 | | | |
| Other vegetables | | | | | 12.0 | 1.2 | | | |
| Fruits | | | 2.9 | | 3.3 | | 3.8 | 0.6 | 0.6 |
| Ghee and vegetable oil | 3.4 | 0.5 | 2.7 | 0.9 | 2.7 | 0.7 | 2.5 | 0.7 | 0.7 |
| Milk and milk products | 9.0 | 1.0 | 9.6 | 1.0 | 10.6 | 3.5 | 3.7 | 1.3 | 1.3 |
| Meat, fish, eggs | | | 2.9 | 0.3 | 5.3 | 1.6 | 5.0 | 0.8 | 0.8 |
| Sugar and jaggery | 1.7 | 0.5 | 1.8 | 1.2 | 2.0 | 1.1 | 1.2 | 0.7 | 0.7 |
| Condiments | | | | | | | 0.2 | | |
| | | | | | | | (Extra) | | |

BOMBAY

| State | Bombay | | | | | | | | | |
|-----------------------|------------------|--|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|--|--|
| District | Bombay | | | | | | | | | |
| Locality | Bombay City | | | | | | | | | |
| Survey No. | 107 | 108 | 109 | 110 | 111 | 112 | 113 | 114 | | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | | |
| No. of families | 48 | 25 | 12 | " | 120 | 21 | 17 | 18 | | |
| No. of persons | ... | ... | ... | ... | ... | ... | ... | ... | | |
| No. of days of survey | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Season | Oct. 46 | Feb. 46 | Sep. 46 | July 46 | July 46 | July 46 | Aug. 46 | July 46 | | |
| Economic status etc. | Orphanage (Poor) | Hotel for working girls (Middle Class) | Students (Upper Middle Class) | Students (Lower Middle Class) | Students (Lower Middle Class) | Students (Upper Middle Class) | Students (Lower Middle Class) | Students (Lower Middle Class) | | |

FOODSTUFF Oms. per consumption unit per day

| | | | | | | | | | | |
|------------------------|-----|-----|------------|------|-----|-------------|------------|------------|--|--|
| Rice | 17 | 21 | 10 | 39 | 23 | 057 | 56 | 60 | | |
| Wheat | 52 | 42 | 50 | 97 | 58 | 90 | 75 | 60 | | |
| Millet | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Other cereals | 10 | 10 | 054 | 10 | 06 | 014 | 38 | 22 | | |
| Pulses | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Leafy vegetables | 03 | 100 | 114 | 38 | 11 | 04 | 09 | 98 | | |
| Other vegetables | 07 | 40 | 50 | 30 | 30 | 35 | 39 | ... | | |
| Fruits | 012 | 17 | 18 | 1708 | 042 | 162 | 145 | 16 | | |
| Ghee and vegetable oil | 51 | 52 | 57 | ... | 926 | 36 | 16 | 18 | | |
| Milk and milk products | 04 | 72 | 114 | 21 | ... | 92 | 077 | 10 | | |
| Meat, fish, eggs | 05 | 13 | 14 | 13 | 08 | 12 | 09 | 15 | | |
| Sugar & Jaggery | ... | ... | ... | ... | ... | 028 (extra) | 10 (extra) | 04 (extra) | | |
| Condiments | ... | ... | 07 (extra) | ... | ... | ... | ... | ... | | |

Diet Survey

BOMBAY

| State | Bombay | | | | | | | | | |
|-----------------------|-----------------------|--|--|-------------------------|-------------------------|-------------------------------|-------------------------------|-----------------|--|--|
| District | Bombay | | | | | | | | | |
| Locality | Bombay City | | | | | | | | | |
| Survey No. | 115 | 116 | 117 | 118 | 119 | 120 | 121 | 122 | | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | | |
| No. of families | 180 | 42 | 52 | 200 | 66 | 72 | 17 | 50 | | |
| No. of persons | ... | ... | ... | ... | ... | ... | ... | ... | | |
| No. of days of survey | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Season | Apr. 46 | July 46 | July 46 | July 46 | Aug. 46 | Feb. 46 | Feb. 46 | July 45 | | |
| Economic status etc. | Students Middle Class | Students (Middle & Lower Middle Class) | Students (Middle & Lower Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Lower Middle Class) | Students (Lower Middle Class) | Students (Poor) | | |

FOODSTUFF OZs. per consumption unit per day

| | | | | | | | | | | |
|------------------------|-----|-----|-----|-----|-----|-----|-----|-----|--|--|
| Rice | 34 | 57 | 30 | 60 | 34 | 54 | 93 | 43 | | |
| Wheat | 45 | 56 | 93 | 60 | 54 | 40 | 60 | 22 | | |
| Millets | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Other cereals | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Pulses | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Leafy vegetables | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Other vegetables | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Fruits | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Ghee and vegetable oil | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Milk and milk products | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Meat, fish, eggs | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Sugar & Jaggery | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Condiments | ... | ... | ... | ... | ... | ... | ... | ... | | |

BOMBAY

| State | Bombay | | | | | | | | | |
|-----------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| District | Bombay | | | | | | | | | |
| Locality | Bombay City | | | | | | | | | |
| Survey No. | 123 | 1 4 | 125 | 126 | 127 | 128 | 129 | 130 | | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 34 | 110* | 110* | 110* | 110* | 110* | 200† | 200† | 200† | 200† |
| No. of persons | | | | | | | | | | |
| No. of days of survey | | | | | | | | | | |
| Season | Feb. 46 | Sept. 46 | Sept. 46 | Sept. 46 | Sept. 46 | Sept. 46 | Aug. 46 | Aug. 46 | Aug. 46 | Aug. 46 |
| Econom. status etc. | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | |
|------------------------|-----|-----|------|------|-----|-----|------|------|
| Rice | 2.7 | 3.6 | 2.7 | 4.1 | 4.6 | 5.7 | 2.5 | 3.1 |
| Wheat | 3.0 | 5.0 | 3.5 | 5.0 | 4.3 | 6.0 | 3.3 | 4.0 |
| Millers | | | | | | | | |
| Other cereals | | | | | | | | |
| Pulses | 2.0 | 1.8 | 2.3 | 3.0 | 2.1 | 1.0 | 2.4 | 1.8 |
| Leafy vegetables | 2.0 | 0.3 | | 0.5 | 0.5 | 1.0 | 1.2 | 0.5 |
| Other vegetables | 6.0 | 7.3 | 10.7 | 10.4 | 5.3 | 4.7 | 13.0 | 10.0 |
| Fruits | 0.3 | 0.8 | 1.8 | 1.1 | 0.8 | 6.5 | 3.2 | 0.9 |
| Ghee and vegetable oil | 1.6 | 2.3 | 2.7 | 3.1 | 2.1 | 3.1 | 4.0 | 2.7 |
| Milk and milk products | 4.0 | 8.6 | 8.6 | 4.5 | 9.1 | 4.9 | | |
| Meat, fish, eggs | | 0.2 | | | 1.4 | 6.9 | | |
| Sugar & Jaggery | 2.0 | 1.8 | 1.0 | 2.2 | 1.1 | 1.1 | 1.3 | 1.6 |
| Condiments | | | | | | | | |

* The total no. of persons of Survey Nos. 124 to 128 is 110.

† The total no. of persons of Survey Nos. 129 to 131 is 200.

Diet Survey

BOMBAY

Bombay

Bombay City

| Survey No. | 131 | 132 | 133 | 134 | 135 | 136 | 137 | 138 |
|-----------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 200† | 200* | 200* | 200* | 200* | 200* | 30 | 30 |
| No. of persons | 200† | 200* | 200* | 200* | 200* | 200* | 30 | 30 |
| No. of days of survey | Aug. 46 | Oct. 46 | Oct. 46 | Oct. 46 | Oct. 46 | Oct. 46 | Dec. 46 | Dec. 46 |
| Season | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) | Students (Middle Class) |
| Economic status etc. | | | | | | | | |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | |
|------------------------|------|----------------|---------------|---------------|------|------|------|------|
| Rice | 6.9 | 1.8 | 4.0 | 2.9 | 4.0 | 4.4 | 5.0 | 3.2 |
| Wheat | 4.2 | 6.6 | 8.0 | 7.5 | 4.0 | 4.4 | 2.6 | 10.0 |
| Millets | | | | | | | | |
| Other cereals | 2.1 | 0.38 | 2.5 | 0.5 | 1.5 | 1.2 | 2.0 | 2.5 |
| Pulses | 0.5 | | | | 1.0 | 0.7 | 2.1 | 2.0 |
| Leafy vegetables | 10.3 | 8.4 | 12.0 | 8.4 | 11.0 | 14.0 | 0.8 | 13.0 |
| Other vegetables | 1.0 | 6.0 | 6.0 | 2.5 | 4.4 | 2.5 | 11.2 | |
| Fruits | 3.8 | 2.5 | 4.9 | 2.9 | 2.0 | 3.0 | 1.3 | 2.1 |
| Ghee and vegetable oil | | 1.7 | 2.0 | 7.3 | 4.6 | 8.3 | 17.0 | |
| Milk and milk products | | | (1 egg + 4.0) | (1 egg + 2.0) | | | | |
| Meat, fish, eggs | | (2 eggs + 4.0) | | | | | | |
| Sugar & Jaggery | 1.3 | 1.2 | 2.0 | 1.1 | 1.3 | 1.5 | 1.3 | |
| Condiments | | | | | | | | |

* The total no. of persons of Survey Nos. 132 to 136 is 200.

Diet Survey

BOMBAY

| State | BOMBAY | | | | | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--|--|--|--|--|--|
| District | Bombay | | | | | | | | | |
| Locality | Bombay City | | | | | | | | | |
| Survey No. | 139 | 140 | 141 | 142 | 143 | 144 | 145 | 146 | | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | | |
| No. of families | 65 | 65 | 65 | 44 | 350† | 350† | 350† | 350† | | |
| No. of persons | ... | ... | ... | ... | ... | ... | ... | ... | | |
| No. of days of survey | Oct. 46 | Oct. 46 | Oct. 46 | Oct. 46 | May 47 | May 47 | May 47 | May 47 | | |
| Season | Students Middle Class | Students Middle Class | Students Middle Class | Students Middle Class | Students Middle and Upper Middle Class | Students Middle and Upper Middle Class | Students Middle and Upper Middle Class | Students Middle and Upper Middle Class | | |
| Economic status etc. | ... | ... | ... | ... | ... | ... | ... | ... | | |

FOODSTUFF OZ. per consumption unit per day

| | | | | | | | | | | |
|------------------------|-----|-----|-----|-----|-----|-----|-----|-----|--|--|
| Rice | 41 | 45 | 47 | 43 | 36 | 57 | 47 | 58 | | |
| Wheat | 62 | 65 | 71 | 57 | 60 | 60 | 47 | 71 | | |
| Milk | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Meat | 26 | 24 | 16 | 27 | 66 | 15 | 01 | 52 | | |
| Vegetables | 05 | 05 | 04 | 15 | 21 | 12 | 06 | 20 | | |
| Oil | 90 | 95 | 140 | 110 | 192 | 162 | 119 | 100 | | |
| Legumes | 16 | 17 | 24 | 24 | 44 | 27 | 21 | 15 | | |
| See and vegetable oil | 160 | 85 | 160 | 34 | 99 | 140 | 24 | 34 | | |
| Milk and milk products | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Meat, fish, eggs | 10 | 17 | 13 | 17 | 28 | 12 | 206 | 44 | | |
| Sugar and jaggery | ... | ... | ... | ... | ... | ... | ... | ... | | |
| Condiments | ... | ... | ... | ... | ... | ... | ... | ... | | |

† The total no. of persons in Survey No. 139 to 141 is 65

† The total no. of persons in Survey No. 143 to 146 is 130.

BOMBAY

Bombay

| District | Bombay City | | | | Chambur | Bombay City | Bandra |
|-----------------------|--------------------------------------|------------------------------------|--------------------------------------|-----------------------------|---------------------------|---------------------------|------------------------------|
| Locality | 147 | 148 | 149 | 150 | 151 | 152 | 153 |
| Survey No. | 147 | 148 | 149 | 150 | 151 | 152 | 153 |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 350† | 350† | 350† | 400 | 400 | 425 | 40 |
| No. of persons | 350† | 350† | 350† | 400 | 400 | 425 | 100 |
| No. of days of survey | May 47 | May 47 | May 47 | June 45 | July 45 | April 46 | Jan. 45 |
| Season | Students (Middle & Upper Mid. Class) | Students (Mid. & Upper Mid. Class) | Students (Mid. and Upper Mid. Class) | J. vanilla Offenders (Poor) | Juvenile Offenders (Poor) | Juvenile Offenders (Poor) | Orphanage Lower Middle Class |
| Economic status etc. | | | | | | | Stude to Orphanat |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | |
|------------------------|----|-----|-----|----|----|----|-----|----------|
| Rice | 40 | 44 | 46 | 70 | 30 | 68 | 06 | 31 |
| Wheat | 48 | 40 | 72 | 40 | 68 | 68 | 110 | 93 |
| Millers | | | | | | | | |
| Other cereals | 16 | 17 | | 30 | 68 | | | |
| Pulses | | 24 | 21 | 30 | 33 | 35 | 09 | 36 |
| Leafy vegetables | | 16 | 19 | | | | 20 | 04 |
| Other vegetables | 72 | 160 | 180 | 70 | 66 | 66 | 70 | 50 |
| Fruits | 20 | | 21 | | | | 30 | 14 |
| Ghee & vegetable oil | 30 | 38 | 24 | 03 | 05 | 04 | 04 | 12 |
| Milk and milk products | 74 | 106 | 164 | 20 | 04 | 30 | 156 | 40 |
| Meat, fish, eggs, | 90 | | | | | | 09 | 32 |
| Sugar and jaggery | 14 | | 08 | 10 | 10 | 10 | 066 | 09 |
| Condiments | | | | | | | | 02 extra |

Diet Survey

BOMBAY

Bombay

Bombay City

| Survey No. | 155 | 156 | 157 | 158 | 159 | 160 | 161 | 162 | 163 | 164 |
|-----------------------|-------------------------|------------|-------------------------------|---|-----------------|-----------------------|-----------------------------------|-----------------------|-----------------------|-----------------|
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 54 | | 25 | 175 | 26 | 200 | 28 | 46 | | 63 |
| No. of persons | | | | | | | | | | |
| No. of days of survey | | | | | | | | | | |
| Season | Apr 46 | Apr 46 | Jul 45 | Jul 45 | Feb. 46 | Oct. 45 | Oct 45 | Aug. 47 | Aug. 47 | Sep 47 |
| Economic status etc. | Herel for Working Women | Orphan age | Students (Lower Middle Class) | Juvenile Offenders and Orphans (Students) | Students (Poor) | Orphan age (Students) | Training Centre for War Re-ruits. | Foundling Home (Poor) | Foundling Home (Poor) | Students (Poor) |

FOODSTUFF Oms. per consumption unit per day

| | | | | | | | | | | |
|------------------------|---------|---------|-----|-----|-----|---------|---------|------|-----|-----|
| Rice | 1.1 | 3.2 | 3.0 | 3.1 | 7.0 | 7.1 | 12.5 | 2.0 | 3.5 | 5.0 |
| Wheat | 7.5 | 5.2 | 2.5 | 5.5 | 7.0 | 10.2 | 14.3 | 5.0 | 9.1 | 3.0 |
| Millers | | | | | | | | | | |
| Other cereals | | | | | | | | | | |
| Pulses | 0.9 | 2.5 | 2.0 | 4.7 | 2.2 | 2.5 | 4.5 | 1.6 | 3.0 | 5.0 |
| Leafy vegetables | 0.4 | 0.6 | | 3.2 | | | | 0.5 | 0.8 | 3.2 |
| Other vegetables | 10.6 | 5.0 | 5.0 | 3.0 | 5.2 | 8.0 | 7.6 | 1.0 | 1.7 | 4.4 |
| Fruits | 0.4 | 0.4 | 0.2 | | 0.9 | | 0.4 | 2.0 | 2.0 | 0.8 |
| Ghee and vegetable oil | 1.0 | 0.7 | 1.0 | 0.5 | 0.8 | 1.2 | 1.9 | 0.5 | 0.8 | 0.5 |
| Milk and milk products | 3.4 | 1.8 | 4.0 | 0.9 | 0.1 | 3.7 | 3.5 | 10.0 | 5.0 | 2.0 |
| Meat, fish, eggs | 2.7 | 2.3 | | | 2.1 | 4.7 | | | | |
| Sugar and Jaggery | 1.2 | 1.2 | 1.0 | 0.5 | 1.1 | 1.8 | 1.7 | 0.4 | 0.4 | 1.0 |
| Condiments | 0.4 | 0.4 | | | | 0.1 | 0.6 | | | |
| | (Extra) | (Extra) | | | | (Extra) | (Extra) | | | |

BOMBAY

| State | BOMBAY | | | | | | | | | |
|-----------------------|---|---|---|-----------------------------------|--|--|---|-----------------------------|---|---|
| District | Bombay | | | | | | | | | |
| Locality | Bombay City | | | | | | | | | |
| Survey No. | 165 | 166 | 167 | 168 | 169 | 170 | 171 | 172 | 173 | 174 |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 10 | 11 | 11 | 11 | 11 | 11 | 11 | 11 | 11 | 11 |
| No. of persons | 14 | 14 | 14 | 14 | 14 | 14 | 14 | 14 | 14 | 14 |
| No. of days of survey | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Season | Nov 47 | Nov 47 | Nov 47 | Jan. 48 | Jan. 48 | Jan. 48 | June 48 | Dec. 48 | Dec. 48 | Nov 48 |
| Economic status etc. | Students Mid. Class Nurses & Sisters | Students Mid. Class Nurses & Sisters | Students Mid. Class Nurses & Sisters | Students (Sisters & Nurses) | Students (Nurses and Sisters) | Students (Nurses and Sisters) | Blind Students from Mid. Class | Blind Students (Poor) | Back ward Class Students (Poor) | Students Lower Mid. Class & Poor |

FOODSTUFF Oms. per consumption unit per day

| | 45 | 20 | 20 | 15 | 07 | 065 | 69 | 85 | 46 | 30 |
|------------------------|-----|-----|-----|----|----|-----|----|----|----|----|
| Rice | 40 | 40 | 45 | 46 | 53 | 47 | 59 | 58 | 46 | 69 |
| Wheat | 12 | 10 | 10 | 19 | 10 | 05 | 24 | 11 | 14 | 33 |
| Millets | 10 | 10 | 10 | 19 | 10 | 05 | 24 | 11 | 14 | 33 |
| Other cereals | 35 | 35 | 35 | 12 | 04 | 09 | 46 | 30 | 27 | 02 |
| Pulses | 175 | 155 | 155 | 62 | 66 | 128 | 46 | 06 | 24 | 69 |
| Leafy vegetables | 49 | 49 | 57 | 55 | 55 | 61 | 07 | 44 | 20 | 03 |
| Other vegetables | 135 | 20 | 20 | 11 | 12 | 21 | 13 | 16 | 06 | 08 |
| Fruits | 100 | 100 | 100 | 58 | 40 | 74 | 08 | 07 | 04 | 35 |
| Ghee and vegetable oil | 15 | 90 | 120 | 15 | 65 | 60 | 08 | 07 | 04 | 35 |
| Milk and milk products | 100 | 100 | 100 | 15 | 65 | 60 | 08 | 07 | 04 | 35 |
| Meat, fish, eggs | 100 | 100 | 100 | 15 | 65 | 60 | 08 | 07 | 04 | 35 |
| Sugar and Jaggery | 10 | 10 | 12 | 17 | 17 | 23 | 08 | 08 | 04 | 09 |
| Condiments | 10 | 10 | 12 | 17 | 17 | 23 | 08 | 08 | 04 | 09 |

* The Total number of persons in Survey Nov. 168 to 170 is 70.

Diet Survey

BOMBAY

| State | BOMBAY | | | | | | | | | |
|-----------------------|--|----------------------|---|------------------------------------|--------------------------------|--------------------------------|-----------------------------------|-----------------------|-------------------------------|--|
| District | Bombay | | | | Ratanagiri | | | | | |
| Locality | Bombay Thana | Dadar | Mastunge | Girgaum | Unnarbhadi | Dapoli Petha | | | | |
| Survey No. | 175 | 176 | 177 | 178 | 179 | 180 | 181 | 182 | 183 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | |
| No. of families | 15 | 16 | 247 | 62 | 44 | 11 | 22 | 23 | 66 | |
| No. of persons | ... | ... | ... | ... | ... | ... | ... | ... | ... | |
| No. of days of survey | ... | ... | ... | ... | ... | ... | ... | ... | ... | |
| Season | Dec. 45 | Sept. 45 | Jan. 45 | June 45 | Aug. 45 | Apr. 47 | Apr. 47 | Apr. 47 | Apr. 47 | |
| Economic status etc. | Students College (Mid. & Upper Mid. Class) | Rescued Women (Poor) | Rescued Women Orphanage and Destitutes (Poor) | Orphan, Destitute & Rescued (Poor) | Rescued Orphans and Destitutes | Students Backward Class (Poor) | Middle Class, High Class Students | Middle Class Students | Lower Middle Class (Students) | |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | | | |
|-----|-----|-----|------|-----|-----|-----|-----|-----|-----|--|
| ... | 50 | 43 | 51 | 54 | 75 | 60 | 75 | 64 | 50 | |
| ... | 50 | 15 | 41 | 68 | 53 | 20 | 55 | 32 | 15 | |
| ... | ... | ... | 30 | 27 | 53 | 40 | ... | 32 | 47 | |
| ... | 39 | 22 | ... | 37 | ... | 10 | 16 | 44 | 11 | |
| ... | 70 | 50 | 23 | 76 | 10 | 25 | 31 | 30 | 20 | |
| ... | 12 | ... | 0.26 | ... | 50 | 14 | ... | 67 | ... | |
| ... | 13 | 0.4 | 0.1 | 20 | 05 | ... | 10 | 17 | 06 | |
| ... | 210 | 1.4 | 23 | 20 | 06 | 04 | 90 | 76 | 16 | |
| ... | ... | ... | ... | ... | 08 | 07 | 17 | ... | ... | |
| ... | 17 | 07 | 07 | 07 | 08 | 04 | 04 | 01 | 06 | |
| ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | |

The total No. of persons in Survey Nos. 183 & 184 is 66.

Diet Survey

BOMBAY

| District | Ratanagiri | | | | | | | Shoolapoor | |
|-----------------------|--|-----------------------------|--------------------------------------|-----------|-----------|-----------------|-----------------|-----------------|-----------------------------|
| | Depot Petha | Lanja | Malvan | Kankhajan | Kankavall | Ratangiri | Makharjan | Phurus | Shoolapoor |
| Locality | | | | | | | | | |
| Survey No | 164 | 185 | 186 | 187 | 188 | 189 | 190 | 191 | 192 193 |
| Urban or Rural | Urban | Rural | Urban | Rural | Rural | Urban | Urban | Urban | Urban |
| No. of families | 66 | 24 | 32 | 25 | 11 | 25 | 14 | 18 | 32 |
| No. of persons | 66 | 24 | 32 | 25 | 11 | 25 | 14 | 18 | 32 |
| No. of days of survey | 47 | 47 | 43 | 48 | 48 | 48 | 48 | 48 | 46 |
| Season | Apr | Apr | Jan | Jan | Jan | Jan | Jan | Jan | Sept |
| Economic status etc | Lower Middle Class (Students) | Backward Class (Poor) | Middle & Lower Middle Class | Poor | Poor | Middle Class | Middle Class | Middle Class | Middle Class Students |

FOODSTUFF Oza per consumption unit per day

[illegible]

Diet-Survey

| BOMBAY | | | | | | | | | |
|--|--------------------------------|-----------------------|---|--|--|--|--|--|--|
| State | 199 | 200 | 201 | 202 | 203 | 204 | 205 | 206 | 207 |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| No. of persons | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| No. of days of survey | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| Season | Jan. 46 | Sep. 46 | Sep. 46 | Sep. 46 | Sep. 46 | Sep. 46 | Sep. 46 | Sep. 46 | Sep. 46 |
| Religious standards etc. | Backward Class Students (Poor) | Pupil teachers (Poor) | Students converted Christians under missionaries (Poor) | Orphanage converted Christian Children | Orphanage converted Christian Children | Orphanage converted Christian Children | Orphanage converted Christian Children | Orphanage converted Christian Children | Orphanage converted Christian Children |
| Foodstuff | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| FOODSTUFF ORS. per consumption units per day | | | | | | | | | |
| Rice | 16 | 23 | 23 | 23 | 23 | 23 | 23 | 23 | 23 |
| Wheat | 12 | 45 | 45 | 45 | 45 | 45 | 45 | 45 | 45 |
| Millets | 124 | 57 | 57 | 57 | 57 | 57 | 57 | 57 | 57 |
| Other cereals | 14 | 21 | 21 | 21 | 21 | 21 | 21 | 21 | 21 |
| Leafy vegetables | 05 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
| Other vegetables | 08 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
| Fruits | 03 | 08 | 08 | 08 | 08 | 08 | 08 | 08 | 08 |
| Ghee and vegetable oil | 06 | 06 | 06 | 06 | 06 | 06 | 06 | 06 | 06 |
| Milk and milk products | 06 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| Meat, fish, eggs | 03 | 03 | 03 | 03 | 03 | 03 | 03 | 03 | 03 |
| Sugar & Jaggery | 03 | 03 | 03 | 03 | 03 | 03 | 03 | 03 | 03 |
| Condiments | 03 | 03 | 03 | 03 | 03 | 03 | 03 | 03 | 03 |

BOMBAY

| State | Sholapur | | | |
|-----------------------|---|--|---------------------------|-----------------|
| District | Sholapur City | | | |
| Locality | | | | |
| Survey No. | 204 | 205 | 206 | 207 |
| Urban or Rural | Urban | Urban | Urban | Urban |
| No. of families | 29 | 45 | 139 | 70 |
| No. of persons | --- | --- | --- | --- |
| No. of days of survey | --- | --- | --- | --- |
| Session | September 1946 | September 1946 | September 1946 | September 1946 |
| Economic status etc. | Students converted under Missionary mostly orphans (Poor) | Students mostly farmers sons of lower middle class | Juvenile offenders (Poor) | Students (Poor) |

FOODSTUFF OZ. per consumption unit per day

| | | | | |
|------------------------|------|-----|-----|-----|
| Rice | 0.7 | 2.3 | 1.0 | 2.7 |
| Wheat | --- | 4.5 | 5.5 | 1.5 |
| Millers | --- | --- | --- | --- |
| Other cereals | 10.6 | 5.7 | 5.5 | 8.0 |
| Pulses | 1.2 | 2.5 | 4.2 | 3.4 |
| Leafy vegetables | 1.0 | 1.0 | 3.4 | 0.9 |
| Other vegetables | 1.2 | 4.0 | 5.4 | 4.0 |
| Fruits | 1.0 | 1.0 | 0.5 | 0.9 |
| Ghee and vegetable oil | 0.3 | 0.8 | 0.5 | 0.5 |
| Milk and milk products | 1.0 | --- | 0.4 | 0.5 |
| Meat, fish, eggs | 1.2 | 1.2 | 0.5 | --- |
| Sugar and jaggery | 0.5 | --- | 0.9 | --- |
| Condiments | --- | --- | --- | --- |

Diet Survey

BOMBAY

Dharwar

Hobli

Dharwar City

Defflowet

Survey No.

208

209

210

211

212

213

Urban or Rural
No. of families
No. of persons
No. of days of survey

Urban
23

Urban
20

Urban
15

Urban
70

Urban
42

Rural
32

Season

Sep. 46

Jan. 47

Jan. 46

Jan. 46

Jan. 46

Jan. 46

Economic status etc.

Pupil teachers
Middle Class

Students
Backward
Class girls
(Poor)

Students
Middle Class

Juvenile
Officers
(Poor)

Students
Farmers sons

Students
Mostly ex-
service men

FOODSTUFF Ora. per-consumption unit per day

Rice

12

12

32

51

36

20

Wheat

64

87

87

30

10

10

Millers

10

14

43

43

153

140

Other cereals

25

40

22

64

29

28

Pulses

10

40

22

10

29

29

Leafy vegetables

24

53

34

17

29

29

Other vegetables

10

18

64

22

29

29

Fruits

08

04

19

01

14

14

Green and vegetable oil

25

53

07

10

40

40

Milk and milk products

14

10

10

10

10

10

Meat, fish, eggs

14

10

10

10

10

10

Sugar and Jaggery

14

10

10

10

10

10

Condiments

14

10

10

10

10

10

Diet Survey

| BOMBAY | | | | | | | | | |
|-----------------------|---------------------------|----------------------|-----------------------|-----------------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|---|
| State or District | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| District | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sub-district | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Localities | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Hubli | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Survey No. | 214 | 215 | 216 | 217 | 218 | 219 | 220 | 221 | 222 |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Rural |
| No. of families | 160 | 100 | 14 | 12 | 308 | 308 | 308 | 308 | 20 |
| No. of persons | 160 | 100 | 14 | 12 | 308 | 308 | 308 | 308 | 20 |
| No. of days of survey | 160 | 100 | 14 | 12 | 308 | 308 | 308 | 308 | 20 |
| Season | J | A | N | A | Y | 1 | 9 | 4 | 6 |
| Economic status etc. | Juvenile Offenders (Poor) | Rescued Women (Poor) | Backward Class (Poor) | Backward Class (Poor) | Offenders between 18 & 22 years | Offenders between 18 & 22 years | Offenders between 18 & 22 years | Offenders between 18 & 22 years | Sept. 47 Backward Classes students (Poor) |

| FOODSTUFF | | | | | | | | | |
|----------------------------------|------|------|-----|-----|-----|-----|-----|-----|-----|
| Oz. per consumption unit per day | | | | | | | | | |
| Rice | 4.10 | 4.1 | 20 | 20 | 28 | 28 | 28 | 28 | 28 |
| Wheat | 4.3 | 4.3 | 20 | 20 | 35 | 35 | 35 | 35 | 35 |
| Millers | 10.4 | 10.4 | 180 | 180 | 34 | 34 | 34 | 34 | 34 |
| Other cereals | 10.4 | 10.4 | 180 | 180 | 127 | 127 | 127 | 127 | 127 |
| Pulses | 10.4 | 10.4 | 180 | 180 | 45 | 45 | 45 | 45 | 45 |
| Leafy vegetables | 10.4 | 10.4 | 180 | 180 | 47 | 47 | 47 | 47 | 47 |
| Other vegetables | 10.4 | 10.4 | 180 | 180 | 20 | 20 | 20 | 20 | 20 |
| Fruits | 10.4 | 10.4 | 180 | 180 | 0.6 | 0.6 | 0.6 | 0.6 | 0.6 |
| Ghee and vegetable oil | 10.4 | 10.4 | 180 | 180 | 1.3 | 1.3 | 1.3 | 1.3 | 1.3 |
| Milk and milk products | 10.4 | 10.4 | 180 | 180 | 1.4 | 1.4 | 1.4 | 1.4 | 1.4 |
| Meat, fish, eggs | 10.4 | 10.4 | 180 | 180 | 3.0 | 3.0 | 3.0 | 3.0 | 3.0 |
| Sugar and Jaggery | 10.4 | 10.4 | 180 | 180 | ... | ... | ... | ... | ... |
| Condiments | 10.4 | 10.4 | 180 | 180 | ... | ... | ... | ... | ... |
| Con- valences | 10.4 | 10.4 | 180 | 180 | ... | ... | ... | ... | ... |

* The total no. of persons in Survey Nos. 218 to 220 is 308.

Diet Survey

BOMBAY

| District | Dharwar | | | | | | | | | | |
|-----------------------|----------------|-------|-------|-------|-------|---|---|---|---|---|---|
| Locality | Dharwar City | | | | | | | | | | |
| Survey No. | 222 | 223 | 224 | 225 | 226 | | | | | | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | | | | | | |
| No. of families | 258* | 258* | 258 | 258 | 258 | | | | | | |
| No. of persons | 758* | 758* | 758 | 758 | 758 | | | | | | |
| No. of days of survey | ... | ... | ... | ... | ... | | | | | | |
| Season | September 1947 | | | | | | | | | | |
| Economic status etc. | M | i | d | d | i | e | C | i | a | s | e |

FOODSTUFF Oza. per consumption unit per day

| | 38 | 34 | 32 | 31 | 31 | 31 | 31 | 31 | 31 | 31 | 31 |
|------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Rice | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Wheat | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Millet | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Other cereals | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Pulses | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Leafy vegetables | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Other vegetables | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Fruits | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Ghee and vegetable oil | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Milk and milk products | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Meat, fish, eggs | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Sugar and jaggery | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Condiments | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |

* The total no. of persons in Survey Nos. 222 to 230 is 258.

Diet Survey

| BOMBAY | | | | | | |
|-----------------------|----------------|-------|-------|-------|-------|-----------------------------|
| State | | | | | | |
| District | Dharwar | | | | | |
| Locality | Dharwar City | | | | | |
| Survey No. | 227 | 228 | 229 | 230 | 231 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 238* | 238* | 238* | 238* | 238* | 238* |
| No. of persons | --- | --- | --- | --- | --- | --- |
| No. of days of survey | --- | --- | --- | --- | --- | --- |
| Season | September 1947 | | | | | |
| Economic status etc. | M | I | d | d | l | e |
| | C | l | e | s | e | s |
| | | | | | | Depressed class boys (Foot) |

FOODSTUFF Oza. per consumption unit per day

| | 32 | 273 | 32 | 32 | 32 | 60 |
|-------------------------|-----|-----|-----|-----|-----|-----|
| Rice | --- | --- | 05 | --- | --- | 10 |
| Wheat | 04 | --- | --- | --- | --- | 10 |
| Milleta | 64 | 54 | 63 | --- | --- | 20 |
| Other cereals | 17 | 58 | 33 | --- | --- | --- |
| Pulses | 08 | 13 | 09 | --- | --- | --- |
| Leafy vegetables | 116 | 101 | 107 | --- | --- | --- |
| Other vegetables | --- | --- | --- | --- | --- | --- |
| Fruits | --- | --- | --- | --- | --- | --- |
| Grass and vegetable oil | 18 | 10 | 27 | --- | --- | --- |
| Milk and milk products | 69 | 09 | 211 | --- | --- | --- |
| Meat, fish, eggs | --- | --- | --- | --- | --- | --- |
| Sugar and jaggery | 09 | 12 | 13 | --- | --- | --- |
| Condiments | --- | --- | --- | --- | --- | --- |

Diet Survey

| BOMBAY | | | | | | |
|-----------------------|------------------------------|--------|-------|-------|--------|-------|
| State | | | | | | |
| District | Dharwar | | | | | |
| Locality | Dharwar City | | | | | |
| Survey No. | 232 | 233 | 234 | 235 | 236 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | ... | 85 | 144* | 144* | 144 | ... |
| No. of persons | ... | ... | ... | ... | ... | ... |
| No. of days of survey | ... | ... | ... | ... | ... | ... |
| Season | September 1947 | | | | | |
| Economic status etc. | Depressed class girls (Poor) | Middle | and | Lower | Middle | Class |

FOODSTUFF Oms. per consumption unit per day

| | 60 | 14 | 32 | 30 | 32 |
|------------------------|-----|-----|-----|-----|-----|
| Rice | ... | 10 | ... | ... | ... |
| Wheat | ... | ... | ... | ... | ... |
| Millet | 60 | 78 | 64 | 60 | 64 |
| Other cereals | 20 | 21 | 34 | 40 | 34 |
| Pulses | 20 | 04 | ... | 27 | 23 |
| Leafy vegetables | ... | ... | ... | ... | ... |
| Other vegetables | 02 | 07 | 06 | 03 | 12 |
| Fruits | ... | 44 | 11 | 13 | ... |
| Ghee and vegetable oil | ... | ... | ... | ... | ... |
| Milk and milk products | 10 | 13 | 13 | 13 | 13 |
| Meat, fish, eggs | ... | ... | ... | ... | ... |
| Sugar & Jaggery | ... | ... | ... | ... | ... |
| Condiments | ... | ... | ... | ... | ... |

* The total no. of persons in Survey Nos. 234 to 236 is 144.

Diet Survey

BOMBAY

| State | BOMBAY | | | |
|-----------------------|-------------------------------|------------------------------|--------------|--------------------------------|
| District | Dharwar | | Belgaum | |
| Locality | Dharwar | Gadag | Holbi | Belgaum City |
| Survey No. | 237 | 238 | 239 | 240 |
| Urban or Rural | Urban | Urban | Urban | Urban |
| No. of families | 40 | 14 | 11 | 6 |
| No. of persons | " | " | " | " |
| No. of days of survey | " | " | " | " |
| Season | September, 1947 | | | |
| Economic status etc. | Middle and Lower Middle Class | Poor Backward Class Students | Middle Class | Backward Class Students (Poor) |
| | | | | February 1947 |

FOODSTUFF OZs. per consumption unit per day

| | 3-0 | 3-0 | 1-5 | 4-0 | 4-0 |
|--------------------------|-----|-----|-----|-----|-----|
| Rice | 3-0 | 3-0 | 1-5 | 4-0 | 4-0 |
| Wheat | " | " | " | " | 2-0 |
| Millers | 5-0 | 6-0 | 3-0 | 8-0 | 6-0 |
| Other cereals | 4-1 | 3-0 | " | 0-5 | 3-6 |
| Pulses | 4-8 | " | 1-0 | " | 1-0 |
| Leafy vegetables | " | " | 3-0 | " | 1-5 |
| Other vegetables | " | " | " | " | 0-6 |
| Fruits | 1-0 | 0-1 | 4-4 | 0-1 | 0-5 |
| Grease and vegetable oil | " | " | 8-0 | " | 6-0 |
| Milk and milk products | " | " | 4-0 | " | " |
| Meat, fish, eggs | 1-3 | " | 1-0 | " | 1-4 |
| Sugar and Jaggery | " | " | " | " | " |
| Condiments | " | " | " | " | " |

BOMBAY

[illegible]

BOMBAY

| State | Bombay | | | | | | | | | |
|-----------------------|--------------|--------------------|--------------------------------------|---------------------------------|---|------------------------------|------------------------------|------------------------------|------------------------------|-----------------|
| District | Satara | | | | | | | | | |
| Locality | Satara City | | | | | | | | | |
| Survey No. | 250 | 251 | 252 | 253 | 254 | 255 | 256 | 257 | | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 33 | 2 | 41 | 174 | 36 | 56 | 100 | 46 | 100 | 46 |
| No. of persons | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| No. of days of survey | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Season | Mar 48 | Apr. 47 | Apr. 47 | Apr. 47 | Apr. 47 | Apr. 47 | Apr. 47 | Apr. 47 | Apr. 47 | Apr. 47 |
| Economic status etc. | Middle Class | Juvenile Offenders | Students Converted Christians (Poor) | Court Committed children (Poor) | Pupil teachers of Primary S. schools lower middle class | Students mostly farmers sons | Students mostly farmers sons | Students mostly farmers sons | Students mostly farmers sons | Students (Poor) |

FOODSTUFF Oms. per consumption unit per day

| | | | | | | | | | | |
|--------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Rice | 61 | 16 | 17 | 20 | 08 | 23 | 17 | 08 | 08 | 08 |
| Wheat | 16 | 33 | 23 | 38 | 65 | 30 | 125 | 09 | 09 | 09 |
| Millers | ... | 42 | 30 | 27 | ... | 30 | 33 | 56 | 56 | 56 |
| Other cereals | 76 | 41 | 56 | 26 | 51 | 30 | 25 | 38 | 38 | 38 |
| Pulses | 33 | 20 | 12 | 12 | 40 | 24 | 06 | 16 | 16 | 16 |
| Leafy vegetables | 10 | ... | 17 | 26 | ... | 20 | 72 | 19 | 19 | 19 |
| Other vegetables | 77 | 40 | 13 | 26 | 12 | 38 | 20 | 48 | 48 | 48 |
| Fruits | 20 | ... | 03 | ... | ... | ... | ... | 30 | 30 | 30 |
| Grease and vegetable oil | 14 | 13 | 03 | 08 | 10 | 09 | 04 | 04 | 04 | 04 |
| Milk and milk products | 152 | 10 | 06 | ... | ... | ... | ... | 50 | 50 | 50 |
| Meat, fish, eggs | ... | ... | 03 | ... | ... | ... | ... | 18 | 18 | 18 |
| Sugar and Jaggery | 24 | 03 | ... | ... | 07 | 17 | 12 | 18 | 18 | 18 |
| Condiments | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |

Diet Survey

BOMBAY

| District | Samara | Poonas | | | | | | |
|--|-------------------------------------|-------------------------------|---|-----------------------------|---|---|-----------------------------|--|
| Locality | Samara City | Poonas City | | | | | | |
| Survey No. | 258 | 259 | 260 | 261 | 262 | 263 | 264 | 265 |
| Urban or Rural No. of families No. of persons No. of days of survey | Urban 45 -- | Urban 50 -- | Urban 25 -- | Urban 24 -- | Urban 12 -- | Urban 104 -- | Urban 34 -- | Urban 23 -- |
| Season | Apr 47 | Sept. 46 | Sept. 46 | July 46 | March 46 | June 46 | June 46 | July 46 |
| Economic status etc. | Students (Lower Middle class) | Students (Middle Class) | Pupil Teachers Lower Middle Class | Students Middle Class | Students Backward Class (Poonas) | Students Middle & Upper Middle Class | Students Middle Class | Pupil Teachers Lower Middle Class |

FOODSTUFF OZs. per consumption unit per day

| | | | | | | | | | |
|------------------------|----|----|----|----|----|----|----|----|---|
| Rice | 12 | 21 | 21 | 57 | 43 | 43 | 23 | 43 | 1 |
| Wheat | 12 | 30 | 30 | 57 | 69 | 69 | 23 | 69 | 1 |
| Millet | 12 | 40 | 40 | 24 | 18 | 18 | 14 | 18 | 1 |
| Other cereals | 53 | 24 | 24 | 18 | 30 | 30 | 14 | 30 | 1 |
| Pulses | 16 | 36 | 36 | 62 | 73 | 73 | 13 | 73 | 1 |
| Leafy vegetables | 33 | 46 | 46 | 22 | 23 | 23 | 64 | 23 | 1 |
| Other vegetables | 08 | 14 | 14 | 22 | 60 | 60 | 13 | 60 | 1 |
| Fruits | 06 | 11 | 11 | 22 | 13 | 13 | 13 | 13 | 1 |
| Ghee and vegetable oil | 06 | 11 | 11 | 22 | 13 | 13 | 13 | 13 | 1 |
| Milk and milk products | 06 | 11 | 11 | 22 | 13 | 13 | 13 | 13 | 1 |
| Bees, fish, eggs | 06 | 11 | 11 | 22 | 13 | 13 | 13 | 13 | 1 |
| Sugar & Jaggery | 06 | 11 | 11 | 22 | 13 | 13 | 13 | 13 | 1 |
| Condiments | 06 | 11 | 11 | 22 | 13 | 13 | 13 | 13 | 1 |

FOUR

FOODSTUFF OIL, per consumption unit per day

* The total no. of persons in Survey Nos. 278 to 286 is 460.

Diet Survey

| State | | BOMBAY | | | | | | | | | |
|--|--------|--|-----|------|-----|-----|---------|----------|----------|--------------------------------------|-------------------------|
| District | | Poona | | | | | | | | | |
| Locality | | Poona City | | | | | | | | | |
| Survey No. | | 282 | 283 | 284 | 285 | 286 | 287 | 288 | Lonavla | | |
| Urban or Rural No. of families No. of persons No. of days of survey | Urban | 400* | 400 | 400* | 400 | 400 | 41 | 31 | Urban | 10 | Urban |
| | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| | Season | January 1946 | | | | | July 46 | April 48 | April 48 | Students Middle & Upper Middle Class | Students (Middle Class) |
| Economic status etc. | | Students (Middle and Upper Middle Class) | | | | | | | | | |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | |
|------------------------|-----|-----|------------|------------|-----|-----|-----|-----|
| Rice | 40 | 40 | 28 | 27 | 104 | 48 | 13 | 21 |
| Wheat | 70 | 31 | 55 | 67 | 12 | 54 | ... | 42 |
| Millets | ... | 31 | ... | ... | ... | ... | ... | ... |
| Other cereals | 20 | 20 | 12 | ... | ... | 28 | 125 | 27 |
| Pulses | ... | ... | ... | ... | ... | 14 | 18 | 16 |
| Leafy vegetables | 100 | 78 | ... | 52 | 92 | 07 | 30 | 10 |
| Other vegetables | ... | ... | ... | ... | ... | 45 | 70 | 33 |
| Fruits | 30 | 09 | 33 | 33 | 33 | 01 | 06 | 11 |
| Ghee and vegetable oil | 71 | 60 | 20 | 80 | 30 | 28 | ... | 80 |
| Milk and milk products | 18 | 18 | 58+1 (egg) | 34+1 (egg) | 11 | 56 | ... | 05 |
| Meat, fish, eggs | ... | ... | 11 | 11 | ... | 20 | 08 | ... |
| Sugar and Jeppery | ... | ... | ... | ... | ... | ... | ... | ... |
| Condiments | ... | ... | ... | ... | ... | ... | ... | ... |

Diet Survey

BOMBAY

| State | Poonas | | | | | | | |
|-----------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------|--------------------------------|------------------|-----------------------------|-----------------------------|
| District | | | | | | | | |
| Locality | Hingosa | | Poonas City | | Yeravada | | Poonas City | |
| Survey No. | 298 | 299 | 300 | 301 | 302 | 303 | 304 | 305 |
| Urban or Rural | Rural | Rural | Urban | Urban | Urban | Rural | Urban | Urban |
| No. of families | 129 | 73 | 18 | 113 | 60 | 1008 | 171 | 103 |
| No. of persons | ... | ... | ... | ... | ... | ... | ... | ... |
| No. of days of survey | ... | ... | ... | ... | ... | ... | ... | ... |
| Season | Mar. 46 | Mar. 46 | June 46 | Jan. 46 | Mar. 46 | May 47 | July 47 | July 47 |
| Economic status etc. | Students (Lower Middle Class) | Students court committed Poor | Students (Backward Class) Poor | Students (Orphanas Poor) | Students (Backward Class) Poor | Prisoners (Poor) | Middle & Upper Middle Class | Middle & Upper Middle Class |

FOODSTUFF Oza. per consumption unit per day

| | 37 | 56 | 33 | 26 | 31 | 09 | 23 | 30 |
|------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| Rice | 11 | 09 | 84 | 66 | 53 | ... | 24 | 30 |
| Wheat | 93 | 117 | 67 | ... | 23 | ... | ... | 25 |
| Millets | ... | ... | ... | ... | 31 | 136 | 46 | 45 |
| Other cereals | 15 | 28 | 16 | 30 | 60 | 92 | 26 | 30 |
| Pulses | 08 | 01 | ... | 13 | 15 | 40 | 27 | ... |
| Leafy vegetables | 33 | 19 | 25 | 31 | 38 | 96 | 40 | ... |
| Other vegetables | ... | ... | ... | ... | 20 | 30 | 30 | ... |
| Fruits | 09 | 06 | 08 | 11 | 13 | 06 | 22 | 59 |
| Ghee and vegetable oil | 25 | 36 | ... | 70 | 45 | ... | 40 | 09 |
| Milk and milk products | ... | ... | 05 | ... | 23 | ... | 22 | 25 |
| Meat, fish, eggs | 04 | 03 | 14 | 18 | 10 | 05 | 40 | 80 |
| Sugar and Jaggery | ... | ... | ... | ... | ... | ... | 64 | ... |
| Condiments | ... | ... | ... | ... | ... | ... | 10 | 10 |

Diet Survey

| POONJAY | | | | | | | | | |
|-----------------------|--------------------------------------|-------|-------|-------|-------|--------------|-------|----------------------|--|
| POONJAY | | | | | | | | | |
| District | Poonja | | | | | | | | |
| Locality | Poonja City | | | | | | | | |
| Survey No. | 306 | 307 | 308 | 309 | 310 | 311 | 312 | 313 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | |
| No. of families | 212 | 157 | 11 | 92 | 574 | 0 | 278 | 210* | |
| No. of persons | " | " | " | " | " | " | " | " | |
| No. of days of survey | " | " | " | " | " | " | " | " | |
| Season | Jul 1937 | | | | | | | | |
| Economic status etc. | Middle & Upper Middle Class | | | | | | | | |
| | Student Income all over the Province | | | | | Middle Class | | Upper & Middle Class | |

FOODSTUFF Ose. per consumption unit per day

| | 306 | 307 | 308 | 309 | 310 | 311 | 312 | 313 | |
|-------------------------|-----|-------------|------------|-----|-----|-----|-----|-----|--|
| Rice | 50 | 34 | 23 | 42 | 23 | 34 | 19 | 21 | |
| Wheat | 45 | 16 | 23 | 33 | 23 | 37 | 21 | 42 | |
| Millets | 25 | 44 | 33 | 40 | 43 | 10 | 21 | 10 | |
| Other cereals | 30 | 20 | 11 | 16 | 16 | 08 | 22 | 11 | |
| Pulses | 22 | 11 | 10 | 16 | 130 | 13 | 87 | 113 | |
| Leafy vegetables | 15 | 92 | 38 | 67 | 130 | 33 | 18 | 10 | |
| Other vegetables | 65 | 30 | 20 | 24 | 22 | 30 | 29 | 10 | |
| Fruits | 34 | 13 | 22 | 18 | 15 | 40 | 68 | 100 | |
| Green and vegetable oil | 17 | 31 | 73 | 14 | 15 | 33 | 89 | 89 | |
| Milk and milk products | 76 | 123 + 1 egg | 40 + 1 egg | 18 | 15 | 11 | 125 | 14 | |
| Meat, fish, eggs | 12 | 10 | 13 | 12 | 16 | 11 | 125 | 14 | |
| Sugar and Jaggery | " | " | " | " | " | " | " | " | |
| Condiments | " | " | " | " | " | " | " | " | |

| District | Poona | | | | | | | | Ahmednagar |
|-----------------------|-----------------------------|-------|-------|-------|---------------------------|--|-----------------------------|-----------------------------|------------|
| Locality | Poona City | | | | | Nanded | Poona City | Ahmednagar City | |
| Survey No. | 314 | 315 | 316 | 317 | 318 | 319 | 320 | 321 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Rural | Urban | Urban | |
| No. of families | 240* | 240* | 240* | 240* | 97 | 38 | 31 | 60 | |
| No. of persons | 240* | 240* | 240* | 240* | 97 | 38 | 31 | 60 | |
| No. of days of survey | 240* | 240* | 240* | 240* | 97 | 38 | 31 | 60 | |
| Season | November, 1947 | | | | Nov 47 | Nov 47 | Nov 47 | Nov 1946 | |
| Economic status etc. | Middle & Upper Middle Class | | | | Poor & Lower Middle Class | Juvenile Offenders orphans & destitutes (Poor) | Middle & Upper Middle Class | Converted Christians (Poor) | |

FOODSTUFF OZs per consumption unit per day

| | | | | | | | | |
|-------------------------|------|------|------|-----|-----|-----|-----------|-----|
| Rice | 2.1 | 2.1 | 1.1 | 1.3 | 2.2 | ... | 2.1 | 2.3 |
| Wheat | 4.2 | 3.3 | 5.0 | 5.2 | 4.0 | ... | 4.0 | 3.4 |
| Milletts | 5.2 | 4.0 | 5.0 | 5.2 | 5.2 | 6.3 | 3.0 | 2.3 |
| Other cereals | 2.0 | 4.8 | 2.0 | 2.0 | 2.5 | 6.3 | 1.0 | 6.4 |
| Pulses | 1.1 | 1.1 | 0.3 | 1.3 | 0.7 | 5.0 | 0.8 | 1.6 |
| Leafy vegetables | 12.1 | 13.0 | 10.3 | 9.0 | 1.0 | 5.0 | 5.0 | 1.0 |
| Other vegetables | ... | ... | ... | ... | 1.8 | ... | 3.0 | 1.6 |
| Fruits | 1.6 | 3.8 | 1.6 | 1.6 | 0.2 | 0.2 | 1.0 | 0.3 |
| Grass and vegetable oil | 9.0 | 8.5 | 9.6 | 8.0 | 0.6 | 1.5 | 12.3 | 0.3 |
| Milk and milk products | ... | ... | ... | ... | 0.7 | 1.7 | 3.0+1 egg | 1.3 |
| Meat, fish, eggs | 1.5 | 1.5 | 1.5 | 1.5 | 1.1 | 0.7 | 2.0 | 0.4 |
| Sugar and Jaggery | ... | ... | ... | ... | ... | ... | ... | ... |
| Condiments | ... | ... | ... | ... | ... | ... | ... | ... |

* The total no. of persons in Survey Nos. 313 to 318 is 240.

| Diet Survey | | | | | | | | | |
|--|------------------------------|---|---|---------------------------------|---|--------------------|--------------------|--------------------|--------------------|
| State | BOMBAY | | | | | | | | |
| District | Ahmednagar | | | | | | | | |
| Locality | Ahmednagar City | | | | | | | | |
| Survey No. | 322 | 323 | 324 | 325 | 326 | 327 | 328 | 329 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 162 | 12 | 38 | 4 | 11 | 144 | 100 | 100 | 100 |
| No. of persons | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| No. of days of survey | ... | ... | ... | ... | ... | ... | ... | ... | ... |
| Season | November 1916 | | | | | | | | |
| Economic status etc. | Students Farmer's sons | Students Backward Class (Poor) | Students Backward Class (Poor) | Juvenile Offenders (Poor) | Convicted Offenders Students (Poor) | Students (Poor) | Students (Poor) | Students (Poor) | Students (Poor) |
| FOODSTUFF OZ. per consumption unit per day | | | | | | | | | |
| Rice | 2.3 | 0.7 | 1.3 | 1.0 | 2.0 | 0.7 | 1.5 | 1.5 | 1.5 |
| Wheat | 3.4 | 2.0 | 1.5 | 2.3 | 3.0 | 1.4 | 2.0 | 2.0 | 2.0 |
| Millet | 2.3 | 2.0 | 2.0 | 1.0 | 3.0 | 1.4 | 2.0 | 2.0 | 2.0 |
| Other cereals | 4.6 | 2.0 | 2.0 | 1.0 | 3.0 | 1.4 | 2.0 | 2.0 | 2.0 |
| Pulses | 2.1 | 7.0 | 1.7 | 1.0 | 4.7 | 1.4 | 2.0 | 2.0 | 2.0 |
| Leafy vegetables | 2.0 | 4.8 | 1.7 | 1.0 | 3.0 | 1.4 | 2.0 | 2.0 | 2.0 |
| Other vegetables | 4.2 | 0.7 | 1.7 | 1.0 | 4.7 | 1.4 | 2.0 | 2.0 | 2.0 |
| Fruits | 0.4 | 2.1 | 0.5 | 0.5 | 0.4 | 0.5 | 0.5 | 0.5 | 0.5 |
| Grease and vegetable oil | 0.4 | 0.3 | 0.5 | 0.5 | 0.4 | 0.5 | 0.5 | 0.5 | 0.5 |
| Milk and milk products | 1.0 | 0.3 | 0.5 | 0.5 | 0.4 | 0.5 | 0.5 | 0.5 | 0.5 |
| Meat, fish, eggs | 0.6 | 0.8 | 0.5 | 0.5 | 0.4 | 0.5 | 0.5 | 0.5 | 0.5 |
| Sugar and Jaggery | 0.4 | .. | 0.3 | 0.4 | 0.4 | 0.5 | 0.5 | 0.5 | 0.5 |
| Condiments | .. | .. | .. | .. | .. | .. | .. | .. | .. |

Diet Survey

State BOMBAY

| District | Ahmednagar | Karwar | | | |
|-----------------------|-----------------------------|--|--------------|-----------------------------------|---------|
| Locality | Ahmednagar City | Karwar City | | | |
| Survey No. | 330 | 331 | 332 | 333 | 334 |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban |
| No. of families | 40 | 46 | 75 | 126 | 5 |
| No. of persons | ... | ... | ... | ... | ... |
| No. of days of survey | ... | ... | ... | ... | ... |
| Season | November 1946 | Sep 47 | Sep. 47 | Sep. 47 | Sep. 47 |
| Economic status etc. | Converted Christians (Poor) | Primary teachers Lower Middle Class & Middle Class | Middle Class | Poor, mostly fisheries folk | Poor |

FOODSTUFF Oza. per consumption unit per day

| | 0.4 | 5.8 | 6.3 | 4.0 | 6.0 |
|---------------------------|-----|-----|-----|-----|-----|
| Rice | 1.4 | 0.6 | 1.7 | 0.4 | ... |
| Wheat | 2.3 | ... | ... | ... | ... |
| Millet | 5.7 | 3.5 | 1.5 | 3.5 | 6.0 |
| Other cereals | 2.2 | 2.7 | 0.7 | 2.2 | 1.6 |
| Pulses | 1.0 | 0.3 | 0.4 | ... | ... |
| Leafy vegetables | 1.0 | 4.1 | 2.2 | 4.0 | 4.3 |
| Other vegetables | 0.2 | 0.5 | 1.6 | 0.6 | ... |
| Fruits | 0.1 | 0.1 | 0.7 | 0.3 | 0.4 |
| Glucose and vegetable oil | ... | ... | 4.0 | ... | 3.2 |
| Milk and milk products | 0.3 | 2.0 | 3.6 | ... | 2.1 |
| Meat, fish, eggs | ... | 1.0 | 1.2 | ... | 0.5 |
| Sugar and Jaggery | ... | ... | ... | ... | ... |
| Condiments | ... | ... | ... | ... | ... |

| State BOMBAY | | |
|---|---|---|
| District | Bijapur | |
| Locality | | |
| Survey No. | 341 | 342 |
| Urban or Rural | Rural | Rural |
| No. of families | 17 | 7 |
| No. of persons | 10 | 10 |
| No. of days of survey | | |
| Season | December | December |
| Economic status etc. | Small Agri cultures Annual income Rs. 100--300 | Daily Labourers Annual income below Rs. 100 |
| FOODSTUFF Oza, per consumption unit per day | | |
| Rice | 0.18 | 0.02 |
| Wheat | 1.3 | 0.36 |
| Millers | 27.2 | 19.5 |
| Other cereals | " | 0.7 |
| Pulses | 1.28 | 3.52 |
| Leafy vegetables | 0.81 | 1.5 |
| Other vegetables | 1.16 | 1.32 |
| Fruits | " | " |
| Ghee and vegetable oil | 0.26 | 0.34 |
| Milk and milk products | 1.07 | 0.3 |
| Meat, fish, eggs | " | " |
| Sugar & Jaggery | 0.74 | 0.35 |
| Condiments | " | " |

Diet Survey

CENTRAL PROVINCES AND BERAR (Madhya Pradesh)

Jabalpore

Barwara

Urban or Rural
No. of families
No. of persons
No. of days of survey

Season

Economic status etc.

1

2

Bamhoel

Ladhar

Jabalpore City

3

4

5

6

7

Rural

104

14

Feb. 42

Poor A.C.

Labour Class

daily earnings

Rs. 1/1

Rural

21

85

15

May 42

Poor A.C.

Labour Class

daily earnings

Rs. 12/6

Rural

21

57

15

April 42

Gonda

Abor A.C.

Rural

44

107

15

May 42

Small

Cultivators

Urban

3

4

November 45

Orphans

Urban

22

11

15

Dec 47

Ct. M. Workers

monthly income

Rs. 10/- to

Rs. 3/- to

Urban

4

16

10

August 1945

Student

FOODSTUFF Ozn. per consumption unit per day

906

88

172

085

964

25

165

Rice

Wheat

Millet

Other cereals

Pulses

Leafy vegetables

Other vegetables

Fruits

Ghee and vegetable oil

Milk and milk products

Meat, fish, eggs

Sugar and Jaggery

Condiments

71

96

25

38

038

015

165

25

21

09

32

07

085

027

67

105

18

034

47

25

148

73

45

13

CENTRAL PROVINCES AND BERAR (Madhya Pradesh)

| State | CENTRAL PROVINCES AND BERAR (Madhya Pradesh) | | | | | | |
|-----------------------|--|---|--|--|------------|--|---|
| District | Nagpur | Bhandara | Chanda | Chhindwara | Amraoti | | |
| Locality | Nagpur City | Warud | Tirodina | Brabampur | Lugharbora | Stepur | Landli |
| Survey No. | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| Urban or Rural | Urban | Rural | Rural | Rural | Rural | Rural | Rural |
| No. of families | 20 | 29 | 11 | 11 | 1 | 14 | 11 |
| No. of persons | 107 | 81 | 7 | 7 | 15 | 7 | 7 |
| No. of days of survey | 16 | 18 | | | | | |
| Season | Aug. 45 | Jan. 42 | March 40 | Oct. 45 | Oct. 45 | Nov 45 | Feb. 46 |
| Economic status etc. | Middle Class log. & B. House | Poor Ag. Lab. Class and petty land holders | Minor Lab. Rs. 7/21 per Coas. Unit | Poor Ag. Lab. Class monthly income Rs. 29/13/1 | Students | Poor Ag. Lab. Class monthly income Rs. 26/11/5 | Poor Ag. Lab. Class monthly income Rs. 33/13/1 |
| | | | | | | | Dec. 45 |
| | | | | | | | Poor Ag. Lab. Class monthly income Rs. 7/13/2 |

FOODSTUFF Oza. per consumption unit per day

| | 63 | 52 | 215 | 215 | 182 | 56 | 15 | 003 |
|--------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| Rice | 15 | 15 | 10 | 10 | 56 | 165 | 04 | 017 |
| Wheat | 20 | 20 | 25 | 25 | 46 | 166 | 206 | 302 |
| Millers | 70 | 45 | 05 | 05 | 20 | 05 | 103 | 38 |
| Other cereals | 14 | 03 | 07 | 09 | 47 | 05 | 054 | 234 |
| Pulses | 40 | 18 | 1 | 06 | 06 | 003 | 023 | 064 |
| Leafy vegetables | 19 | 1 | 05 | 05 | 06 | 007 | 014 | 083 |
| Other vegetables | 17 | 1 | 05 | 05 | 06 | 007 | 083 | 065 |
| Fruits | ... | ... | ... | ... | ... | ... | ... | ... |
| Glases and vegetable oil | ... | ... | ... | ... | ... | ... | ... | ... |
| Milk and milk products | ... | ... | ... | ... | ... | ... | ... | ... |
| Eggs, fish, etc. | ... | ... | ... | ... | ... | ... | ... | ... |
| Sugar & Jaggery | ... | ... | ... | ... | ... | ... | ... | ... |
| Condiments | ... | ... | ... | ... | ... | ... | ... | ... |

Diet Survey

CENTRAL PROVINCES AND BERAR (Madhya Pradesh)

District

Locality

Survey No.

Urban or Rural
No. of families
No. of persons
No. of days of survey

Season

Economic status etc.

Raipur

Mandla

16

Rural

23

Dec. 44

Agriculturists

Rural

31

Dec. 44

Poor Mid. Class

17

Rural

10

July 1949

18

Rural

10

Dec. 44

19

Rural

10

Rural

10

Dec. 44

Rural

10

Dec. 44

Rural

10

Dec. 44

Rural

10

Dec. 44

Rural

10

Dec. 44

Rural

10

Dec. 44

Rural

10

Dec. 44

Rural

10

Dec. 44

FOODSTUFF Oza. per consumption unit per day

Rice

Wheat

Millet

Other cereals

Pulses

Leafy vegetables

Other vegetables

Fruits

Ghee and vegetable oil

Milk and milk products

Meat & fish

Sugar & Jaggery

Condiments

26.4

0.2

1.1

1.5

3.1

0.1

0.2

0.2

0.1

25.6

0.2

1.2

1.4

2.8

0.1

0.16

0.2

0.1

31.4

3.2

1.9

0.06

0.47

0.04

0.01

5.16

5.15

33.32

3.76

4.69

0.35

0.17

0.03

0.16

9.6

18.7

5.36

13.1

2.0

0.99

0.2

1.47

0.44

Diet Survey

| State | COORG | | | DELHI | | |
|--|-------------------------------|--|--|---|---|-------------------------------------|
| District | Coorg | | | Najafgarh | | |
| Locality | Igodulu | Marcara Town | Kadagadul | Najafgarh | | |
| Survey No | 1 | 2 | 3 | 1 | 2 | 3 |
| Urban or Rural No. of families No. of persons No. of days of survey | Rural 18 15 March 42 | Semi Urban 26 15 October, 42 | Rural 25 15 December 41 | Rural 25 85 6 December | Semi-urban 10 45 14 January | Rural 14 82 10 February |
| Season | Low economic status | Poor agriculturist class of low economic status | Labourers engaged on road making on 4 to 8 annas per day | Small tradesmen earning Rs. 8 to 30 per month | Cultivators living on their own land | |

FOODSTUFF Oza. per consumption unit per day

| | 23.3 | 21.5 | 22.0 | 26.5 | 10.9 | 2.5 |
|------------------------|------|------|------|------|------|------|
| Rice | 0.1 | 0.2 | 0.7 | 2.1 | 5.8 | 18.2 |
| Wheat | 0.7 | 1.0 | 0.8 | 8.4 | 2.8 | 2.5 |
| Millet | 0.5 | 0.2 | 0.4 | 2.4 | 4.2 | 2.6 |
| Other cereals | 3.8 | 5.2 | 5.1 | 0.5 | 2.0 | 1.5 |
| Pulses | 0.5 | 0.4 | 0.3 | .. | 3.0 | 0.5 |
| Leafy vegetables | 2.0 | .. | 1.3 | .. | 0.3 | 0.5 |
| Non-leafy vegetables | 0.2 | 1.6 | 1.2 | .. | 5.7 | 13.9 |
| Fruits | 0.9 | 1.9 | 0.9 | 1.5 | 1.5 | 0.4 |
| Ghee and vegetable oil | .. | .. | .. | .. | .. | .. |
| Milk and milk products | .. | .. | .. | .. | .. | .. |
| Meat, fish, eggs | .. | .. | .. | .. | .. | .. |
| Sugar & jaggery | .. | .. | .. | .. | .. | .. |
| Condiments | .. | .. | .. | .. | .. | .. |

| West Survey | | | | | | | | | | | | | |
|-----------------------|--|--------------|--|--------------|--|--------------|--|--------------|--|-------|--|---------------|--|
| PUNJAB | | | | | | | | | | | | | |
| State | | Farmhouse | | | | | | | | | | | |
| District | | PUNJAB | | | | | | | | | | | |
| Locality | | Farmhouse | | | | | | | | | | | |
| Survey No. | | Farmhouse | | | | | | | | | | | |
| Urban or Rural | | Farmhouse | | | | | | | | | | | |
| No. of families | | Farmhouse | | | | | | | | | | | |
| No. of persons | | Farmhouse | | | | | | | | | | | |
| No. of days of survey | | Farmhouse | | | | | | | | | | | |
| Season | | Farmhouse | | | | | | | | | | | |
| Economic status etc. | | Farmhouse | | | | | | | | | | | |
| | | 1 | | 2 | | 3 | | Lama | | Thal | | Kangra Valley | |
| | | Rural | | Urban | | Urban | | Urban | | Rural | | Lama | |
| | | 16 | | 19 | | 8 | | 8 | | 5 | | 7 | |
| | | 710 | | 710 | | 245 | | 710 | | 19 | | 8 | |
| | | 710 | | 710 | | 710 | | 710 | | 28 | | 9 | |
| | | Middle class | | Middle class | | Middle class | | Middle class | | Rural | | Rural | |
| | | Hindus | | Hindus | | Hindus | | Hindus | | Rural | | Rural | |
| | | 710 | | 710 | | 710 | | 710 | | 28 | | 15 | |
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| | | 710 | | 710 | | 710 | | 710 | | 28 | | 15 | |
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| | | 710 | | 710 | | 710 | | 710 | | 28 | | 15 | |
| | | 710 | | 710 | | 710 | | 710 | | 28 | | 15 | |
| | | 710 | | 710 | | 710 | | 710 | | 28 | | 15 | |
| | | 710 | | | | | | | | | | | |

Diet Survey

PUNJAB

| State | PUNJAB | | | | |
|-----------------------|---------------------|--------------------|-------------------|---------------------------|-----------------------------------|
| District | Ferozepore | Lahna | | | Rohatak |
| Locality | | | | Gandhi Refugee Camp | Bahau Akbarpur |
| Survey No. | 11 | 12 | 13 | 14 | 15 |
| | | | | | 16 |
| Urban or Rural | Urban | Rural | Rural | Rural | Rural |
| No. of families | 8 | 19 | 13 | 30 | 30 |
| No. of persons | 7 10 | 24 | 28 | 136 | 139 |
| No. of days of survey | | | | 10 | 10 |
| Season | Apr. & May | Autumn '38 | Spring '38 | April 1948 | September, 1948 |
| Economic status etc. | Middle Class Sikhs. | Small cultivators. | Small cultivators | Refugees from West Punjab | 15 refugees. 15 static population |

FOODSTUFF OZs. per consumption unit per day

| | 14-7 | 14-0 | 10-5 (maize) | 8-9 (maize) | 0-4 | |
|------------------------|------|------|--------------|-------------|------|-------|
| Rice | 3-0 | 3-3 | 1-8 | 1-9 | 21-0 | " |
| Wheat | | | 0-4 | 0-4 | " | " |
| Millets | | | 1-6 | 1-6 | 3-3 | 18-6 |
| Other cereals | | | 1-1 | 1-1 | 0-04 | 15-0 |
| Pulses | | | | | 3-9 | 3-14 |
| Leafy vegetables | | | | | 4-68 | 0-24 |
| Other vegetables | | | | | 0-14 | 1-72 |
| Fruits | | | | | 1-42 | |
| Ghee | | | | | 2-5 | |
| Vegetable oil | | | | | 1-5 | |
| Milk and milk products | | | | | 2-5 | 38-36 |
| Meat, fish, eggs, | | | | | 0-54 | |
| Sugar and Jaggery | | | | | " | " |
| Condiments | | | | | " | " |

Diet Survey

MADRAS

| District | Kurnool | | | | | | | |
|-----------------------|------------------------|-------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| Locality | Gargaspuram | Pattikonda | Yarragooda palam | Betham- Cherala | Midarthur | Maddikara | Markapur | Nandikotkur |
| Survey No. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Urban or Rural | | | | | | | | |
| No. of families | 21 | 22 | 23 | 15 | 16 | 16 | 15 | 18 |
| No. of persons | " | " | " | " | " | " | " | " |
| No. of days of survey | " | " | " | " | " | " | " | " |
| Season | Sep. 45 | Oct. 45 | Oct. 45 | Nov 46 | Aug. 46 | Dec. 46 | Jan. 47 | March 47 |
| Economic status etc. | Income Rs. 76/ p.m. | Income Rs. 148/ p.m. | Income Rs. 60/ p.m. | Income Rs. 35/ p.m. | Income Rs. 31/ p.m. | Income Rs. 54/ p.m. | Income Rs. 31/ p.m. | Income Rs. 39/ p.m. |

FOODSTUFF Oza. per consumption unit per day

| Rice | 3 48 | 13-18 | 9-05 | 2-60 | 1-91 | 3-40 | 6-66 | 4-60 | | |
|------------------------|-------|-------|-------|-------|-------|-------|------|-------|--|--|
| Wheat | 0-07 | 0-39 | | 0-50 | " | 0-14 | " | 0-10 | | |
| Millers | | | | | | | | | | |
| Other cereals | 20-22 | 8-96 | 16-01 | 16-90 | 18-81 | 16-80 | 6-26 | 22-40 | | |
| Pulses | 2-62 | 2-23 | 1-45 | 0-90 | 1-00 | 1-60 | 0-54 | 0-44 | | |
| Leafy vegetables | 0-59 | 0-28 | 0-90 | 0-70 | 0-60 | 0-20 | 0-64 | 0-02 | | |
| Other vegetables | 1-50 | 2-70 | 0-97 | 1-04 | 0-38 | 2-05 | 0-81 | 0-83 | | |
| Fruits | | | | | | | | | | |
| Ghee and vegetable oil | 0-60 | 0-95 | 0-50 | 0-20 | 0-20 | 0-30 | 0-03 | 0-02 | | |
| Milk and milk products | 3-56 | 5-41 | 9-12 | 3-70 | 0-04 | 2-81 | | | | |
| Meat, fish, eggs | 0-45 | 0-46 | 0-10 | 0-60 | 0-007 | 0-50 | 0-49 | 1-62 | | |
| Sugar & Jaggery | 10-26 | 0-50 | 0-10 | 0-30 | | 0-32 | | | | |
| Condiments | 1-65 | 2-87 | 4-06 | 2-43 | 0-99 | 2-39 | 1-12 | 1-24 | | |

State Diet Survey

MADRAS

Locality Nandankur Dhone Pattikonda Krihanagiri Peralali

Survey No.

Urban or Rural
No. of families
No. of persons
No. of days of survey

Season

Economic status etc.

FOODSTUFF Oza. per consumption unit per day

Rice
Wheat
Millets
Other cereals
Pulses
Leafy vegetables
Other vegetables
Fruits
Ghee and vegetable oil
Milk and milk products
Meat, fish, eggs
Sugar and Jaggery
Condiments

* Negligible

1471
" 5 59
" 1271
432 246
170 023
013 033
097
020
222
073
019
117

3 70
" 13 60
0 30
0 50
" 0 37
0 15
0 75

2 61
10 66
0 33
0 07
0 70
" 0 55
0 78

2 34
12 88
0 83
0 62
0 50
" 0 11
1 07
0 95

11 74
" 2 77
2 77
1 70
" 0 30
4 10
0 57

6 33
" 5 76
1 15
0 18
0 38
" 0 14
0 29
1 36

17 40
0 10
0 02
0 40
0 53
0 51

Diet Survey

MADRAS

| State | Kurnool | | | | | | |
|-----------------------|----------------------|--------------|---------------|--------------|--------------|--------------|----------------|
| District | Chinglpet | | | | | | |
| Locality | Paspall | Panyam | Nestidicherla | Tulgi | Kotikunda | Poonasallie | Sripetumbachur |
| Survey No. | 17 | 18 | 19 | 20 | 21 | 22 | 24 |
| Urban or Rural | ... | 12 | 9 | 13 | 15 | 28 | 14 |
| No. of families | .. | .. | .. | .. | .. | .. | .. |
| No. of persons | .. | .. | .. | .. | .. | .. | .. |
| No. of days of survey | .. | .. | .. | .. | .. | .. | .. |
| Season | August 47 | September 47 | September 47 | September 47 | September 47 | December 45 | October 46 |
| Economic status etc. | Poor boys boetals | Ra. 40/ p.m. | Ra. 47/ p.m. | Ra. 45/ p.m. | Ra. 49/ p.m. | Ra. 65/ p.m. | Ra. 31/ p.m. |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | |
|------------------------|-------|-------|-------|-------|-------|-------|-------|------|
| Rice | 0.57 | ... | 1.62 | .. | .. | 14.77 | 18.20 | 7.80 |
| Wheat | 0.13 | ... | .. | .. | .. | 0.83 | 0.31 | 0.50 |
| Millet | 18.21 | 18.80 | 11.56 | 14.35 | 21.10 | 0.33 | .. | 0.80 |
| Other cereals | 1.08 | 0.38 | 11.23 | 0.63 | 0.24 | 1.06 | 1.12 | 0.32 |
| Pulses | 1.09 | 0.42 | 1.02 | 0.68 | 0.68 | 0.14 | 0.39 | 0.60 |
| Leafy vegetables | .. | .. | 0.88 | 0.34 | 0.44 | 2.36 | 3.10 | 1.00 |
| Other vegetables | .. | .. | .. | .. | .. | .. | .. | .. |
| Fruits | .. | .. | .. | .. | .. | .. | .. | .. |
| Ghee and vegetable oil | .. | .. | 0.70 | 0.20 | 11.63 | 0.50 | 0.70 | 0.20 |
| Milk and milk products | 8.90 | 16.26 | 5.72 | .. | 0.17 | 1.78 | 3.93 | 0.23 |
| Meat, fish, eggs | .. | .. | .. | .. | .. | 1.11 | 1.03 | 0.10 |
| Sugar and Jaggery | 0.36 | 0.48 | .. | .. | .. | 0.40 | 0.31 | 0.03 |
| Condiments | 1.28 | 0.70 | 0.78 | 0.89 | 0.43 | 1.65 | 2.10 | 1.00 |

Negligible

Diet Survey

State

MADRAS

District

Chingleput

Locality

Trivellore

Survey No.

25

Urban or Rural
No. of families
No. of persons
No. of days of survey

13
"
October 46
R. 46/ p.m.

Season

October 46
R. 46/ p.m.

Economic status etc.

Nov 46
R. 29/ p.m.

Time

June 47
R. 46/ p.m.

Time

June 47
R. 37/ p.m.

Time

June 47
R. 66/ p.m.

Time

March 47
R. 44/ p.m.

Time

August 47
R. 39 p.m.

Time

August 47
R. 76/ p.m.

Foodstuff

11.09

Foodstuff

11.09

Foodstuff

11.09

Foodstuff

11.09

Foodstuff

11.09

FOODSTUFF Oza. per consumption unit per day

Rice
Wheat
Millets
Other cereals
Pulses
Leafy vegetables
Other vegetables
Fruits
Ghee and vegetable oil
Milk and milk products
Meat, fish, eggs
Sugar and jellery
Condiments

10.70
1.00
1.10
0.55
0.20
0.20
0.30
0.10
0.10
0.05
0.70
0.36
1.60

7.40
0.20
1.10
0.30
0.30
0.50
0.10
0.10
0.05
0.10
0.10
0.58

11.70
"
0.40
0.50
1.20
0.20
1.41
0.60

13.55
"
0.32
0.65
0.94
0.20
1.41
0.60

11.59
"
0.41
0.09
1.23
0.20
0.05
0.42
1.01

16.17
"
0.60
0.14
0.10
0.26
0.33
0.69

10.90
"
0.30
0.04
0.10
"
0.20
0.45

11.09
"
"
0.11
0.14
"
0.15
0.58

Negligible

| District | Chingleput | | | | Colombatore | | | |
|-----------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|------------------------------------|------------------------------------|------------------------------------|
| | Karunkuzhi | Munjur | Ettrimadi | Singanallur | Pollachi | | | |
| Survey No. | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 |
| Urban or Rural | | | | | | | | |
| No. of families | 14 | 12 | 56 | 18 | 18 | 16 | 16 | 16 |
| No. of persons | | | | | | | | |
| No. of days of survey | | | | | | | | |
| Season | Oct 47 | Nov 47 | Feb. 48 | Feb 48 | F b. 48 | | July 1947 | |
| Economic status etc | Harijans Rs. 49/ p.m. | Harijans Rs. 49/ p.m. | Harijans Rs. 59/ p.m. | Harijans Rs. 47/ p.m. | Harijans Rs. 70/ p.m. | Police lines Rs. 69/ p.m. | Police lines Rs. 57/ p.m. | Police lines Rs. 79/ p.m. |

FOODSTUFF Oza. per consumption unit per day

| | 11 10 | 9 71 | 19 30 | 21 50 | 19 10 | 8 14 | 10 28 | 10 05 |
|------------------------|-------|------|-------|-------|-------|------|-------|-------|
| Rice | | | | | | | | |
| Wheat | | | | | | | | |
| Millet | 5 50 | 7 29 | 7 20 | 0 50 | 2 10 | 0 48 | 0 69 | 0 27 |
| Other cereals | 0 10 | 0 30 | 0 30 | 1 34 | 1 30 | 0 71 | 0 88 | 0 78 |
| Pulses | 1 10 | | 1 50 | | | 0 27 | 0 63 | 0 72 |
| Leafy vegetables | 0 14 | 0 66 | | 4 10 | 3 90 | 1 80 | 2 42 | 1 68 |
| Other vegetables | | | | | | | | |
| Fruits | | | | | | | | |
| Ghee and vegetable oil | | 0 20 | 0 60 | 0 70 | 0 40 | 0 50 | 0 50 | 0 60 |
| Milk and milk products | | | 3 30 | 3 50 | 6 10 | 6 57 | 5 43 | 4 20 |
| Meat, fish, eggs | 0 15 | 0 35 | | | 0 19 | 0 30 | 0 10 | 0 20 |
| Sugar and Jaggery | | | | | | 0 93 | 1 16 | 0 93 |
| Condiments | 0 66 | 0 89 | | | | 0 49 | 0 64 | 0 71 |

| District | Chittrone | | | Bellary | | | | |
|-----------------------|----------------------------|----------------------------|----------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Locality | Vayalpad | Puttur | Naguri | Kadathani | Alur | Adoni | Rayadurg | Hadagalli |
| Survey No. | 49 | 50 | 51 | 52 | 53 | 54 | 55 | 56 |
| Urban or Rural | 16 | 13 | 14 | 22 | 21 | 16 | 14 | 13 |
| No. of families | .. | .. | .. | .. | .. | .. | .. | .. |
| No. of persons | .. | .. | .. | .. | .. | .. | .. | .. |
| No. of days of survey | May 47 | Oct. 47 | Dec. 47 | Sep. 45 | Oct. 45 | June 46 | Sep. 46 | Dec. 46 |
| Season | May 47 | Oct. 47 | Dec. 47 | Sep. 45 | Oct. 45 | June 46 | Sep. 46 | Dec. 46 |
| Economic status etc. | Harjana Rs. 61/ p.m. | Harjana Rs. 42/ p.m. | Harjana Rs. 31/ p.m. | Rs. 28/ p.m. | Rs. 33/ p.m. | Rs. 55/ p.m. | Rs. 36/ p.m. | Rs. 32/ p.m. |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | |
|------------------------|-------|-------|------|-------|-------|-------|-------|-------|
| Rice | 18.45 | 3.00 | 9.03 | 1.24 | 3.96 | 3.35 | 2.90 | 0.80 |
| Wheat | .. | .. | .. | 0.11 | 0.22 | .. | 3.70 | 0.05 |
| Milletts | .. | 14.90 | 7.33 | 22.79 | 16.94 | 20.97 | 11.90 | 26.81 |
| Other cereals | .. | 0.20 | .. | 3.01 | 1.86 | 2.72 | 0.20 | 0.16 |
| Pulses | .. | 0.30 | .. | 0.21 | 0.11 | 0.73 | .. | .. |
| Leafy vegetables | 1.10 | 0.96 | 1.24 | 0.25 | 1.31 | 1.61 | 1.30 | .. |
| Other vegetables | .. | .. | .. | .. | .. | .. | .. | .. |
| Fruits | .. | .. | .. | .. | .. | .. | .. | .. |
| Ghee and vegetable oil | .. | 0.10 | .. | 0.30 | 0.40 | 0.23 | .. | .. |
| Milk and milk products | .. | 0.20 | 1.27 | 1.15 | 2.42 | 0.18 | .. | .. |
| Eggs | .. | .. | .. | .. | .. | 1.26 | 0.26 | 0.30 |
| Meat, fish, etc. | .. | .. | .. | .. | 0.69 | 0.99 | .. | .. |
| Bees and jaggery | 1.32 | 0.65 | 0.65 | 1.65 | 1.40 | .. | 2.40 | 1.30 |
| Condiments | .. | .. | .. | .. | .. | .. | .. | .. |

Negligible.

Diet Survey

[illegible]

MADRAS

State

Anantapur

District

| Locality | Anantapur M.T. | Hindapur | Kadiri | Madagara | Kalyandrug | Pennakonda | Ustavakonda | Anantapur M.T. |
|-----------------------|-------------------|-------------------|-----------------|-----------------|-----------------|-----------------|-------------|-------------------|
| Survey No | 65 | 66 | 67 | 68 | 69 | 70 | 71 | 72 |
| Urban or Rural | | | | | | | | |
| No. of families | 30 | ... | 15 | 12 | 15 | 14 | 15 | 18 |
| No. of persons | " | ... | " | ... | " | " | " | " |
| No. of days of survey | " | Feb. 45 | June 46 | July 46 | July 46 | Aug. 46 | Nov. 46 | Jan. 47 |
| Season | Feb. 45 | Boarding House | June 46 | July 46 | July 46 | Aug. 46 | Nov. 46 | Jan. 47 |
| Economic status etc. | ... | ... | Ra. 26/ p.m. | Ra. 30/ p.m. | Rs. 21/ p.m. | Ra. 27/ p.m. | " | Ra. 51/ p.m. |

FOODSTUFF Ova. per consumption unit per day

| | | | | | | | | |
|--------------------------|-------|-------|-------|-------|------|------|-------|-------|
| Rice | 15 10 | 7 30 | 3 61 | 11 48 | 9 90 | 4 30 | 0 80 | 10 05 |
| Wheat | 0 50 | 0 70 | " | 9 26 | 2 94 | 0 54 | 0 10 | 3 31 |
| Millet | " | " | " | " | " | " | " | " |
| Other cereals | 6 20 | 15 80 | 15 89 | 1 91 | 8 40 | 7 86 | 14 80 | 5 22 |
| Pulses | 2 00 | 1 50 | 0 66 | 1 46 | 1 01 | 0 34 | 0 14 | 0 20 |
| Leafy vegetables | " | " | " | " | " | " | " | " |
| Other vegetables | 1 70 | " | 0 65 | 0 34 | 2 57 | 0 81 | 0 20 | 0 85 |
| Fruits | " | " | " | " | " | " | " | " |
| Grease and vegetable oil | 0 30 | 1 00 | " | " | 0 20 | " | " | 0 10 |
| Milk and milk products | " | " | 1 72 | " | " | " | " | " |
| Meat, fish, eggs | 2 20 | 0 45 | 2 19 | 0 44 | " | 1 50 | 0 10 | 2 24 |
| Sugar and Jaggery | " | " | " | 0 13 | " | " | " | 0 16 |
| Condiments | " | " | 2 12 | 0 26 | 3 30 | 0 64 | 1 44 | 0 95 |

Negligible

Diet Survey

MADRAS

Anantapur

Locality

Survey No.

Urban or Rural

No. of families

No. of persons

No. of days of survey

Season

Economic status etc.

Yad Hi

Geety

Geety

Guntakal

Guntakal

Geety

Kalyandina

Janmala

Fuller's

Gold pp h

73

74

75

76

77

78

79

80

81

82

83

84

85

86

87

88

89

90

FOODSTUFF Oza. per consumption unit per day

Rice

Wheat

Millers

Other cereals

Pulses

Leafy vegetables

Other vegetables

Fruits

Ghee and vegetable oil

Milk and milk products

Meat, fish, eggs

Sugar and Jaggery

Condiments

Negligible

0.98

...

15.80

0.10

0.30

0.30

0.93

...

1.41

12.78

...

3.85

3.47

0.24

2.13

...

0.50

0.42

0.89

0.12

1.58

3.12

...

13.27

0.24

0.47

...

...

...

...

...

...

...

3.50

...

13.00

0.70

1.00

0.10

2.70

1.69

9.51

...

4.28

0.20

0.82

0.82

1.81

1.76

1.30

...

18.70

0.70

0.60

...

0.20

0.77

5.84

1.90

11.00

1.39

2.10

...

0.10

1.47

0.31

0.34

3.63

3.51

0.47

17.33

0.69

1.20

...

0.10

1.27

1.43

0.19

3.33

| State | District | Cuddalore | | | | Madurai | | |
|-----------------------|----------|------------------------------------|------------------------------------|-----------------------------|-----------------|--|------------------------------------|---|
| | | Kodur | Rajampet | Badvel | Rajampet | Cumbum | Cumbum | Madurai Town |
| Survey No. | | 81 | 82 | 83 | 84 | 85 | 86 | 88 |
| Urban or Rural | | | | | | | | |
| No. of families | | 13 | 15 | 11 | 14 | 15 | 14 | 14 |
| No. of persons | | " | " | " | " | " | " | " |
| No. of days of survey | | " | " | " | " | " | " | " |
| Season | | Oct. 46 | Nov 46 | Sep 47 | Dec 47 | Oct. 46 | Oct. 46 | Apr. 47 |
| Economic status etc. | | Mixed Community Ra. 39/ p.m. | Mixed Community Ra. 32/ p.m. | Hartians Ra. 51/ p.m. | Ra. 41/ p.m. | Hindu Non Brahmins Ra. 26/ p.m. | Non Brahmins Ra. 33/ p.m. | Muslims Ra. 25/ Police Lines Ra. 67/ p.m. |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | |
|------------------------|-------|-------|------|-------|-------|-------|------|-------|
| Rice | 1.70 | 3.11 | 3.90 | 0.88 | 11.90 | 13.00 | 6.60 | 16.41 |
| Wheat | " | 0.33 | " | " | 1.90 | 2.10 | 2.30 | 0.10 |
| Millers | | | | | | | | |
| Other cereals | 17.40 | 13.03 | 7.82 | 14.72 | 3.20 | 2.20 | 2.70 | 0.97 |
| Pulses | 0.40 | 0.16 | 0.10 | 0.10 | 0.46 | 0.16 | 0.50 | 1.48 |
| Leafy vegetables | 0.40 | 0.18 | 0.10 | 0.34 | 0.70 | 1.60 | 0.70 | 0.70 |
| Other vegetables | 0.80 | 0.90 | 0.15 | 0.61 | 0.50 | 0.30 | 1.00 | 3.67 |
| Fruits | | | | | | | | |
| Ghee and vegetable oil | 1.50 | 0.50 | 0.20 | 0.20 | 0.20 | 0.10 | 0.10 | 0.34 |
| Milk and milk products | 1.23 | | | 0.10 | | | | 4.41 |
| Meat, fish, eggs | " | 0.48 | " | 0.15 | " | " | 0.10 | 0.47 |
| Sugar and Jaggery | " | 0.06 | " | " | " | " | " | 0.60 |
| Condiments | 1.26 | 1.49 | 0.86 | 1.00 | " | " | " | 0.75 |

* Negligible

MADRAS

| State | Tinnevely | | | | | | | | | |
|-----------------------|-------------------------|--------------------------|------------------------------|------------------------------|------------------------------|--------------------------|--------------------------|------------------------------|-------------|--|
| District | Kalpatti | | | | | Thuchendur | | | | |
| Locality | Sivaganga | | | | | | | | | |
| Survey No. | 97 | 98 | 99 | 100 | 101 | 102 | 103 | 104 | P at Kortad | |
| Urban or Rural | | | | | | | | | | |
| No. of families | 15 | 15 | 15 | 15 | 15 | 15 | 14 | 16 | | |
| No. of persons | .. | .. | .. | .. | .. | .. | .. | .. | | |
| No. of days of survey | .. | .. | .. | .. | .. | .. | .. | .. | | |
| Season | Sep. 47 | June 47 | June 47 | June 47 | October 47 | October 47 | October 47 | June 47 | | |
| Economic status etc. | Harijans Rs 50/ p.m. | Harijans Rs. 60/ p.m. | Non-Brahmins Rs. 71/ p.m. | Non-Brahmins Rs. 80/ p.m. | Non-Brahmins Rs. 39/ p.m. | Harijans Rs. 44/ p.m. | Harijans Rs. 44/ p.m. | Non-Brahmins Rs. 46/ p.m. | | |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | |
|------------------------|-------|-------|-------|-------|-------|------|-------|-------|
| Rice | 12.88 | 14.35 | 14.70 | 15.48 | 10.00 | 8.44 | 12.46 | 16.73 |
| Wheat | .. | .. | .. | .. | .. | .. | .. | .. |
| Millers | .. | .. | .. | .. | .. | .. | .. | .. |
| Other cereals | 0.12 | 0.48 | 0.93 | 0.56 | 0.11 | .. | .. | 0.10 |
| Pulses | 0.74 | 0.72 | 0.13 | 1.20 | 0.10 | .. | 0.12 | 0.10 |
| Leafy vegetables | 1.10 | 0.26 | 2.02 | 1.06 | 0.10 | .. | .. | .. |
| Other vegetables | .. | 2.00 | .. | 2.50 | 0.52 | 0.16 | 0.70 | 1.80 |
| Fruits | 0.13 | 0.24 | 0.40 | 0.54 | 0.10 | .. | .. | .. |
| Ghee and vegetable oil | .. | 1.10 | 1.19 | 2.81 | .. | .. | .. | 0.20 |
| Milk and milk products | 0.79 | 0.23 | 0.29 | 0.12 | 0.21 | 0.19 | 0.48 | 2.67 |
| Meat, fish, eggs | .. | 0.28 | 0.60 | 0.65 | .. | .. | 0.13 | 0.39 |
| upar and Jaggery | 1.66 | 0.45 | 0.63 | 0.72 | 0.40 | 0.17 | 0.59 | 0.11 |
| diarrhoea | .. | .. | .. | .. | .. | .. | .. | 0.66 |

Diet Survey

MADRAS

State

District

Tanjore

Salem

Locality

Tiruvadanamudur

Onalur

Kochamet
rupetdi

Survey No.

105

106

107

108

109

110

111

112

Urban or Rural
No. of families
No. of persons
No. of days of survey

15

14

16

14

13

15

15

13

Season

June 47

June 47

October 47

October 47

October 47

July 47

July 47

July 47

Economic status etc.

Mixed
Community
Rs. 48/ p.m.

Mixed
Community
Rs. 56/ p.m.

Christian
Rs. 46/ p.m.

Non Brahmins
Rs. 55/ p.m.

Non Brahmins
Rs. 130/ p.m.

Muslims
Rs. 55/ p.m.

Non Brahmins
Rs. 57/ p.m.

Harjians
Rs. 23/ p.m.

FOODSTUFF OZs. per consumption unit per day

| | | | | | | | | |
|-------------------------|-------|-------|------|-------|-------|-------|-------|------|
| Rice | 12-90 | 14 19 | 8 77 | 11 35 | 17 76 | 10-95 | 11 78 | 2-37 |
| Wheat | | | | | | 0 80 | | |
| Millers | | | | | | | | |
| Other cereals | 0-35 | 0-31 | | | | 0-05 | 1-91 | 1-86 |
| Pulses | 0-76 | 0-14 | | 0-31 | 0-39 | 0-19 | 1-76 | 0-19 |
| Leafy vegetables | 1-45 | 1-05 | | 0-80 | 0-29 | | 0-51 | 0-29 |
| Other vegetables | | | | 2-59 | 3 72 | 1 22 | 1 26 | 0-86 |
| Fruits | 0-30 | | | | | | | |
| Grass and vegetable oil | 1-61 | | 0-10 | 0-30 | 0-40 | 0-20 | 0-70 | 0-10 |
| Milk and milk products | 0-87 | 0-11 | | 0-49 | 4-92 | 2-52 | 5 78 | 1-08 |
| Meat, fish, eggs | 0-17 | 2-60 | 0-27 | 0-10 | 0-23 | 0-16 | 0-59 | 0-16 |
| Sugar & jaggery | 0-70 | | | | | 0-16 | 0-81 | 0-16 |
| Condiments | | 0-85 | 0-40 | 0-83 | 1 18 | 0-12 | 1 13 | 0-30 |

* Negligible

MADRAS

| State | Nellore | | | | | Trichirappalli |
|-----------------------|-----------------------------|---------------------------|---------------------------|-----------------------------|---|---------------------------|
| District | Udayagiri | Kandigiri | Solutpet | Kanamalai | | Andanallur |
| Locality | | | | | | |
| Survey No. | 113 | 114 | 115 | 116 | 117 | 118 |
| Urban or Rural | | | | | | |
| No. of families | 15 | 12 | 12 | 13 | 10 | 11 |
| No. of persons | --- | --- | --- | --- | --- | --- |
| No. of days of survey | --- | --- | --- | --- | --- | --- |
| Season | Sep. 47 | Sep. 47 | Sep. 47 | Nov 47 | Sep. 46 | Oct. 46 |
| Economic status etc. | Hardians Rs. 44/ p.m. | Yanadi Rs. 37/ p.m. | Yanadi Rs. 43/ p.m. | Hardians Rs. 45/ p.m. | Muslims Orphanage Rs. 24/ p.m. | Brachm Rs. 26/ p.m. |
| | | | | | | Pallar Rs. 40/ p.m. |

FOODSTUFF Oms. per consumption unit per day

| | | | | | | | |
|------------------------|-------|-------|-------|-------|-------|-------|-------|
| Rice | 4.00 | 0.21 | 17.84 | 11.50 | 14.93 | 12.20 | 34.20 |
| Wheat | --- | --- | --- | --- | 1.01 | 0.50 | --- |
| Millers | 12.70 | 16.71 | --- | 4.10 | --- | --- | --- |
| Other cereals | --- | --- | 0.15 | --- | 1.00 | 1.85 | 0.55 |
| Pulses | 0.70 | 1.35 | 1.18 | 0.34 | 1.87 | 4.00 | 2.10 |
| Leafy vegetables | --- | 0.21 | 0.45 | --- | 4.60 | --- | 2.10 |
| Other vegetables | --- | --- | --- | --- | --- | --- | --- |
| Fruits | --- | --- | 0.20 | --- | 0.20 | 2.00 | 0.23 |
| Glue and vegetable oil | --- | --- | --- | --- | --- | 10.00 | --- |
| Milk and milk products | 0.58 | 1.57 | 2.45 | 0.51 | --- | 1.30 | 0.54 |
| Meat, fish, eggs | --- | --- | --- | --- | --- | --- | --- |
| Sugar and Jaggery | 0.41 | 0.34 | 0.93 | 0.44 | 0.50 | 1.30 | 1.70 |
| Condiments | --- | --- | --- | --- | --- | --- | --- |

Negligible

Diet Survey

MADRAS

Tiruchtrappalli

Survey No.

Sivalur

Mannapatal

Mannapatal

Pothamettupatti

Theravankuricki

Urban or Rural
No. of families
No. of persons
No. of days of survey

Season

Economic status etc.

13

| | Brahmins Rs. 38/ p.m. | | Vellalas Rs. 43/ p.m. | | Adi Dravida Christians Rs. 45/ p.m. | | Non- Brahmins Rs. 56/ p.m. | | Christians | | Non- Brahmins Rs. 82/ p.m. | | Muslims Rs. 65/ p.m. | | Pallar Rs. 35/ p.m. | |
|------------------------|-----------------------------|------|-----------------------------|------|--|------|-------------------------------------|------|------------|------|-------------------------------------|------|----------------------------|------|---------------------------|------|
| | 121 | 122 | 123 | 124 | 125 | 126 | 127 | 128 | 129 | 130 | 131 | 132 | 133 | 134 | 135 | 136 |
| Rice | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 | 8-70 |
| Wheat | 0-27 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 | 0-40 |
| Millet | 2-34 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 | 1-30 |
| Other cereals | 1-40 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 | 0-70 |
| Pulses | 0-30 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 | 1-50 |
| Leafy vegetables | 1-20 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 | 0-50 |
| Other vegetables | 6-30 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 | 1-00 |
| Fruits | 0-50 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 | 0-11 |
| Ghee and vegetable oil | 1-62 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 | 0-30 |
| Milk and milk products | | | | | | | | | | | | | | | | |
| Meat, fish, eggs | | | | | | | | | | | | | | | | |
| Sugar and jaggery | | | | | | | | | | | | | | | | |
| Condiments | | | | | | | | | | | | | | | | |
| • Negligible | | | | | | | | | | | | | | | | |

• Negligible

Diet Survey

MADRAS

Trochirappalli

| State | MADRAS | | | | Trochirappalli | | | |
|-----------------------|------------------------|-----------------------------|--------------------------------------|------------------------|--|------------------------|------------------------------------|--|
| District | | | | | | | | |
| Locality | Tiruvannur | | | | Aravakurichi | | | |
| Survey No. | 129 | 130 | 131 | 132 | 133 | 134 | 135 | |
| Urban or Rural | | | | | | | | |
| No. of families | 16 | 15 | 14 | 14 | 15 | 15 | 15 | |
| No. of persons | ... | ... | ... | ... | ... | ... | ... | |
| No. of days of survey | | | | | | | | |
| Season | Jan. 47 | Jan. 47 | Jan. 47 | Jan. 47 | Jan. 47 | Feb. 47 | Jan. 47 | |
| Economic status etc. | Muslims R. 96/ p.m. | Non-Brahmins R. 34/ p.m. | Indian Christians. R. 55/ p.m. | Muslims R. 59/ p.m. | Hindus Non Brahmins R. 48/ p.m. | Muslims R. 61/ p.m. | Indian Christian R. 53/ p.m. | |

FOODSTUFF Ora. per consumption unit per day

| | 20-00 | 20-25 | 20-96 | 12-50 | 8-30 | 14-80 | 4-50 |
|------------------------|-------|-------|-------|-------|------|-------|-------|
| Rice | 0-10 | ... | ... | 2-60 | 1-80 | 0-80 | 10-40 |
| Wheat | | | | | | | |
| Millers | | | | | | | |
| Other cereals | | | 0-48 | 0-14 | 3-48 | 0-63 | 11-70 |
| Pulses | 0-82 | 0-95 | 0-34 | 0-86 | 0-67 | 1-05 | 0-72 |
| Leafy vegetables | 0-13 | 0-12 | 0-18 | | 0-06 | | 0-45 |
| Other vegetables | 3-56 | 3-02 | 0-95 | 2-11 | 2-97 | 2-45 | 3-23 |
| Fruits | | | | | | | |
| Ghee and vegetable oil | 0-30 | 0-30 | 0-14 | 0-20 | 0-50 | 0-30 | 0-30 |
| Milk and milk products | 4-05 | 2-76 | 0-19 | 4-00 | 1-10 | 2-75 | |
| Meat, fish, eggs | 1-06 | 0-56 | 2-41 | 0-50 | 0-06 | 0-20 | 1-06 |
| Sugar and jelly | 0-11 | 0-10 | 1-65 | 0-43 | 0-10 | 0-56 | |
| Condiments | 0-77 | 0-82 | | 0-48 | 0-54 | 0-81 | 1-17 |

Diet Survey

MADRAS

Thiruchirappalli

| Thiruchirappalli | | | | | | | | | |
|--|-----------------------------|-----------------------------|--------------------------------|----------------------------|-------------------------------------|----------------------------------|-------------------------|---------------------------------|--|
| Locality | Chinna dasapuram | Kuppambipalayam | | | | Paramathi | | Vel' anal | |
| Survey No. | 137 | 138 | 139 | 140 | 141 | 142 | 143 | 144 | |
| Urban or Rural No. of families No. of persons No. of days of survey | 13 | 15 | 14 | 14 | 15 | 14 | 16 | 15 | |
| | | .. | .. | .. | .. | .. | .. | .. | |
| | | .. | .. | .. | .. | .. | .. | .. | |
| Season | February 1947 | | | | March 1947 | | | | |
| Economic status etc. | Pallars Rs. 48/- p.m. | Mudalims Rs. 71/ p.m. | Non Brahmins Rs. 38 p.m. | Dravidas Rs. 41 p.m. | Non- Brahmins Rs. 71/ p.m. | Non- Brahmins Rs. 37, p.m. | Dravidas Rs. 38 p.m. | Non Brahmins Rs. 33/ p.m. | |

FOODSTUFF OZs. per consumption unit per day

| | 16-90 | 17-39 | 17-70 | 8-50 | 7-49 | 8-50 | 6-86 | 10-67 |
|-------------------------|-------|-------|-------|------|-------|-------|-------|-------|
| Rice | 0-13 | 0-45 | 0-51 | 0-09 | .. | .. | .. | 0-03 |
| Wheat | 2-18 | 0-63 | 0-33 | 7-21 | 16-48 | 15-05 | 16-67 | 8-92 |
| Millet | 0-06 | 0-92 | 1-41 | 1-80 | 1-66 | 1-70 | 0-61 | 0-74 |
| Other cereals | 5-45 | 2-58 | 2-94 | 1-31 | 2-34 | 3-43 | 4-09 | 0-52 |
| Pulses | 0-20 | 0-40 | 0-50 | .. | 0-30 | 0-44 | 0-20 | 0-4 |
| Leafy vegetables | 0-03 | 2-44 | 5-09 | 0-10 | 5-05 | 0-34 | 0-30 | 1-81 |
| Other vegetables | 1-66 | 0-28 | 0-21 | 1-49 | 0-76 | 0-05 | 0-30 | 0-87 |
| Fruits | .. | 0-44 | 0-40 | 0-61 | 0-78 | 0-29 | .. | .. |
| Chase and vegetable oil | .. | 0-81 | 1-38 | .. | .. | 0-92 | 0-87 | .. |
| Milk and milk products | .. | .. | .. | .. | .. | .. | .. | .. |
| Eggs | .. | .. | .. | .. | .. | .. | .. | .. |
| Meat, fish, etc. | .. | .. | .. | .. | .. | .. | .. | .. |
| Sugar and Jaffery | .. | .. | .. | .. | .. | .. | .. | .. |
| Condiments | .. | .. | .. | .. | .. | .. | .. | .. |

Thru-hoppers

| Locality | Vellimal | | | Ramjeenagar | | | Dalmiapuram | | |
|-----------------------|-----------------------|---------------------------|--|---|---------------------------------------|--------------------------|---------------------------------------|---------------------------------------|--|
| Survey No. | 145 | 146 | | 147 | 148 | 149 | 150 | 151 | |
| Urban or Rural | | | | | | | | | |
| No. of families | 15 | 15 | | 15 | 15 | 15 | 14 | 15 | |
| No. of persons | | | | | | | | | |
| No. of days of survey | | | | | | | | | |
| Season | March, 1947 | | | April, 1947 | | | May 1947 | | |
| Economic status etc. | Hindu Non Brahmins | Pallat Ra. 39/ p.m. | | Hindus & Christians Ra. 65/ p.m. | Mixed Community Ra. 91/ p.m. | Hindu Ra. 71/ p.m. | Mixed Community Ra. 42/ p.m. | Mixed Community Ra. 93/ p.m. | |
| | Ra. 37/- p.m. | | | | | | | | |

FOODSTUFF OZ. per consumption unit per day

| | 8-45 | 6-89 | 22.77 | 15-08 | 20-60 | 19-80 | 13-27 |
|------------------------|-------|-------|-------|-------|-------|-------|-------|
| Rice | 0-12 | " | " | 0-23 | " | 0-23 | 0 |
| Wheat | " | " | " | " | " | " | " |
| Millet | 12-77 | 10-20 | " | 2-04 | 2-26 | 1-56 | 0-84 |
| Other cereals | 1-21 | 1-07 | 1-64 | 0-29 | 0-19 | 0-34 | 1-29 |
| Pulses | " | 0-19 | 0-25 | 3-40 | 4-61 | 1-94 | 0-60 |
| Leafy vegetables | 2-39 | 0-18 | 2-81 | " | " | " | 3-20 |
| Other vegetables | " | " | " | " | " | " | " |
| Fruits | 0-50 | " | 0-50 | 1-60 | 1-14 | 0-54 | 1-30 |
| Ghee and vegetable oil | 5-62 | " | 3-53 | 11-54 | 8-47 | 4-55 | 10-53 |
| Milk and milk products | " | 0-17 | 0-55 | 0-38 | 1-48 | 0-51 | 0-57 |
| Meat, fish, eggs | 0-25 | " | 0-12 | 1-11 | 1-72 | 0-34 | 1-81 |
| Sugar & Jaggery | 1-00 | 0-40 | 1-25 | 1-19 | 1-65 | 0-78 | 0-48 |
| Condiments | " | " | " | " | " | " | " |

• Needs:

Diet Survey

MADRAS

| | | West Godavari | | North Arcot | |
|---|-------------|----------------|-------------|-------------|-----------------|
| Locality | | Tadapalligudem | | Arakonam | |
| Survey No. | | 153 | 154 | 155 | 156 |
| Urban or Rural | | | | | |
| No. of families | | 14 | 15 | 16 | 17 |
| No. of persons | | | | | |
| No. of days of survey | | | | | |
| Season | | | | | |
| Economic status etc. | | | | | |
| | December 47 | De 47 | Oct. 47 | Oct. 47 | Oct. 1917 |
| | Hanjans | Hanjans | Hanjans | Mulim | Mixed Community |
| | R. 48/ p.m. | R. 52 p.m. | R. 58/ p.m. | R. 53/ p.m. | R. 60/ p.m. |
| FOODSTUFF Oza. per consumption unit per day | | | | | |

| District | Chingleput | Tiruchirappalli | Nagris | Madras | Godavari | Godavari | Madras |
|-----------------------|-------------------------|---------------------|---------------------|--------------------------|----------|-----------|------------------------------------|
| Locality | | Mayanur | | Madras City | | | Saidapet |
| Survey No. | 158 | 159 | 160 | 161 | 162 | 163 | 164 |
| Urban or Rural | Rural | Rural | Rural | Urban | Rural | Rural | Urban |
| No. of families | 12 | 32 | 25 | 14 | 34 | 16 | 25 |
| No. of persons | 20 | 274 | 129 | 83 | 10 | 16 | 144 |
| No. of days of survey | 20 | 20 | 15-20 | 18-20 | 10 | 10 | 20 |
| Season | January | July Aug. 47 | February | June, 48 | January | September | July |
| Economic status etc. | Cultivators & labourers | Small cultid-vators | Small cultid-vators | Tea Plantation labourers | Poor Ag. | Poor Ag. | Weavers, Leprosy in 16/25 families |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | |
|------------------------|-----|-----|-----|-----|------|------|------|------|
| Rice | 15 | 10 | 14 | 18 | 14.2 | 21.5 | 21.9 | 15.5 |
| Wheat | 2 | 9 | 6 | 1.0 | 0.9 | 0.7 | 0.8 | 1.25 |
| Millet | 0.5 | 1.4 | 1.4 | 3.0 | 0.6 | 0.1 | 0.4 | 1.0 |
| Other cereals | 0.5 | 0.3 | 0.3 | 0.1 | 2.8 | 3.3 | 2.9 | 2.5 |
| Pulses | 0.9 | 1.5 | 3.4 | 0.4 | 0.1 | 0.1 | 0.1 | 0.1 |
| Leafy vegetables | 0.1 | 0.6 | 0.5 | 0.4 | 0.5 | 0.9 | 1.2 | 0.5 |
| Other vegetables | 0.1 | 0.1 | 0.2 | 0.1 | 1.1 | 0.4 | 0.1 | 0.5 |
| Fruits | 0.8 | 0.1 | 0.2 | 0.1 | 1.5 | 0.4 | 0.1 | 0.7 |
| Ghee | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 |
| Vegetable oils | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 |
| Milk and milk products | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 |
| Meat, fish, eggs | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 |
| Sugar and jaggery | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 | 0.1 |

ORISSA

Ganjam Agency & Khondamals

| State | Ganjam Agency & Khondamals | | | | | | |
|----------------------|--|-----------|-----------|----------|-----------|----------|---|
| District | Phulbani | Cochapada | Udayagiri | Baliguda | Kharupada | Phulbani | |
| Locality | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Survey No. | | | | | | | |
| Urban or Rural | Rural | | | | | | |
| No. of families | 72 in all | | | | | | |
| No. of persons | 309 in all | | | | | | |
| Season | November December 1947 & March, February 1948. | | | | | | |
| Economic status etc. | People residing in these areas are mostly aboriginals. Cultivation is their primary occupation. Forest products supplement the income. | | | | | | |
| Students | | | | | | | |

FOODSTUFF Oza. per consumption unit per day

| | 22-93 | 21-25 | 19-38 | 26-02 | 18-01 | 22-02 | 19-42 |
|-------------------------|-------|-------|-------|-------|-------|-------|-------|
| Rice | .. | .. | .. | .. | .. | .. | .. |
| Wheat | 0-46 | 0-07 | 0-82 | .. | 1-35 | 0-47 | .. |
| Millers | 0-47 | 0-25 | 0-55 | 0-36 | 0-50 | 0-23 | 2-33 |
| Other cereals | 2-11 | 3-76 | 2-29 | 2-68 | 2-66 | 1-94 | 0-16 |
| Pulses | 1-68 | 0-85 | 2-26 | 1-75 | 1-34 | 2-22 | 1-77 |
| Leafy vegetables | .. | .. | 0-04 | 0-02 | .. | .. | 0-10 |
| Other vegetables | .. | .. | .. | 0-13 | 0-07 | 0-07 | 0-01 |
| Fruits | 0-09 | 0-11 | 0-05 | .. | .. | .. | .. |
| Green and vegetable oil | .. | .. | .. | .. | .. | .. | .. |
| Milk and milk products | .. | .. | .. | .. | .. | .. | .. |
| Meat, fish, eggs | .. | .. | .. | .. | .. | .. | .. |
| Sugar and Jaffery | .. | .. | .. | .. | .. | .. | .. |
| Condiments | .. | .. | .. | .. | .. | .. | .. |

* Negligible.

ORISSA

| FOODSTUFF | OZ. per consumption unit per day |
|-----------|----------------------------------|
| ... | ... |

• Negligible

ORISSA

| District | Part | | | | | | | | | |
|-----------------------|--|-------|-------|-------|-------|------------|-------|--|--|--|
| Locality | | | | | | | | | | |
| Survey No. | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | |
| Urban or Rural | Semi Urban | Rural | Rural | Rural | Rural | Semi Urban | Rural | | | |
| No. of families | 10 | 10 | 10 | 10 | 10 | 10 | 10 | | | |
| No. of days of survey | 10 | 10 | 10 | 10 | 10 | 10 | 10 | | | |
| Season | May 40 to December 41 | | | | | | | | | |
| Economic status etc. | Monthly income per head of member between Rs. 2/8/ to Rs. 5/ | | | | | | | | | |
| | Monthly income per head of member below Rs. 2/8/ | | | | | | | | | |

FOODSTUFF Ors. per consumption unit per day

| Rice | 24-20 | 21-89 | 21-16 | 20-33 | 17-44 | 24-41 | 21-58 |
|------------------------|-------|-------|-------|-------|-------|-------|-------|
| Wheat | 0-03 | .. | .. | .. | .. | 0-04 | .. |
| Millet | .. | .. | .. | .. | .. | .. | .. |
| Other cereals | 2-91 | 2-76 | 1-11 | 0-24 | .. | .. | .. |
| Pulses | 1-63 | 0-90 | 0-99 | 1-23 | 0-73 | 1-24 | 0-97 |
| Leafy vegetables | 5-89 | 4-31 | 1-27 | 2-50 | 1-82 | 0-33 | 1-11 |
| Other vegetables | 0-74 | 0-90 | 2-98 | 2-55 | 1-48 | 6-37 | 2-42 |
| Fruits | 0-18 | .. | .. | 0-02 | 0-08 | .. | .. |
| Ghee | 0-42 | 0-41 | 0-11 | 0-10 | 0-05 | 0-20 | 0-18 |
| Milk and milk products | 2-25 | 0-96 | .. | 0-10 | 0-34 | 0-01 | .. |
| Meat, fish and eggs | 0-70 | 0-81 | 1-32 | 1-12 | 0-31 | 1-35 | 0-82 |
| Sugar and Jaggery | 0-29 | 0-13 | 0-80 | .. | 0-20 | .. | 0-03 |
| Condiments | .. | .. | .. | .. | .. | .. | .. |
| Other foods | .. | 0-90 | 0-13 | 0-19 | .. | .. | 0-05 |

Diet Survey

| ORISSA | | | | | | | | | |
|-----------------------|---|-------|------------|--|-------|-------|--|--|--|
| State | | | | | | | | | |
| District | Angul Sub-Division | | | | | | | | |
| Locality | | | | | | | | | |
| Survey No. | 31 | 32 | 33 | 34 | 35 | 36 | | | |
| Urban or Rural | Semi Urban | Rural | Semi Urban | Rural | Rural | Rural | | | |
| No. of families | 102 (for Survey Nos. 31 to 40) | | | | | | | | |
| No. of persons | 10 | 10 | 10 | 10 | 10 | 10 | | | |
| No. of days of survey | | | | | | | | | |
| Season | January 1942 to August 1942 | | | | | | | | |
| Economic status etc. | Monthly income per head of members above Rs. 5/ | | | Monthly income per head of members between Rs. 2/8 to Rs. 5/ | | | | | |

FOODSTUFF

| | Oz. per consumption unit per day | | | | | | | | | |
|------------------------|----------------------------------|-------|-------|-------|-------|-------|--|--|--|--|
| | 18-34 | 25-50 | 21-53 | 25-30 | 25-67 | 23-34 | | | | |
| Rice | 18-34 | 25-50 | 21-53 | 25-30 | 25-67 | 23-34 | | | | |
| Wheat | 112 | 112 | 112 | 112 | 112 | 112 | | | | |
| Millet | 0-28 (Ragd) | 0-28 | 0-28 | 0-28 | 0-28 | 0-28 | | | | |
| Other cereals | 3-75 | 3-16 | 1-89 | 1-83 | 2-01 | 1-59 | | | | |
| Pulses | 1-45 | 2-26 | 1-68 | 2-24 | 1-86 | 1-14 | | | | |
| Leafy vegetables | 10-85 | 7-07 | 6-61 | 5-35 | 2-64 | 1-94 | | | | |
| Other vegetables | 0-13 | 2-60 | 0-44 | 1-75 | 0-43 | 0-01 | | | | |
| Fruits | 0-40 | 0-15 | 0-60 | 0-22 | 0-18 | 0-14 | | | | |
| Green | 0-90 | 0-28 | 0-60 | 0-22 | 0-18 | 0-14 | | | | |
| Vegetable oils | 6-47 | 1-15 | 0-76 | 0-04 | 0-01 | 0-41 | | | | |
| Milk and milk products | 2-40 | 0-17 | 0-76 | 0-20 | 0-09 | 0-64 | | | | |
| Meat, fish, and eggs | 0-83 | 0-41 | 0-13 | 0-20 | 0-09 | 0-64 | | | | |
| Sugar & Jaggery | 0-26 | 0-03 | 0-13 | 0-20 | 0-09 | 0-64 | | | | |
| Other foods | | | | | | | | | | |
| Condiments | | | | | | | | | | |

Negligible

ORISSA

| Puri Sadar Sub-Division | | | | | | |
|-------------------------|--------------------------------------|--|--|---|-------------------------------------|---------|
| District | Puri Zilla School Hostel Hindoo Mess | Puri Zilla School Hostel Mohammedan Mess | Puri Sanskrit College Hostel | Puri Brahman Samiti Hostel | Debang Middle English School Hostel | |
| Locality | | | | | | |
| Survey No. | 46 | 47 | 48 | 49 | 50 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Rural | |
| No. of families | | | | | | 3 |
| No. of persons | | | | | | 40 |
| No. of days of survey | | | | | | |
| Season | | | 10 December 1940 | | | July 40 |
| Economic status etc. | Monthly Messing per man Rs. 7/- | Messing charges Rs. 5/- per man per man. | Monthly messing charges Rs. 3/12 to Rs. 4/- per man. | Monthly charges Rs. 4/8/- to Rs. 5/- per man. | Monthly charges Rs. 4/- per man. | |

FOODSTUFF Oza. per consumption unit per day

| | | | | | |
|------------------------|-------|-------|-------|-------|-------|
| Rice | 16.00 | 18.50 | 16.90 | 14.00 | 20.30 |
| Wheat | 2.60 | 2.60 | 0.90 | 3.50 | --- |
| Millers | --- | --- | --- | --- | --- |
| Other cereals | --- | --- | --- | --- | 6.30 |
| Pulses | 6.00 | 5.20 | 4.03 | 5.50 | --- |
| Leafy vegetables | 0.70 | 1.20 | 0.30 | --- | 7.40 |
| Other vegetables | 10.77 | 6.50 | 6.74 | 6.91 | 0.08 |
| Fruits | 0.52 | --- | 0.03 | --- | --- |
| Ghee | 0.40 | --- | 0.20 | 0.20 | 0.80 |
| Vegetable oils | 1.40 | 0.60 | 0.20 | 0.40 | 0.40 |
| Milk and milk products | --- | --- | 0.15 | --- | --- |
| Meat, fish and eggs | 1.20 | 2.50 | 0.39 | 1.10 | --- |
| Sugar & Jaggery | 1.40 | --- | 0.08 | 0.04 | --- |
| Condiments | --- | --- | --- | --- | --- |

*Negligible

Diet Survey

[illegible]

FOODSTUFF OZ. per consumption unit per day

| | 1955 | 1956 | 21-62 | 20-50 | 21-52 | 17-22 |
|------------------------|-------|-------|-------|-------|-------|-------|
| Rice | 15.55 | 19.30 | 21.62 | 20.30 | 21.92 | 17.22 |
| Wheat | 1.75 | 0.30 | | " | 0.03 | 0.76 |
| Millet | " | " | " | " | " | " |
| Other cereals | 4.58 | 5.09 | 6.30 | 6.05 | 3.51 | 0.04 |
| Pulses | " | 0.10 | 0.04 | " | 0.12 | 3.72 |
| Leafy vegetables | 9.45 | 10.90 | 8.80 | 10.91 | 11.47 | 0.16 |
| Other vegetables | 0.01 | 0.02 | 0.30 | " | 0.01 | 11.35 |
| Fruits | 0.11 | " | " | " | 0.02 | 0.05 |
| Ghee | 0.40 | 0.20 | 0.50 | 0.27 | 0.30 | 0.33 |
| Vegetable oils | 0.52 | " | 1.30 | 0.20 | " | 0.17 |
| Milk and milk products | 0.66 | 0.60 | 0.30 | " | 4.70 | 1.07 |
| Meat, fish, and eggs | 0.02 | 0.01 | 0.10 | 0.06 | 0.71 | 1.15 |
| Sugar, & jaggery | " | " | " | " | " | 0.20 |
| Condiments | " | " | " | " | " | " |

Diet Survey

ORISSA

| State | ORISSA | | | |
|-----------------------|--|--|--|--|
| District | Gop Middle English School Hostel | Gop Middle English School Hostel | | |
| Locality | | | | |
| Survey No. | 57 | 58 | | |
| Urban or Rural | Rural | Rural | | |
| No. of families | 8 | 10 | | |
| No. of persons | | | | |
| No. of days of survey | | | | |
| Season | May 1941 | November 1941 | | |
| Economic status etc. | Monthly Missing charges per head Rs. 4/- | Monthly Missing charges per head Rs. 4/- | | |

FOODSTUFF Oms per consumption unit per day

| Rice | 16.00 | 37.40 |
|------------------------|-------|-------|
| Wheat | 1.76 | 0.04 |
| Millers | | |
| Other cereals | 5.05 | 4.58 |
| Pulses | 0.05 | 0.34 |
| Leafy vegetables | 10.66 | 8.37 |
| Other vegetables | 0.05 | 0.06 |
| Fruits | 0.36 | |
| Ghee | 0.61 | 0.60 |
| Vegetable oils | 3.17 | 0.13 |
| Milk and milk products | 1.47 | 0.92 |
| Meat, fish, and eggs | 0.64 | 0.13 |
| Sugar and jaggery | | |
| Condiments | | |

* Negligible

WEST BENGAL

Hooghly

Singar Health Centre

Survey No.

2

3

4

5

6

Urban or Rural
No. of families
No. of persons
No. of days of survey

Urban

Rural

Rural

Rural

Rural

Season

June

-1946-47

1946-47

1946-47

Dec Feb,
1946-47

Economic status etc.

Middle class,
families earning
Rs. 200 to Rs. 500/

Mostly agricul-
turists, Yearly ex
penditure on food
above Rs. 300/

Mostly agricul
turists. Yearly ex
penditure on food
Rs. 200/ to 300/

Mostly agricul
turists, expenditure
on food below
Rs. 200/ per annum

Monthly agricul
tural

FOODSTUFF Oza, per consumption unit per day

Rice

102

30

2703

2627

2302

2476

Wheat

31

103

...

...

...

...

Milletts

...

...

...

...

...

...

Other cereals

13

24

194

171

144

171

Pulses

07

...

...

...

...

...

Leafy vegetables

116

62

1326

263

263

243

Other vegetables

33

31

...

...

...

...

Fruits

...

20

077

...

...

...

Ghee

22

117

337

067

067

071

Vegetable oils

...

...

...

...

...

...

Milk and milk products

56

...

...

...

...

...

Meat, fish, eggs

...

...

...

...

...

...

Super and Jaffery

...

...

...

...

...

...

Condiments

...

...

...

...

...

...

Diet Survey

WEST BENGAL

| State | Hoochly | | | | 24-Parganas | Dinajpur |
|-----------------------|----------------------|-----------------------|-----------------|--|--|----------------------|
| District | Singar Health Centre | | | | Barasat | |
| Locality | | | | | | |
| Survey No. | 7 | 8 | 9 | | 10 | 11 |
| Urban or Rural | Rural | Rural | Rural | | Rural | Rural |
| No. of families | 340 | 340 | 340 | | 10 | 40 |
| No. of persons | 11976 | 11976 | 11976 | | 70 | 21 |
| No. of days of survey | 7 | 7 | 7 | | 7 | 21 |
| Season | Mar. May 1947 | June Aug. 1947 | Sept. Nov. 1947 | | | Jan. Feb. |
| Economic status etc. | | Mostly Agriculturists | | | Agriculturists dependent on their own land | Small Agriculturists |

FOODSTUFF Osa. per consumption unit per day

| | 25-25 | 25-35 | 26-21 | 23-7 | 25-0 |
|--------------------------|-------|-------|-------|------|------|
| Rice | ... | ... | ... | ... | ... |
| Wheat | ... | ... | ... | ... | ... |
| Millers | ... | ... | ... | ... | ... |
| Other cereals | 1-64 | 1-88 | 1-55 | 1-4 | 0-4 |
| Pulses | 2-45 | 2-17 | 2-32 | 0-2 | 0-2 |
| Leafy vegetables | 10-50 | 12-10 | 10-28 | 9-2 | 7-0 |
| Other vegetables | ... | ... | ... | 0-6 | 0-3 |
| Fruits | 0-73 | 0-85 | 0-53 | 0-6 | 0-3 |
| Green and vegetable oils | 2-25 | 2-07 | 1-72 | 3-1 | 0-7 |
| Milk and milk products | 0-75 | 0-94 | 0-99 | 1-2 | ... |
| Meat, fish, eggs | 0-96 | 0-52 | 0-65 | ... | ... |
| Sugar & Jaggery | ... | ... | ... | ... | ... |
| Condiments | ... | ... | ... | ... | ... |

No. of families in Survey Nos. 3-9 is 340.

† No. of persons in Survey Nos. 3-9 is 1976.

| State | BARODA (BOMBAY) | BHOPAL | | |
|-----------------------|-------------------|---|--|--|
| District | Narsari | Bhopal | | |
| Locality | | Bhopal City | | |
| Survey No. | 1 | 2 | | |
| Urban or Rural | Rural | Urban | | |
| No. of families | 9 | 37 | | |
| No. of persons | 55 | 996 | | |
| No. of days of survey | 14 | 12 | | |
| Season | Feb. & March | March | August 1948 | |
| Economic status etc. | Small cultivators | Lower middle class Rs. 250/ to Rs. 500 per year | People consisted of classes poor as well as rich | |

| FOODSTUFF Oza. per consumption unit per day | | | |
|---|------|------|------|
| Rice | 8.1 | 0.8 | 1.48 |
| Wheat | 11.3 | 17.2 | 6.36 |
| Millet | 4.0 | 2.7 | 3.26 |
| Other cereals | 2.6 | 0.2 | 1.20 |
| Pulses | 0.7 | 2.0 | 0.56 |
| Leafy vegetables | 2.3 | 0.36 | 0.78 |
| Other vegetables | 2.3 | 0.60 | 0.14 |
| Fruits | 2.3 | 0.91 | 0.45 |
| Grains and vegetable oils | 2.3 | 0.45 | 1.25 |
| Milk and milk products | 2.3 | 0.91 | 0.97 |
| Meat, fish, eggs | 2.3 | 0.45 | 0.54 |
| Sugar and Jaggery | 2.3 | 0.45 | 0.78 |
| Condiments | 2.3 | 0.45 | 0.78 |

Diet Survey

HYDERABAD

| State | HYDERABAD | | | | |
|-----------------------|--|--|---|--|---|
| District | Aurangabad | Miramabad | Taluk Alampur | Taluk Alampur | |
| Survey No. | 1 | 2 | 3 | 4 | 5 |
| Urban or Rural | Rural | Rural | Rural | Rural | Rural |
| No. of families | 39 | 105 | 31 | 105 | 41 |
| No. of persons | 71 (0.1) | 7 | 198 | 316 | 212 |
| No. of days of survey | 7 | 7 | 7 | 7 | 7 |
| Season | June & July | June & July | Winter | Early summer | Early summer |
| Economic status etc. | Small cultivators income less than Rs. 3/ per man value 1 | Small cultivators income Rs. 3/ to Rs. 6/ per man value | Mostly small cultivators family income more than Rs. 20/ p.m. | Small cultivators monthly family income less than Rs. 10/ p.m. | Small cultivators monthly family income more than Rs. 10/ p.m. |

FOODSTUFF Oza. per consumption unit per day

| | | | | | |
|----------------------|---------------------|-----|------|---------------------|------|
| Rice | 23.5 (mostly Jowar) | 0.3 | 20.2 | 0.5 | 3.1 |
| Wheat | 0.6 | 0.1 | 1.4 | 0.5 | 0.4 |
| Millet | 0.6 | 0.1 | 4.8 | 25.8 (mostly Jowar) | 15.3 |
| Other cereals | 0.6 | 1.1 | 2.0 | 1.3 | 2.8 |
| Pulses | 0.2 | 0.1 | 0.1 | 0.1 | 0.4 |
| Leafy vegetables | 0.1 | 0.2 | 2.3 | 0.1 | 0.4 |
| Non-Leafy Vegetables | 0.1 | 0.2 | 0.2 | 0.1 | 0.4 |
| Fruits | 0.1 | 0.2 | 0.2 | 0.1 | 0.4 |
| Glues | 0.04 | 0.2 | 0.2 | 0.1 | 0.4 |
| Vegetable oils | 0.2 | 0.4 | 3.9 | 0.1 | 0.2 |
| Milk and butter-milk | 0.2 | 0.4 | 0.3 | 0.1 | 0.2 |
| Meat, fish, and eggs | 0.2 | 0.4 | 0.3 | 0.1 | 0.2 |
| Sugar & Jaggery | 0.2 | 0.4 | 0.3 | 0.1 | 0.2 |

Diet Survey

| HYDERABAD | | | | |
|--|---|---|---------------------------------------|---------------------------------------|
| State | District | | | |
| District | Aurangabad | | | |
| Survey No. | 6 | 7 | 8 | 9 |
| Urban or Rural No. of families No. of persons No. of days of survey | Rural 28 7 | Rural 7 7 | Rural 23 164 10 | Rural 50 330 10 |
| Season | June & July | June & July | February | February |
| Economic status etc. | Small cultivators, income Rs. 8/ to Rs. 10/ per man value | Small cultivators income over Rs. 10/ per man value | Mostly small cultivators Telugu | Mostly small cultivators |
| | | | | Mostly small cultivators Kannak |
| FOODSTUFF Oms. per consumption unit per day | | | | |
| Rice | 0.9 | 2.3 | 0.7 | 1.2 |
| Wheat | 2.0 | 8.0 | 0.3 | 0.8 |
| Millers | 22.1 | 4.2 | 26.7 | 25.7 |
| | (mostly Jowar) | | (Jowar) | (Jowar) |
| Other cereals | 1.7 | 2.4 | 2.2 | 2.7 |
| Pulses | 0.2 | 1.1 | - | 0.3 |
| Leafy vegetables | 0.3 | 2.2 | - | 0.3 |
| Non-leafy vegetables | 0.6 | 1.1 | - | 0.3 |
| Fruits | 0.6 | 1.1 | - | 0.3 |
| Green | 0.6 | 0.7 | 0.1 | 0.1 |
| Vegetable oils | 0.4 | 0.4 | 0.2 | 0.3 |
| Milk and butter-milk | 2.1 | 7.9 | 0.8 | 4.2 |
| Meat, fish and eggs | 0.1 | 0.1 | 0.4 | 0.1 |
| Sugar and Jaggery | 0.6 | 1.1 | - | 0.2 |

HYDERABAD

| State | District | | | | Village | | Notes |
|---|---------------------------|--|---|-------------------|-------------------|-------|-------|
| | Hydrabad City (Deccan) | Mabubnagar | | | Amasagar | Muluk | |
| Survey No. | 11 | 12 | 13 | 14 | 15 | | |
| Urban or Rural | Urban | Rural | Rural | Rural | Rural | | |
| No. of families | 22 | 101 | 38 | 11 | 12 | | |
| No. of persons | - | 561 | 331 | 57 | 73 | | |
| No. of days of survey | 10 | 7 | 7 | 10 | 9 | | |
| Season | - February | Winter | Winter | September | September | | |
| Economic status etc. | Low Caste Hindus | Small cultivators family income less than Rs. 20/ p.m. | Mostly small culti- vators, family income more than Rs. 20/ p.m. | Small cultivators | Small cultivators | | |
| FOODSTUFF Oza. per consumption unit per day | | | | | | | |
| Rice | 14.6 | 6.0 | 12.0 | 2.7 | 2.1 | | |
| Wheat | 9.5 | 17.6 | 13.0 | 15.8 | 13.1 | | |
| Millet | | (mixed) | | (mostly Millet) | (mostly rag) | | |
| Other cereals | | 0.6 | 1.5 | 0.1 | 0.3 | | |
| Pulses | 1.1 | 0.2 | 0.6 | 0.4 | 0.3 | | |
| Leafy vegetables | 0.7 | 0.2 | 0.6 | 0.9 | 1.0 | | |
| Non-leafy vegetables | | | | | | | |
| Fruit | | 0.1 | 0.3 | | | | |
| Green | 0.03 | 0.1 | 0.2 | 0.1 | 0.1 | | |
| Vegetable oils | 0.22 | 1.1 | 5.3 | 3.9 | 1.0 | | |
| Milk and butter milk | | | | | | | |
| Meat, fish, and eggs | 0.13 | 0.4 | 0.3 | | 0.0 | | |
| Sugar and jaggery | | | | | | | |

| HYDERABAD | | | | | |
|-----------------------|----------|------------------------------|---|---|-----------------|
| State | District | Medak Village Palwalis | Nalgonda | | Nizamabad |
| Survey No. | | 16 | 17 | 18 | 19 |
| Urban or Rural | | Rural | Rura | Rural | Rural |
| No. of families | | 9 | 118 | 16 | 25 |
| No. of persons | | 46 | 551 | 103 | 91 |
| No. of days of survey | | 10 | 7 | 7 | 212 |
| Season | | September | Rains | Rains | Nov & Dec. 41 |
| Economic status etc. | | Small cultivators | Small culti- vators, family income less than Rs. 14/ p.m. | Mostly small cultivators, family income Rs. 14/ to Rs. 30/ p.m. | Daily labourers |

FOODSTUFF Oza. per consumption unit per day

| | | | | | |
|----------------------|----------------|------|------|------|------|
| Rice | " | 8.3 | 9.4 | 20.8 | 20.2 |
| Wheat | 17.1 | 12.9 | 12.0 | 2.31 | 0.01 |
| Millet | (Mostly Jowar) | | | | 4.36 |
| Other cereals | | | | | |
| Pulses | 1.8 | 0.3 | 0.7 | 0.6 | 0.6 |
| Leafy vegetables | 0.2 | 0.4 | 0.6 | 0.17 | 0.06 |
| Non-leafy vegetables | 0.6 | 0.1 | 0.1 | 0.6 | 0.7 |
| Fruits | 1.1 | | | | |
| Grass | | | | | |
| Vegetable oils | 0.1 | 0.15 | 0.3 | 0.1 | 0.1 |
| Milk and butter milk | 0.1 | 0.50 | 2.6 | 0.14 | 2.4 |
| Meat, fish and eggs | | 0.25 | 0.3 | 0.3 | 0.5 |
| Sugar and jaffery | | | 0.1 | | |

HYDERABAD

| State | Nizamabad | | | | |
|-----------------------|----------------------|----------------------|-----------------|-----------------|---|
| District | | | | | |
| Survey No. | 21 | 22 | 23 | 24 | 25 |
| Urban or Rural | Rural | Rural | Rural | Rural | Rural |
| No. of families | 50 | 15 | 9 | 7 | 113 |
| No. of persons | 283 | 87 | 61 | 50 | 586 |
| No. of days of survey | ... | ... | ... | ... | ... |
| Season | Nov & Dec. 1941 | Nov & Dec. 1941 | Nov & Dec. 1941 | Nov & Dec. 1941 | Winter |
| Economic status etc. | Small agriculturists | Small agriculturists | Agriculturists | Agriculturists | Mostly small agri- culturists families income less than Rs. 25/ p.m. |

FOODSTUFF Osm. per consumption unit per day

| | | | | | |
|----------------------|-----|-----|------|-----|-----|
| Rice | 162 | 185 | 2250 | 197 | 198 |
| Wheat | | 08 | 015 | 22 | 22 |
| Millet | 80 | 58 | 390 | 28 | 49 |
| Other cereals | | | | | |
| Pulses | 103 | 210 | 200 | 200 | 07 |
| Leafy vegetables | 009 | 006 | 011 | 003 | 01 |
| Non-leafy vegetables | 138 | 130 | 190 | 270 | 09 |
| Fruits | | | | | |
| Greens | 008 | 016 | 020 | 040 | ... |
| Vegetable oils | 027 | 040 | 040 | 060 | 015 |
| Milk and butter-milk | 190 | 280 | 390 | 410 | 190 |
| Meat, fish and eggs | 020 | 020 | 010 | 060 | 050 |
| Sugar & Jaggery | 017 | 020 | 025 | 060 | ... |

Diet Survey

| | HYDERABAD | | | | | | |
|-----------------------|------------------------------------|--------------------------|--------------------------|----------------------|---|-------------------------|-------------------------|
| District | Hyderabad | | | | | | Total |
| Locality | Hyderabad City | | | | | | |
| Survey No. | 26 | 27 | 28 | 29 | 30 | 31 | - - 32 |
| Urban or Rural | | | | | | | |
| No. of families | 66 | 3 | 8 | 4 | 4 | 4 | 1 |
| No. of persons | 238 | 18 | 11 | 26 | 19 | 16 | 4 |
| No. of days of survey | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| Season | August to July 1940 | | | | | | |
| Economic status etc. | Municipal Sweepers Rs. 17/ p.m. | Chaprais Rs. 18/ p.m. | Wardboys Rs. 22/ p.m. | Data Rs. 26/ p.m. | Osmania Hospital Sweepers Rs. 29/ p.m. | Dhobies Rs. 32/ p.m. | Tailors Rs. 40/ p.m. |

FOODSTUFF Oza, per consumption unit per day

| | 190 | 150 | 190 | 225 | 23-1 | 2678 |
|-------------------------|-----|-----|-----|-----|------|------|
| Rice | | | | | | |
| Wheat | | | | | | |
| Milleta | 48 | 40 | 50 | 53 | 51 | 345 |
| Other cereals | | | | | | |
| Pulses | 09 | 11 | 11 | 13 | 50 | 21 |
| Lentil vegetables | 02 | 03 | 03 | 01 | | 05 |
| Other vegetables | 12 | 11 | 13 | 17 | 20 | 30 |
| Fruits | | | | | | |
| Ghee and vegetable oils | 05 | 05 | 06 | 09 | 15 | 05 |
| Milk and milk products | | 11 | | | | 23 |
| Meat, fish and eggs | 17 | 10 | 11 | 40 | 03 | 36 |
| Sugar and Jaggery | | | | | 33 | 41 |
| Condiments | | | | | | |

Diet Survey

HYDERABAD

Hyderabad

Hyderabad City

33

34

35

Urban or Rural
No. of families
No. of persons
No. of days of survey

Urban
1
50
7

February 1946

Orphanas

May 1945

May 1945
Wesley Bath Daily
Labourers
Rs. 38/ p.m.

Municipal sweepers
Rs. 38/ p.m.

Season

Economic status etc.

FOODSTUFF Ora. per consumption unit per day

Rice
Wheat
Millet
Other cereals
Pulses
Leafy vegetables
Other vegetables
Fruits
Ghee and vegetable oils
Milk and milk products
Meat, fish and eggs
Sugar and Jaggery
Condiments

5.6
0.2
1.96

7.9
0.4
10.0

23.5
0.5

0.9
0.1
1.1

1.5
0.1
1.5

3.0
1.7
2.8

0.2
0.1
0.8

0.3
0.3
0.1

0.9
0.7
1.1

1.3

2.2

4.3

HYDERABAD

Medak

| Locality | Medak | | | | | | | Rameswarpet | Siddipet |
|-----------------------|--------------------------------|--------|------------------|-----------------|--------|----------------|-------|-------------|----------|
| Survey No. | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| No. of persons | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| No. of days of survey | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| Season | Seven Days | | | | | | | | |
| Economic status etc | September 1940 to October 1940 | | | | | | | | |
| | G B.S. | G T.S. | B. Grade Hostral | A Grade Hostral | B.S.S. | Nurses Hostral | B.H | B.H | |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | | |
|-------------------------|-----|-----|-----|------|-----|-----|-----|------|
| Rice | 7.8 | 9.9 | 7.9 | 16.4 | 7.0 | 8.0 | 8.0 | 6.1 |
| Wheat | 1.7 | 1.6 | 3.1 | 3.0 | 1.8 | 4.0 | 1.7 | 2.5 |
| Millers | 6.5 | 4.0 | 7.9 | | 7.5 | 4.0 | 2.6 | 14.5 |
| Other cereals | | | | | | | | |
| Pulses | 1.6 | 1.8 | 2.5 | 1.6 | 1.0 | 1.5 | 2.4 | 1.1 |
| Leafy vegetables | 2.3 | 2.4 | 0.7 | 0.3 | 1.3 | 2.2 | 0.1 | 0.1 |
| Other vegetables | 1.7 | 5.1 | 1.6 | 1.6 | 2.4 | 8.2 | 0.2 | 2.6 |
| Fruits | | | | | | | | |
| Ghee and vegetable oils | 0.4 | 0.5 | 0.3 | 0.3 | 0.4 | 0.6 | 0.4 | 0.5 |
| Milk and milk products | 2.3 | 1.5 | 0.1 | 0.1 | | 4.2 | 1.1 | 0.4 |
| Meat, fish and eggs | 1.5 | 1.0 | 0.4 | 0.7 | 2.4 | 1.7 | 0.5 | |
| Sugar and Jaggery | 0.4 | 0.4 | 0.8 | 0.6 | 0.5 | 3.0 | | |
| Condiments | | | | | | | | |

Diet Survey

HYDERABAD

Mahabubnagar

| District | Mahabubnagar fall | | | | | |
|-----------------------|-------------------------------|--------------|---|-------------------|-------------------------------|-------|
| Locality | Lingal settlement | | | | | |
| Survey No. | 44 | 45 | 46 | 47 | 48 | 49 |
| Urban or Rural | Urban | Urban | Urban | Rural | Rural | Rural |
| No. of families | 40 | 7 | 11 | 12 | 24 | 25 |
| No. of persons | 7 | 7 | 234 | 65 | 130 | 170 |
| No. of days of survey | 7 | 7 | 7 | " | 3 | 3 |
| Season | December 1940 to January 1941 | | | Feb. & March 1941 | | |
| Economic status etc. | Convicts | Under trials | Chenchas (a small forest tribe) | | Agricultural daily labourers | |
| | | | Rt. 21/ p.m. | | Rt. 45/ p.m. | |
| | | | mill Agri- culturist and Tr. Airmen | | Agriculturist Tr. Airmen | |
| | | | Rt. 87/ p.m. | | Agriculturist & Tr. Airmen | |
| | | | Rt. 100/ p.m. | | Rt. 100/ p.m. | |

FOODSTUFF Oza. per consumption unit per day

| | 100 | 78 | 154 | 01 | 12 | 45 | 97 | 183 |
|--------------------------|-----|-----|-----|------------|-----|------------|-----|-----|
| Wheat | 141 | 121 | 54 | 43 | 223 | 226 | 178 | 120 |
| Millet | 39 | 37 | 14 | " | 10 | 30 | 18 | 05 |
| Other cereals | 12 | 10 | 02 | " | 01 | 03 | 01 | 05 |
| Pulses | 46 | 49 | 01 | " | 02 | 07 | 18 | 20 |
| Leafy vegetables | 04 | 05 | 03 | Negligible | 01 | 10 | 24 | 14 |
| Fruits | " | " | 03 | " | 22 | 06 | 06 | 157 |
| Green and vegetable oils | " | " | 03 | " | " | 103 | 47 | 09 |
| Milk and milk products | " | " | 27 | " | " | Negligible | 02 | " |
| Meat, fish and eggs | " | " | 03 | " | " | 37 | 47 | " |
| Sugar and jaggery | 13 | 13 | 15 | 05 | 27 | " | " | " |
| Condiments | " | " | " | " | " | " | " | " |

HYDERABAD

Nizamabad

| Locality | Dichpalli Lepers Home | Nizamabad Sub-Jail | Baitul Maazeen | | | | |
|-----------------------|-----------------------|--------------------|--|---|--|--|--------------------------------|
| Survey No. | 52 | 53 | 54 | 55 | 56 | 57 | 58 |
| Urban or Rural | Rural | -- | Rural | Rural | Rural | Rural | Urban |
| No. of families | 7 | -- | 33 | 23 | 3 | 1 | 1 |
| No. of persons | 35 | 28 | 198 | 106 | --22 | 2 | 91 |
| No. of days of survey | 7 | 7 | 3 | 3 | 3 | -- | 7 |
| Season | November 1941 | | | November 1942 | | | October 1941 |
| Economic status etc. | Lepers | Prisoners | Agriculturist and Daily Labourers Ra. 20/ p.m. | Small Agricultural and Tradesmen Ra. 31/ p.m. | Agriculturist & Tradesmen Ra. 51/ p.m. | Agriculturist & Tradesmen Ra. 60/ p.m. | Institution (Disabled persons) |

FOODSTUFF Oza. per consumption unit per day

| | | | | | | | |
|--------------------------|-----|------|------------|------|------|------|------|
| Rice | 8.8 | 1.4 | 20.4 | 26.4 | 29.7 | 24.8 | 11.6 |
| Wheat | 8.8 | 3.0 | -- | 4.7 | -- | 2.0 | 1.9 |
| Millet | 0.5 | 19.7 | 7.6 | -- | -- | -- | 0.7 |
| Other cereals | 4.4 | 3.0 | 0.8 | 1.3 | 1.2 | 2.3 | 1.1 |
| Pulses | 1.1 | 0.8 | 0.1 | 0.2 | 0.4 | -- | 0.2 |
| Leafy vegetables | 3.5 | 6.5 | 0.2 | 1.1 | 1.4 | 2.5 | 0.8 |
| Other vegetables | 1.0 | -- | -- | -- | -- | -- | -- |
| Fruits | 0.5 | 0.5 | 0.2 | 0.2 | 0.5 | 2.2 | 0.2 |
| Grass and vegetable oils | -- | -- | 0.1 | -- | 1.8 | 2.2 | 1.3 |
| Milk and milk products | -- | -- | 0.5 | -- | 0.5 | -- | 1.2 |
| Meat, fish and eggs | 0.1 | -- | -- | -- | 0.8 | 2.0 | 3.0 |
| Sugar and Jaggery | 1.6 | 0.9 | Negligible | -- | 3.8 | 6.7 | 1.1 |
| Condiments | -- | -- | 1.2 | -- | -- | -- | -- |

Diet Survey

HYDERABAD

| State | HYDERABAD | | | |
|-----------------------|---------------|--------|--|--|
| District | Vizianbad | | Adilabad | |
| Locality | Vizianbad | | Adilabad | |
| Survey No. | 59 | 60 | 61 | 62 |
| Urban or Rural | Rural | Rural | Rural | Rural |
| No. of families | 39 | 46 | 50 | 84 |
| No. of persons | 7 | 7 | 7 | 422 |
| No. of days of survey | 7 | 7 | 7 | 7 |
| Season | February 1942 | | November 1942 and January 1943 | |
| Economic status etc. | P.B.H. | G.B.H. | Agriculturist and other labourers Rs. 12/ | Small farmers Rs. 15/ |
| | | | Farmers and tradesmen Rs. 30/ | Farmers, tradesmen & Govt. servants Rs. 45/ |

FOODSTUFF Oza. per consumption unit per day

| | 73 | 104 | 23 | 44 | 70 | 114 |
|-------------------------|-----|-----|-----|-----|-----|-----|
| Rice | 100 | 12 | 178 | 208 | 203 | 13 |
| Wheat | 25 | 29 | 18 | 23 | 33 | 21 |
| Millers | 17 | 10 | 01 | 03 | 03 | 03 |
| Other cereals | 24 | 40 | 07 | 07 | 10 | 14 |
| Pulses | 30 | 24 | 07 | 07 | 10 | 14 |
| Leafy vegetables | 05 | 10 | 01 | 02 | 03 | 06 |
| Other vegetables | 53 | 21 | 09 | 09 | 83 | 81 |
| Fruits | 20 | 24 | 02 | 01 | 02 | 11 |
| Ghee and vegetable oils | 15 | 24 | 06 | 08 | 12 | 03 |
| Milk and milk products | 33 | 22 | 06 | 08 | 12 | 12 |
| Meat, fish and eggs | | | | | | |
| Sugar and jaggery | | | | | | |
| Condiments | | | | | | |

HYDERABAD

| District | Karimnagar | | | | | | | | | | Aurangabad | | | | | | | | | |
|--|--|----------------------------|----------------------------------|---|---|---|---|--|--|--|---------------|--|--|--|--|--|--|--|--|--|
| Locality | Karimnagar | | | | | | | | | | Aurangabad | | | | | | | | | |
| Survey No. | 65 | 66 | 67 | 68 | 69 | 70 | 71 | 72 | | | | | | | | | | | | |
| Urban or Rural No. of families No. of persons No. of days of survey | Rural | | | | | | | | | | | | | | | | | | | |
| | 22 | 36 | 16 | 10 | 22 | 21 | 3 | 2 | | | | | | | | | | | | |
| | 124 | 150 | 85 | 54 | 146 | 112 | 32 | 31 | | | | | | | | | | | | |
| Season | 7 | 7 | 7 | 7 | 3 | 3 | 3 | 3 | | | | | | | | | | | | |
| | July and August 1943 | | | | | | | | | | November 1943 | | | | | | | | | |
| Economic status etc. | Agriculturists and other Labourers Rs. 8/8/ | Small farmers Rs. 16/8/ | Farmers and Tradesmen Rs. 27/ | Farmers, Tradesmen and Lawyers Rs. 53/ | Small Agriculturists & Tradesmen Rs. 20/ | Small agriculturists & Tradesmen Rs. 32/ | Agriculturists and Tradesmen Rs. 68/ | Agriculturists & Tradesmen Rs. 325/ | | | | | | | | | | | | |

FOODSTUFF Oms. per consumption unit per day

| | 3-4 | 19-2 | 19-6 | 20-5 | 27-5 | 27-7 | 0-1 | 2-1 |
|-------------------------|------|------|------|------|------|------|-----|-----|
| Rice | 21-1 | 6-4 | 7-1 | 2-1 | 27-5 | 27-7 | 0-1 | 2-1 |
| Wheat | 0-3 | 2-0 | 1-7 | 2-6 | 0-4 | 0-7 | 0-7 | 7-0 |
| Millet | 0-3 | 0-1 | 0-5 | 0-4 | 0-9 | 1-0 | 0-2 | 8-6 |
| Other cereals | 0-3 | 0-8 | 0-5 | 5-1 | 1-1 | 0-8 | 1-1 | 1-9 |
| Pulses | 0-1 | 0-4 | 0-3 | 1-7 | 0-1 | 0-5 | 0-6 | 0-3 |
| Leafy vegetables | 0-2 | 1-4 | 0-5 | 11-4 | 0-4 | 0-9 | 2-0 | 2-6 |
| Other vegetables | 0-3 | 0-1 | 0-1 | 0-2 | 0-7 | 0-3 | 0-2 | 1-4 |
| Fruits | 0-6 | 1-5 | 1-6 | 1-7 | 1-8 | 1-2 | 1-4 | 6-0 |
| Ghee and vegetable oils | | | | | | | | 0-3 |
| Milk and milk products | | | | | | | | 0-5 |
| Meat, fish and eggs | | | | | | | | |
| Sugar and Jaggery | | | | | | | | |
| Condiments | | | | | | | | |

Diet Survey

HYDERABAD

| District | Aurangabad | | Nalgonda | |
|-----------------------|----------------|--------------|----------------------|---|
| Locality | Aurangabad | | Narkaspalli | Yellareddiguda |
| Survey No. | 73 | 74 | 75 | 76 |
| Urban | Urban | | Rural | |
| No. of families | 1 | 1 | 13 | 12 |
| No. of persons | 242 | 68 | 73 | 69 |
| No. of days of survey | 7 | 7 | 7 | 7 |
| Season | September 1945 | | May 1944 | |
| Economic status etc. | Convicts | Under Trials | Children Reformatory | Agricultural labourers R. 9/ |
| | | | | Small agricultural labourers R. 14/ |
| | | | | Agriculturist, Agricultural labourers & Carpenters R. 15/ |

FOODSTUFF OZs per consumption unit per day

| Rice | 240 | 160 | 180 | 20 | 24 | 68 |
|-------------------------|------|------|------|-----|-----|-----|
| Wheat | 240 | 160 | 180 | 109 | 192 | 169 |
| Millers | | | | | | |
| Other cereals | 30 | 30 | 20 | | | 03 |
| Pulses | 20 | 20 | 20 | | 02 | 02 |
| Leafy vegetables | 40 | 40 | 40 | | 01 | 06 |
| Other vegetables | | | | | | |
| Fruits | | | | | | |
| Ghee and vegetable oils | 0.25 | 0.25 | 0.25 | | | 02 |
| Milk and milk products | | | | | | 07 |
| Meat, fish, eggs | | | 20 | | 02 | |
| Sugar and Jaffery | | | 0.50 | | 0.5 | |
| Condiments | 0.75 | 0.50 | 0.50 | | 0.9 | 0.9 |

| Diet Survey | | | | |
|-----------------------------------|-----------------|---|--|--|
| State | | KASHMIR | | |
| District | Srinagar | | | |
| Locality | 10 | | | |
| Survey No. | 1 | 2 | | |
| Urban or Rural | Rural and Urban | Monthly Urban | | |
| No. of families | 23 | 23 | | |
| No. of persons | ... | 10 | | |
| No. of days of survey | October | October | | |
| Season | ... | Poor middle class Hindus and Muslims | | |
| Economic status etc. | | | | |
| FOODSTUFF | | | | |
| Oza. per consumption unit per day | | | | |
| Rice | 25.6 | 25.6 | | |
| Wheat | 1.3 | 1.3 | | |
| Millets | ... | ... | | |
| Other cereals | ... | ... | | |
| Pulses | 0.6 | 0.6 | | |
| Leafy vegetables | 5.2 | 5.2 | | |
| Other vegetables | 1.5 | 1.5 | | |
| Fruits | ... | ... | | |
| Grass | ... | ... | | |
| Vegetable oils | 0.9 | 0.9 | | |
| Milk and milk products | 2.2 | 2.2 | | |
| Meat, fish, eggs | 0.2 | 0.2 | | |
| Sugar and honey | 0.5 | 0.5 | | |

Diet Survey

| MYSORE | | TEHRIGARHWAL (Uttar Pradesh) | |
|---|-------------------|------------------------------|---|
| State | | | |
| District | | | |
| Survey No. | 1 | 2 | 1 |
| Urban or Rural | Rural | Rural | Rural |
| No. of families | 27 | 32 | 20 |
| No. of persons | 203 | 232 | 10 |
| No. of days of survey | | 20 days in each group | |
| Season | July Aug. 1937 | June July 1938 | July and August |
| Economic status etc. | Small cultivators | Small cultivators | Cultivators Area in which leprosy is rare |
| FOODSTUFF Oza. per consumption unit per day | | | |
| Rice | 2.4 | 1.7 | 15.6 |
| Wheat | | | 0.7 |
| Millet | 24.9 | 24.2 | 3.9 |
| Other cereals | | | 1.8 |
| Pulses | 2.1 | 1.5 | 2.4 |
| Leafy vegetables | 1.3 | 0.5 | 1.6 |
| Other vegetables | 0.9 | 0.8 | 2.3 |
| Fruits | | | |
| Ghee & vegetable oils | 0.1 | 0.2 | 0.5 |
| Milk and milk products | 1.9 | 1.0 | 6.3 |
| Meat, fish and eggs | | | |
| Sugar and Jaggery | | | 0.2 |
| Condiments | | | |

Diet Survey

TRAVANCORE

| State | TRAVANCORE | | | | | |
|-----------------------|--|-------------------------------------|-------------------------------------|---|--|-------|
| District | Trivandrum | | | | | |
| Locality | Trivandrum | | | | | |
| Survey No. | 1 | 2 | 3 | 4 | 5 | |
| Urban or Rural | Urban | Urban | Urban | Urban | Urban | Urban |
| No. of families | 4 | 8 | 10 | 7 | 6 | 6 |
| No. of persons | 23 | 36 | 64 | 62 | 52 | 52 |
| No. of days of survey | 10 | 10 | 10 | 10 | 10 | 10 |
| Season | April to June 1942 | | | | | |
| Economic status etc | Mostly Govt. servants. A few of them merchants and labourers | | | | | |
| | Income up to Rs. 10/ p.m. | Income from Rs. 11/ to Rs. 20/ p.m. | Income from Rs. 21/ to Rs. 50/ p.m. | Monthly income from Rs. 50/ to Rs. 100/ | Monthly income from Rs. 100/ and above | |

FOODSTUFF OZs. per consumption unit per day

| | 72 | 141 | 164 | 156 | 165 | |
|------------------------|------|------|------|------|-------|--|
| Rice | 72 | 141 | 164 | 156 | 165 | |
| Wheat | | | | | | |
| Millet | | | | | | |
| Other cereals | | | 0.4 | 0.13 | 0.7 | |
| Pulses | 0.2 | 0.3 | 1.2 | 1.1 | 2.0 | |
| Leafy vegetables | 0.17 | 0.24 | 0.18 | 0.19 | 1.17 | |
| Other vegetables | 7.9 | 12.7 | 9.4 | 5.2 | 5.7 | |
| Fruits | 1.20 | 1.90 | 1.4 | 2.8 | 4.00 | |
| Ghee | | | | | | |
| Vegetable oils | 1.40 | 1.30 | 2.20 | 2.1 | 3.20 | |
| Milk and milk products | 0.45 | 0.70 | 7.14 | 7.1 | 14.80 | |
| Meat, fish and eggs | 0.53 | 1.36 | 0.84 | 1.09 | 0.99 | |
| Sugar & Jaggery | 0.40 | 0.40 | 1.20 | 1.1 | 1.80 | |
| Condiments | 0.20 | 0.25 | 0.30 | 0.5 | 0.40 | |

Diet Survey

TRAVANCORE

| | | | | | | | | | | |
|-----------------------|---|-------------------------------------|-------------------------------------|---------------------------------------|-----------------------------|--|--|--|--|--|
| District | Trivandrum | | | | | | | | | |
| Locality | Trivandrum | | | | | | | | | |
| Survey No. | 6 | 7 | 8 | 9 | 10 | | | | | |
| Urban or Rural | Urban | | | | | | | | | |
| No. of families | 114 | | | | | | | | | |
| No. of persons | 773 | | | | | | | | | |
| No. of days of survey | 10 | | | | | | | | | |
| Season | November 1941 to March 1942 | | | | | | | | | |
| Economic status etc. | Mostly labourers and Government servants. A few of them merchants and labourers | | | | | | | | | |
| | Monthly income up to Rs. 10/ | Income from Rs. 11/ to Rs. 20/ p.m. | Income from Rs. 21/ to Rs. 50/ p.m. | Income from Rs. 51/- to Rs. 100/ p.m. | Income above Rs. 100/- p.m. | | | | | |

FOODSTUFF OZs. per consumption unit per day

| | | | | | |
|----------------------|------|------|------|------|------|
| Rice | 76 | 141 | 176 | 161 | 172 |
| Wheat | ... | ... | ... | ... | ... |
| Millet | 0.1 | ... | 0.6 | 0.03 | 0.4 |
| Other cereals | 0.3 | 0.4 | 1.7 | 1.3 | 2.1 |
| Pulses | ... | 0.08 | 0.05 | 0.27 | 0.12 |
| Leafy vegetables | 5.3 | 5.90 | 6.3 | 7.1 | 8.2 |
| Other vegetables | 0.4 | 0.70 | 1.5 | 2.9 | 2.0 |
| Fruits | ... | ... | ... | ... | ... |
| Ghee | 1.7 | 1.90 | 2.30 | 3.0 | 3.7 |
| Vegetable oils | ... | ... | ... | ... | ... |
| Milk and milk butter | 0.57 | 3.02 | 6.66 | 8.7 | 15.9 |
| Meat, fish, eggs | 0.44 | 0.33 | 1.05 | 1.82 | 0.4 |
| Sugar & Jaggery | 0.5 | 0.20 | 1.10 | 1.60 | 1.9 |
| Condiments | 0.4 | 0.30 | 0.40 | 0.40 | 0.4 |

| TRAVANCORE | | | | | | |
|-----------------------|---|--|--|---|-------------------------------|--|
| State | | | | | | |
| District | Trivandrum | | | | | |
| Locality | Attungal | | | | | |
| Survey No. | 11 | 12 | 13 | 14 | 15 | |
| Urban or Rural | Semi-Urban | Semi-Urban | Semi Urban | Semi Urban | Semi Urban | |
| No. of families | 10 | 9 | 16 | 8 | 2 | |
| No. of persons | 46 | 57 | 121 | 94 | 8 | |
| No. of days of survey | 10 | 10 | 10 | 10 | 10 | |
| Season | April & May 1942 | | | | | |
| Economic status etc. | Labourers, Merchants, Agriculturists and Government Servants. | | | | | |
| | Monthly income above Rs. 10/ | Monthly income from Rs. 11/ to Rs. 20/ | Monthly income from Rs. 21/ to Rs. 50/ | Monthly income from Rs. 51/ to Rs. 100/ | Monthly income above Rs. 100/ | |

FOODSTUFF Oza. per consumption unit per day

| | 11-5 | 13-4 | 17-5 | 17-9 | 16-3 | |
|----------------------|------|------|------|------|------|--|
| Rice | ... | ... | ... | ... | ... | |
| Wheat | ... | ... | ... | ... | ... | |
| Millet | ... | ... | ... | ... | ... | |
| Other cereals | ... | ... | ... | ... | ... | |
| Pulses | 0-1 | 0-2 | 0-2 | 0-3 | 1-9 | |
| Leafy vegetables | 0-11 | 0-14 | 0-16 | 0-2 | 0-8 | |
| Other vegetables | 12-7 | 12-7 | 11-0 | 8-3 | 9-6 | |
| Fruits | 1-9 | 1-7 | 2-9 | 3-1 | 5-2 | |
| Ghee | 1-3 | 1-5 | 2-3 | 2-1 | 3-5 | |
| Vegetable oils | 0-7 | 1-2 | 1-8 | 5-7 | 14-2 | |
| Milk and milk butter | 1-36 | 1-14 | 2-34 | 1-97 | 1-7 | |
| Meat, fish, eggs | 0-4 | 0-8 | 0-8 | 1-1 | 1-8 | |
| Sugar and Jaggery | 0-25 | 0-3 | 0-4 | 0-4 | 0-6 | |
| Condiments | | | | | | |

TRAVANCORE

| State | Trivandrum | | | |
|-----------------------|------------|----|----|----|
| District | Atrimal | | | |
| Locality | 16 | 17 | 18 | 19 |
| Survey No. | 20 | | | |
| Urban or Rural | Semi Urban | | | |
| No. of families | 125 | | | |
| No. of persons | 843 | | | |
| No. of days of survey | 10 | | | |

November 1941 to February 1942

| Season | November 1941 to February 1942 | | | |
|----------------------|--------------------------------|-------------------------------------|-------------------------------------|----------------------------|
| Economic status etc. | Income up to Rs. 10/ p.m. | Income from Rs. 11/ to Rs. 20/ p.m. | Income from Rs. 21/ to Rs. 50/ p.m. | Income above Rs. 100/ p.m. |

FOODSTUFF Oza. per consumption unit per day

| | 10-5 | 15-6 | 18-1 | 17-9 | 18-2 |
|----------------------|-------|------|------|------|------|
| Rice | 10-5 | 15-6 | 18-1 | 17-9 | 18-2 |
| Wheat | - | - | - | - | - |
| Millet | - | - | 0-3 | 0-6 | 2-4 |
| Other cereals | 0-17 | 0-5 | 0-9 | 0-6 | 2-0 |
| Pulses | 0-12 | 0-08 | 0-11 | 0-13 | 0-4 |
| Leafy vegetables | 12-60 | 12-2 | 10-0 | 6-33 | 8-5 |
| Other vegetables | 0-20 | 1-1 | 1-9 | 2-4 | 4-0 |
| Fruits | - | - | - | - | - |
| Ghee | 0-11 | 1-5 | 2-2 | 2-6 | 4-2 |
| Vegetable oils | 1-10 | 1-7 | 2-6 | 6-0 | 15-8 |
| Milk and milk butter | 1-82 | 1-62 | 2-7 | 2-0 | 3-3 |
| Meat, fish, eggs | 0-50 | 0-4 | 0-6 | 1-1 | 1-8 |
| Sugar and Jaggery | - | - | - | - | - |
| Constituents | 0-23 | 0-4 | 0-5 | 0-4 | 0-7 |

